



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
ANNA NAGAR, CHENNAI 600040

CRITERION 1

***1.1.1 Curriculum Planning
and Implementation***

TIME TABLE

**HOME SCIENCE - NUTRITION, FOOD
SERVICE MANAGEMENT AND DIETETICS**

DEPARTMENT OF HOME SCIENCE

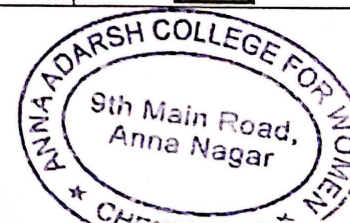
2021-2022 – ODD SEMESTER

I YEAR TIMETABLE

| DAY | | PERIODS | | | | |
|-------|---|-------------------------------------|-------------------------------------|--------------|--------------------------------|--------------------------------|
| | | I | II | III | IV | V |
| DAY 1 | A | Chemistry Practical's | Chemistry Practical's | Chemistry | Language | Human Physiology |
| | B | Human Physiology Practical's (Sang) | Human Physiology Practical's (Sang) | Microbiology | Language | Microbiology |
| DAY 2 | A | Human Physiology Practical's (Sang) | Human Physiology Practical's (K) | Microbiology | Language | English |
| | B | Chemistry Practical's | Chemistry Practical's | Chemistry | Language | English |
| DAY 3 | A | Chemistry | English | Language | Human Physiology | Chemistry |
| | B | Chemistry | Professional English | Language | English | Microbiology |
| DAY 4 | A | Language | Chemistry | English | Human Physiology | English |
| | B | Language | Chemistry | English | Microbiology Practical's (Mub) | Microbiology Practical's (Pre) |

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|-------|---|------------------|--------------------------------|--------------------------------|--|--|
| DAY 5 | A | Human Physiology | Microbiology Practical's (Anu) | Microbiology Practical's (Anu) | NME (Non-Major Elective) | English |
| | B | Microbiology | English | Human Physiology | Basic Tamil (BT) & Advanced Tamil (AT) | English |
| DAY 6 | A | Microbiology | Microbiology | English | Professional English | NME (Non-Major Elective) |
| | B | Chemistry | Human Physiology | English | Human Physiology | Basic Tamil (BT) & Advanced Tamil (AT) |

II – YEAR TIMETABLE

| DAY | | PERIODS | | | | |
|-------|---|------------------------|------------------------|------------------------|--------------------------|--------------------------|
| | | I | II | III | IV | V |
| DAY 1 | A | Language | Human Nutrition-II | Family Meal Management | English | Family Meal Management |
| | B | Language | Family Meal Management | Human Nutrition-II | English | Biochemistry |
| Day 2 | A | Family Meal Management | Language | English | Biochemistry Practical's | Biochemistry Practical's |

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| | B | English | Language | English | Family Meal Management Practical's | Family Meal Management Practical's |
| DAY 3 | A | English | Family Meal Management Practical's | Family Meal Management Practical's | Human Nutrition-II | Language |
| | B | Biochemistry | Biochemistry Practical's | Biochemistry Practical's | Family Meal Management | Language |
| DAY 4 | A | English | Human Nutrition-II | Biochemistry | Biochemistry | Language |
| | B | Biochemistry | English | Human Nutrition-II | Family Meal Management | Language |
| DAY 5 | A | English | English | Language | Biochemistry | Human Nutrition-II |
| | B | English | Human Nutrition-II | Language | Human Nutrition-II | Biochemistry |
| DAY 6 | A | Biochemistry | Human Nutrition-II | Language | Human Nutrition-II | Family Meal Management |
| | B | Family Meal Management | Biochemistry | Language | English | Human Nutrition-II |

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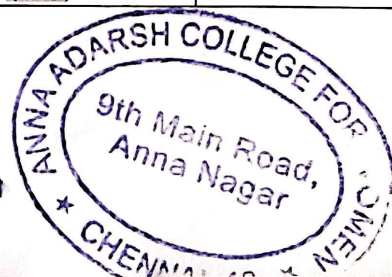


III - YEAR TIMETABLE

| DAY | | PERIODS | | | | |
|-------|---|------------------------------|--|--|---|---|
| | | I | II | III | IV | V |
| DAY 1 | A | Sports Nutrition | Nutrition-II | Textiles | Food Service Management (VR) | Nutrition-II |
| | B | Nutrition-II | Human Development | Food Service Management (P) | Textiles Practical's | Textiles Practical's |
| DAY 2 | A | Food Service Management (S) | Nutrition-II | Sports Nutrition Practical's | Sports Nutrition Practical's | Human Development |
| | B | Food Service Management (VA) | Human Development Practical's | Human Development Practical's | Textiles | Sports Nutrition |
| DAY 3 | A | Human Development | Nutrition-II | Textile Practical's | Textile Practical's | Food Service Management (S) |
| | B | Textiles | Human Development | Nutrition-II | Sports Nutrition | Food Service Management (P) |
| DAY 4 | A | Food Service Management (VR) | Sports Nutrition | Textiles | Human Development | Nutrition-II |
| | B | Textiles | Food Service Management (VA) | Nutrition-II | Sports Nutrition Practical's | Sports Nutrition Practical's |

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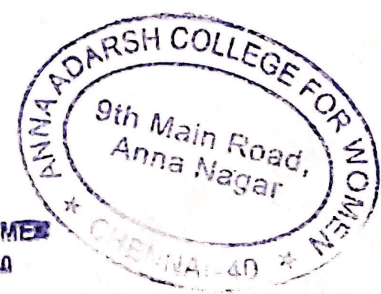


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|-------|---|------------------------------|-----------------------------|-------------------------------|-------------------|-----------------------------|
| DAY 5 | A | Food Service Management (VR) | Human Development Practical | Human Development Practical's | Sports Nutrition | Textiles |
| | B | | Nutrition-II | Food Service Management (VA) | Human Development | Nutrition-II |
| DAY 6 | A | Nutrition-II | Textiles | Sports Nutrition | Human Development | Food Service Management (S) |
| | B | Textiles | Sports Nutrition | Human Development | Nutrition-II | Food Service Management (P) |

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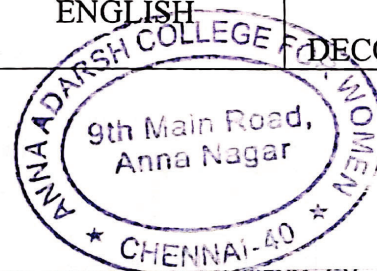
DEPARTMENT MASTER TIME TABLE

2021-2022 / EVEN SEMESTER

| DAY ORDER | HOURS | I | II | III | IV | V |
|-----------|-------|--|--|--|---|--|
| 1 | I | CHEMISTRY/ FOOD SCIENCE PRACTICALS Main – VA/ Asst - SM | | CHEMISTRY | LANGUAGE | NUTRITION – I (SM) |
| | II A | LANGUAGE | PRINCIPLES OF INTERIOR DECORATION (VRA) | DIET THERAPY (SS) | ENGLISH | DIET THERAPY (SS) |
| | II B | LANGUAGE | DIET THERAPY (VS) | PRINCIPLES OF INTERIOR DECORATION (VRA) | ENGLISH | PRINCIPLES OF INTERIOR DECORATION (VRA) |
| | III A | FOOD SERVICE MANAGEMENT (PK) | PRINCIPLES OF INTERIOR DECORATION (DM) | HEALTH PSYCHOLOGY (UK) | HUMAN DEVELOPMENT – II (KS) | PRINCIPLES OF RESOURCE MANAGEMENT (VA) |
| | III B | PRINCIPLES OF INTERIOR DECORATION (DM) | HUMAN DEVELOPMENT – II (KS) | PRINCIPLES OF INTERIOR DECORATION (PK) | FOOD SERVICE MANAGEMENT (PK) | HEALTH PSYCHOLOGY (UK) |
| 2 | I | CHEMISTRY/ FOOD SCIENCE PRACTICALS Main – VA, Asst – DM/SM | | NUTRITION – I (SM) | LANGUAGE | COMMUNICATIVE ENGLISH |
| | II A | DIET THERAPY (SS) | LANGUAGE | ENGLISH | PRINCIPLES OF INTERIOR DECORATION (VRA) | PRINCIPLES OF INTERIOR |

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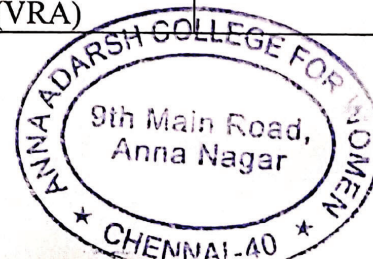
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|----------|--------------|--|--|--|--|--|
| | | | | | | DECORATION (VRA) |
| | II B | ENGLISH | LANGUAGE | DIET THERAPY PRACTICALS Main – VS, Asst - SS | | |
| | III A | PRINCIPLES OF INTERIOR DECORATION (DM) | FOOD SERVICE MANAGEMENT PRACTICALS (PK) Asst - KS | PRINCIPLES OF RESOURCE MANAGEMENT (SM) | HUMAN DEVELOPMENT – II (KS) | |
| | III B | PRINCIPLES OF INTERIOR DECORATION (PK) | PRINCIPLES OF INTERIOR DECORATION (SS) | PRINCIPLES OF INTERIOR DECORATION (DM) | HEALTH PSYCHOLOGY (UK) | FOOD SERVICE MANAGEMENT (PK) |
| 3 | I | CHEMISTRY | COMMUNICATIVE ENGLISH | LANGUAGE | NUTRITION – I (SM) | CHEMISTRY |
| | II A | ENGLISH | DIET THERAPY PRACTICALS Main- SS, Asst – V.S | | | LANGUAGE |
| | II B | DIET THERAPY (VS) | NUTRITION PRACTICALS Main – VA, Asst- SM- 2, UK- 1 | | | LANGUAGE |
| | III A | HUMAN DEVELOPMENT – II (KS) | PRINCIPLES OF INTERIOR DECORATION (DM) | PRINCIPLES OF INTERIOR DECORATION (DM) | HUMAN DEVELOPMENT – II (KS) | PRINCIPLES OF INTERIOR DECORATION (DM) |
| | III B | HEALTH PSYCHOLOGY (UK) | HUMAN DEVELOPMENT – II (KS) | HEALTH PSYCHOLOGY (UK) | PRINCIPLES OF INTERIOR DECORATION (DM) | PRINCIPLES OF INTERIOR DECORATION (PK) |
| 4 | I | LANGUAGE | CHEMISTRY | COMMUNICATIVE ENGLISH | FOOD SCIENCE (VA) | PROFESSIONAL ENGLISH |
| | II A | ENGLISH | NUTRITION PRACTICALS Main- SM, Asst- VRA- 1, PK- 2 | | | LANGUAGE |
| | II B | DIET THERAPY (VS) | ENGLISH | PRINCIPLES OF INTERIOR DECORATION (VRA) | DIET THERAPY (VS) | LANGUAGE |

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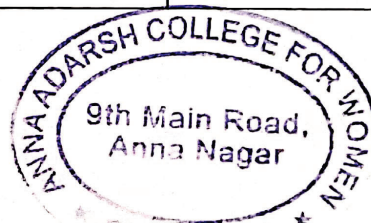
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|----------|--------------|--|---|--|---|---|
| | III A | PRINCIPLES OF RESOURCE MANAGEMENT (VA) | FOOD SERVICE MANAGEMENT (PK) | HEALTH PSYCHOLOGY (UK) | PRINCIPLES OF INTERIOR DECORATION (DM) | HEALTH PSYCHOLOGY (UK) |
| | III B | HEALTH PSYCHOLOGY (UK) | HUMAN DEVELOPMENT - II (KS) | HUMAN DEVELOPMENT - II (KS) | PRINCIPLES OF RESOURCE MANAGEMENT (SS) | PRINCIPLES OF INTERIOR DECORATION (DM) |
| 5 | I | NUTRITION - I (SM) | NUTRITION - I (SM) | FOOD SCIENCE (VA) | NME | PROFESSIONAL ENGLISH |
| | II A | ENGLISH | ENGLISH | LANGUAGE | DIET THERAPY (SS) | DIET THERAPY (SS) |
| | II B | ENGLISH | DIET THERAPY | LANGUAGE | PRINCIPLES OF INTERIOR DECORATION (VRA) | PRINCIPLES OF INTERIOR DECORATION (VRA) |
| | III A | HEALTH PSYCHOLOGY (UK) | HUMAN DEVELOPMENT - II PRACTICALS - Asst - SS | | PRINCIPLES OF RESOURCE MANAGEMENT (SM) | FOOD SERVICE MANAGEMENT (PK) |
| | III B | FOOD SERVICE MANAGEMENT (PK) PRACTICALS Asst - V.R.A | | PRINCIPLES OF INTERIOR DECORATION (DM) | PRINCIPLES OF INTERIOR DECORATION (DM) | PRINCIPLES OF RESOURCE MANAGEMENT (SS) |
| 6 | I | FOOD SCIENCE (VA) | FOOD SCIENCE (VA) | PROFESSIONAL ENGLISH | NUTRITION - I (SM) | NME |
| | II A | PRINCIPLES OF INTERIOR DECORATION (VRA) | PRINCIPLES OF INTERIOR DECORATION (VRA) | LANGUAGE | PRINCIPLES OF INTERIOR DECORATION (VRA) | DIET THERAPY (SS) |
| | II B | ENGLISH | DIET THERAPY (VS) | LANGUAGE | ENGLISH | PRINCIPLES OF INTERIOR DECORATION (VRA) |

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|--|-------|--|------------------------------|---|--|------------------------------|
| | III A | PRINCIPLES OF RESOURCE MANAGEMENT (SM) | HEALTH PSYCHOLOGY (UK) | FOOD SERVICE MANAGEMENT (PK) | PRINCIPLES OF RESOURCE MANAGEMENT (VA) | HEALTH PSYCHOLOGY (UK) |
| | III B | HEALTH PSYCHOLOGY (UK) | FOOD SERVICE MANAGEMENT (PK) | HUMAN DEVELOPMENT – II PRACTICALS Asst – SS/PK | | FOOD SERVICE MANAGEMENT (PK) |

VS- Dr. V. Suganthi

KS – Dr. K. Sudharani

DM- Dr. Devi Manohar

VA – Dr. V. Anitha

SM – Dr. Shahana Mubeen

VRA – Dr. V.R. Anurathi

UK – Mrs. U. Kabira

PK – Mrs. Premakumari. C

SS – Mrs. S. Sangamithra

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R. Shanthi

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