



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
ANNA NAGAR, CHENNAI 600040

CRITERION 3



3.4 EXTENSION ACTIVITIES



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
ANNA NAGAR, CHENNAI 600040

CRITERION 3

3.4.3 Extension & Outreach Programmes



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Verified & Certified Documents

Metric No.: 3.4.3.....

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R. Shanthi
PRINCIPAL





Punjab Association's
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ANNA NAGAR, CHENNAI 600040

CRITERION 3

ACADEMIC YEAR

2019 - 2020



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	Enviro Club
Date of Event:	20.05.2020
Topic:	'Sustainable Living the Way Forward: Post Covid 19 Lockdown'
Event Category:	Webinar
Level: College	No. of participants: 98 Staff: 5 Students: 93
Judges/Guest (with Designation)	Dr.Sultan Ahmed Ismail, Director, Eco Science and Research Foundation.

Brief Report:

Punjab Association's
Anna Adarsh College for Women
ENVIRO CLUB
Invites you for a
Webinar on
Sustainable Living the Way forward :
Post Covid 19 Lock down
Resource person
Dr.Sultan Ahmed Ismail
Soil Biologist
Director Eco Science Research
Foundation
Date: 20th May 2020, Wednesday
Time: 10 am - 12 noon
Please click the below link to join via Google Meet
<https://meet.google.com/>
Principal : Dr.R.Jhanthi
Enviro Club Convener : Dr.J.Marceline
Dr.Devi Manohar

On May 20, 2020, the Enviro Club conducted a webinar on 'Sustainable Living the Way Forward: Post Covid 19 Lockdown'. The resource person was Dr.Sultan Ahmed Ismail, Director, Eco Science and Research Foundation.



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Soil Story – An Earthworm's Eye view

The image shows a Zoom meeting interface. The top portion displays a video of a man with glasses and a white beard speaking. The bottom portion shows a slide titled "SOIL BIOTA" with a list of organisms and their functions in soil. The slide content is as follows:

Organism	Function
Viruses	Kill bacteria causing release of body fluids
Bacteria	chemical factories, convert wastes to nutrients
Fungi	woody substances to digestable compounds
Amoebae	prey on bacteria and fungi
Nematodes	hunt on amoebae, attack roots, eat fungi
Arthropods	(collembolans, mites, etc) eat all of above
Earthworms	eat soil & leaf litter, drilospheres, bury litter

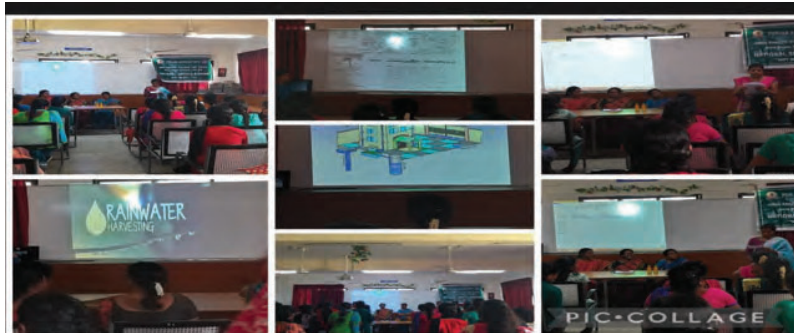
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ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	22-07-19
Topic:	Water Conservation – Power Point Competition
Event Category:	Intra-Collegiate Competition
Level: College	No. of Participants: 49 Staff: 4 Students: 45
Judges/Guest (with Designation)	Dr. Indumathi Librarian, Anna Adarsh College for Women

Brief Report:



**Competition on the topic 'Water Conservation',
22.07.2019**

On 22nd July 2019, a competition on the topic “Water Conservation” was held in the college campus for the students. Many students participated and brought their own ideas on methods of conserving water, as the entire State of Tamil Nadu was facing acute scarcity of water. The competition’s aim was to find and know the causes of water scarcity and to overcome the same.



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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	23-07-19
Topic:	'Awareness Programme'' for the domestic helpers in the nearby area, about the importance of water conservation and the methods of conserving water
Event Category:	Awareness Programme
Level: College	No. of Participants: 68 Staff: 3 Students: 15 Domestic helpers: 50
Judges/Guest (with Designation)	—



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On 23rd July 2019, an 'Awareness Programme' was conducted for the domestic helpers in the nearby area, about the importance of water conservation and the methods of conserving water. The speech was given by the prize winners of the PPI competition on 'Water Conservation'. The domestic helpers were also given 'sprinkler tap fitting' to be used by them in their workplace.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme, Rotaract Club and Youth Red Cross
Date of Event:	28-07-2019
Topic:	Youth initiative of Mega Seed Ball Making and Throwing Festival
Event Category:	Students' Initiative Programme
Level: College	No. of Participants: 148 Staff: 3 Students: 145
Judges/Guest (with Designation)	—

Brief Report:

On 28th July 2019, our college NSS volunteers took part in the Mega Seed Ball Festival at Mar Gregorios College, West Mogappair. The program aimed to promote conservation of water for the present and upcoming generations through tree plantation.

Youth initiative of Mega Seed Ball Making and Throwing Festival 28 07 2019





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	29-07-2019
Topic:	HIV/AIDS Awareness Programme
Event Category:	Awareness Programme
Level: College	No. of Participants: 153 Staff: 3 Students: 150
Judges/Guest (with Designation)	Dr.A.D.Solomon Raj, Founder Director of Shelter Trust

Brief Report:

On 29th July 2019, the HIV/AIDS Awareness Programme was conducted in our college campus. The Chief Guests was Dr.A.D.Solomon Raj, Founder Director of Shelter Trust. The Chief Guest shared the modes, causes and symptoms of the HIV/AIDS disease. He also discussed the Three Ps [PROTECT, PREVENT AND PROVIDE] of the disease.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	01-08-2019
Topic:	Swachhata Shapath - Oath taking
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 1565 Staff: 65 Students:1500
Judges/Guest (with Designation)	Dr.Jayashree Ghosh Principal

Brief Report:

On August 1st, 2019, the College institutional head Principal Madam Dr.Jayashree Ghosh gave a motivational speech about the importance of National Service Scheme's activities, duties and responsibilities and the event ended with the Swachhata Shapath (Oath taking) to all the students along with the NSS volunteers.

**Swachhata
Shapath**



**Pledge of
cleanliness (1st
August)**

ANNA ADARSH COLLEGE



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(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	02.08.19 to 05.08.19
Topic:	Swachhtha Pakhwara – Intensive Campus Cleaning
Event Category:	Extension activity
Level: College	No of Participants: 93 Staff: 3 Students: 90
Judges/Guest (with Designation)	—

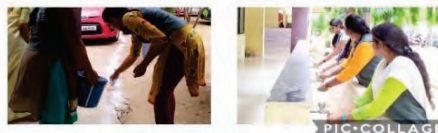
Brief Report:

During this period intensive campus cleaning was undertaken (playground, library, computer lab, chemistry lab and physics lab). Books in the library were numbered and cataloged. Swachh pakhwada program was observed in the college campus for a week. This impacted the students in the following ways.

Students became enlightened about the importance of eliminating open defecation, eradication of manual scavenging and improving solid waste management. The students also learnt to keep the campus clean.



Campus cleaning



PIC•COLLAGE



Library cleaning and numbering



PIC•COLLAGE



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Department:	National Service Scheme
Date of Event:	06.08.19
Topic:	Swachh Bharat - Swachhata Campaign on Importance of Cleanliness in Neighborhood
Event Category:	Students Awareness Programme
Level: College	No of Participants: 78 Staff: 3 Students: 75
Judges/Guest (with Designation)	Dr. Jayashree Ghosh Principal

Brief Report:

On 6th of August 2019, the NSS Volunteers took up an outdoor campaign to make the people aware about the importance of cleanliness in the neighborhood.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	08.08.19
Topic:	Swachhta Pakhwada - Interactive Session
Event Category:	Institutional Social Responsibility
Level: College	No of Participants: 20 Staff: 5 Students: 15
Judges/Guest (with Designation)	Zonal Officer Zone-10, Chennai Corporation. Representative of Exnora from Rotary Club. Vice President of the Ladies Club. Flat Secretary of Neighbourhood.

Brief Report:

On 08th August 2019, an interactive session for “Swachhta Pakhwada” was held in college campus headed by our Madam Principal Dr. Jayashree Ghosh and the following members attended the session:

- Zonal Officer Zone-10, Chennai Corporation.
- Representative of Exnora from Rotary Club.
- Vice President of the Ladies Club.
- Flat Secretary of Neighbourhood.
- Administrative officer of Anna Adarsh college
- Manager of clean line service
- Supervisor of clean line service
- NSS programme officers

The members of the interactive session suggested that cleanliness should be made as a practice, the practice should become a habit and it should finally prevail as culture. They also contributed many ideas to keep the surroundings neat and clean.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	09-08-19
Topic:	'Youth's Role and Responsibilities for Clean India and Issues of Swachhta'
Event Category:	Seminar
Level: College	No. of participants: 305 Staff: 5 Students: 300
Judges/Guest (with Designation)	Mr.M.B.Nirmal, Founder & Chairman of Exnora International

Brief Report:

On 09th August 2019, a Seminar was conducted on the topic "Youth's Role and Responsibilities for Clean India and Issues of Swachhta". Mr.M.B.Nirmal (founder & Chairman of Exnora International) was the guest speaker. He discussed the issues relating to solid waste management and made the students take the pledge on making India, "Clean India, and Green India".

Youth's Role and Responsibilities for Clean India and Issues of Swachhta, 09.08.2019





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(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	10-08-2020
Topic:	Swatch Bharath - Intensive cleaning of school campus as Community service
Event Category:	Outreach programme
Level: College	No. of Participants: 93 Staff: 3 Students: 90
Judges/Guest (with Designation)	—

Brief Report:

On 10th August 2019, the NSS Volunteers dedicated their service for intensive cleaning of school campus of Nugambakkam Girls Higher Secondary School, Pushpa Nagar, Chennai 600 034.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	12-08-2019
Topic:	Swachh Bharat - Clean India Rally
Event Category:	Community programme
Level: College	No. of Participants: 154 Staff: 4 Students: 150
Judges/Guest (with Designation)	—

Brief Report:

On 12th August 2019, the NSS volunteers of Anna Adarsh College organized a rally depicting various messages of cleanliness to create awareness among the public for Clean India.





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Department:	National Service Scheme
Date of Event:	15.08.19
Topic:	Celebration of Independence Day - Declaration of the Institution as "Clean Institution"
Event Category:	Independence Day Celebration
Level: College	No. of Participants: 1700 Staff: 200 Students: 1500
Judges/Guest (with Designation)	Dr. Jayashree Ghosh Principal

Brief Report:

On 15th August 2019, the National Service Scheme celebrated Independence Day. Our then college principal Dr. Jayashree Ghosh addressed the NSS Volunteers and the students. She discussed the future plans of sustaining cleanliness in and around the area and also declared the institution as "Clean Institution".



Celebration of Independence Day - Declaration of the institution as "Clean Institution", 15.08.2019



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(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme and Commerce
Date of Event:	19-08-2019 to 20-08-2019
Topic:	Awareness on eye donation & Free eye screening camp
Event Category:	Awareness programme
Level: College	No. of Participants: 515 Staff: 15 Students: 500
Judges/Guest (with Designation)	Dr.Ravi Shankar, Rajan Eye Care hospital.

Brief Report:

On 19th August 2019, an Awareness Programme on Eye Donation was conducted in our college campus. The Chief Guests was Dr.Ravi Shankar, from Rajan Eye Care hospital. The Chief Guest shared the importance and advantages of eye donation. Nearly 150 eye donation registration forms were distributed to the students to enable them to register their eyes to donation. Approximately 225 students & public were benefited by the free eye checkup camp.





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Department:	National Service Scheme
Date of Event:	29-08-2019
Topic:	Live Telecast on Fit India Movement Programme and Pledge taking programme
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 160 Staff: 10 Students: 150
Judges/Guest (with Designation)	—

Brief Report:

On 29th August 2019, a Live Telecast on Fit India Movement Programme was held, for the students, which was launched by our Honourable Prime Minister Narendra Damodardas Modi.



Live Telecast on Fit India



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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	06/09/2019 & 07/09/2019
Topic:	Health Camp
Event Category:	Institutional Social Responsibility
Level: College	No. of Participants: 106 Staff: 6 Students: 100
Judges/Guest (with Designation)	Dr. Thara and Dr. Ishwarya

Brief Report:

On 6th and 7th of September 2019, a Health camp was conducted in the college campus, which was held at Parmadevi Goyal Auditorium (Anna Adarsh College for Women) headed by Dr. Thara and Dr. Ishwarya. Nearly, 1800 students were benefitted out of the health camp.

Health Camp, 06.09.2019 - 07.09.2019





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	11-09-2019
Topic:	Group Discussion on Balanced Diet - "Untimely Eating and Skipping Breakfast"
Event Category:	Group Discussion
Level: College	No. of participants: 48 Staff: 3 Students: 45
Judges/Guest (with Designation)	—

Brief Report:

On 11th September 2019, a Group Discussion on the topic "Untimely Eating and Skipping Breakfast" was held and the NSS Volunteers were the participants for the programme.

Group Discussion on Balanced Diet - "Untimely Eating and Skipping Breakfast" 11 09 2019





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Department:	National Service Scheme
Date of Event:	17-09-2019 - 19-09-2019
Topic:	'Poshan Maah' - Distribution of nutritious food and Awareness on the importance of cleanliness to children in the village and Old age home.
Event Category:	Outreach Programme
Level: College	No. of Participants: 95 Staff: 5 Students: 90
Judges/Guest (with Designation)	---

Brief Report:

As part of the observance of "Poshan Maah". The NSS unit of Anna Adarsh College for Women, on 17th September 2019 had visited their adopted village Vaniyanjavadi and conducted various activities. In the first instance they distributed the Poshok food (sundal and dates) to the inmates of the orphanage. Later the NSS volunteers explained the importance of nutritious food in the growth of children and illustrated with charts showing pictures of nutritious food. They were also made to understand about cleanliness and its necessity in today's "Prone to Disease Environment". Then the NSS volunteers distributed hand towels and hand wash with dispensers to the children. Rally was also conducted in the adopted village on the importance of nutritious food in the growth of children & women.

'Poshan Maah' - Distribution of nutritious food and Awareness on importance of cleanliness to children in the village and Old age home, 17.09.2019 - 19.09.2019.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	23-09-2019
Topic:	Celebration of NSS Day
Event Category:	Students Awareness Programme
Level: College	No of Participants: 305 Staff: 5 Students: 300
Judges/Guest (with Designation)	Dr. Jayashree Ghosh Principal

Brief Report:

NSS day was celebrated on 23rd September 2019 our then Principal Dr. Jayashree Ghosh addressed the students about how important it is for the students to engage themselves in community services. The NSS volunteers as part of their cultural organized mime to illustrate the ill effects of irrational usage of mobile phones and its effect on health. The month of September being the 'Poshan Maah', the NSS volunteers also organized street play to demonstrate the consequences of malnutrition, to the school children. There was also a yoga demonstration by a NSS volunteer.

Celebration of National Service Scheme day - Poshan Maah Mime and street play 23 09 2019



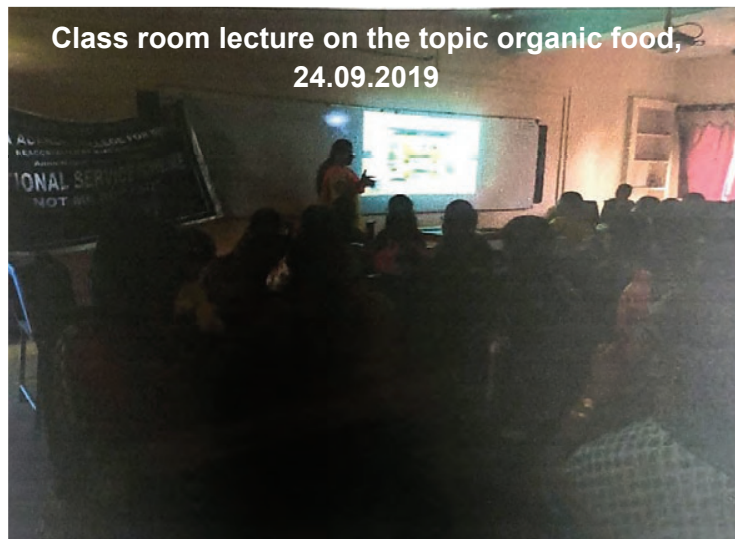


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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	24-09-19
Topic:	Lecture on 'Importance of Organic Food'
Event Category:	Student Initiative Programme
Level: College	No of Participants: 78 Staff: 3 Students: 75
Judges/Guest (with Designation)	Ms.Vaishali, M.Phil Scholar, Department of Commerce

Brief Report:

On 24, September 2019, a class room lecture on the topic organic food was held by Ms.Vaishali, M.Phil Scholar. She discussed the benefits of organic farming and food and also explained in detail about how organic farming contributes to controlling soil, water and air pollution .

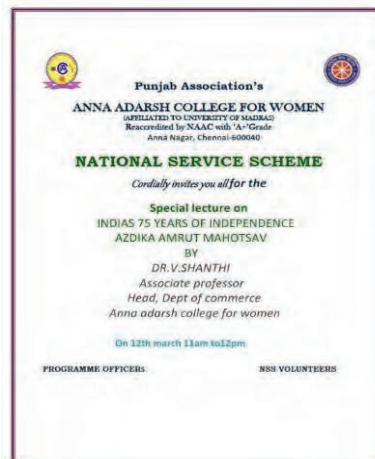




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Department:	National Service Scheme
Date of Event:	30-11-2019
Topic:	Classroom lecture on 'Constitutional Rights'
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 78 Staff: 3 Students:75
Judges/Guest (with Designation)	Dr.V.Shanthi Associate Professor, Department Of Commerce, Anna Adarsh College for Women.

Brief Report:



On November 30th 2019, a class room lecture on Constitutional Rights was conducted to the NSS Volunteers by Dr.V.Shanthi Associate Professor, Department of Commerce, Anna Adarsh College for Women.



Classroom lecture on 'Constitutional Rights', 30.11.2019



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Department:	National Service Scheme
Date of Event:	07-12-2019
Topic:	Ek Bharath Shrestha Bharath (EBSB) - Film Screening on Inter State Culture History and Tourism
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 83 Staff: 3 Students: 80
Judges/Guest (with Designation)	—

Brief Report:

On 7th Dec 2019 A Film was screened to the NSS volunteers illustrating the interstate culture history and tourism as a part of Ek Bharath Shrestha Bharath (EBSB).



**Ek Bharath Shrestha Bharath - Film Screening,
07.12.2019**



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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	22-01-2020
Topic:	Fit India Movement - Walkathon for fitness
Event Category:	Student Awareness Programme
Level: College	No. of Participants: 155 Staff: 5 Students: 150
Judges/Guest (with Designation)	—

Brief Report:

On January 22nd 2020, A Walkathon was organized with a view to raise the awareness level of the general public about the benefits of fitness, as an extended programme of “Fit India Movement” launched by Honourable Prime Minister.

Fit India Movement - Walkathon for fitness, 22.01.2020





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(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	23-01-2020 to 29-01-2020
Topic:	Special Camp on the theme 'Healthy Youth for Healthy India'
Event Category:	Outreach Programme
Level: College	No. of Participants: 153 Staff: 3 Students: 150
Judges/Guest (with Designation)	<p>Dr.Jayashree Ghosh, Principal, AACW</p> <p>Mr.Srinivasan Balasubramanian, Proprietor, Kannukutty Organic Store</p> <p>Ms.Umasree Raghunath Motivational Speaker, Diversity and Inclusion Activist</p> <p>Mrs.Radha Ranganathan Special Project Co-ordinator for Menstrual Hygiene</p> <p>Dr.S.Shanthi Head & Associate Professor, Department of Chemistry, AACW</p> <p>Dr.K.Indumathi Librarian</p> <p>Mr.J.Dharmarajan Advocate, Madras High Court, and Project Executive, Mediation Centre, Consumer Court</p> <p>Dr.G.Bhaskaran NSS Co-ordinator, University of Madras</p>



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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PUNJAB ASSOCIATION'S
ANNA ADARSH COLLEGE FOR WOMEN
AFFILIATED TO UNIVERSITY OF MADRAS
REACCREDITED BY NAAC A+ GRADE

NATIONAL SERVICE SCHEME
GOLDEN JUBILEE YEAR (1969-2019)

CORDIALLY INVITES YOU ALL FOR THE

NSS SPECIAL CAMP 2019-20

“Healthy Youth for Healthy India”

23rd Jan 2020 – 29th Jan 2020

AT

Padma Adarsh Higher Secondary School Vaniyanchavadi, Old
Mahabalipuram Road,
Chennai - 603103.

“NOT ME BUT YOU”

PROGRAMME

23 rd Jan 2020:	INAUGURAL ADDRESS Dr. JAYASHREE GHOSH PRINCIPAL, ANNA ADARSH COLLEGE FOR WOMEN
24 th Jan 2020:	ORGANIC FOOD WORKSHOP Ms. SREYIN KAN BALASUBRAMANIAN PROPRIETOR, LASSITUDE ORGANIC STORE & COMMUNITY SERVICES NSS STUDENT VOLUNTEERS, ANNA ADARSH COLLEGE FOR WOMEN
25 th Jan 2020:	SWATCH BHARAT SEVA CAMPUS CLEANING TEMPLE CLEANING RAGIT
26 th Jan 2020:	FLAG HOISTING & SPEECH ON Dr.B.R.AMBEDKAR UMASREE RAGHUNATH B.COM, MBA, LK, PPH, JTB GADGE, BDM India, Vice-President, EMT, Past President, Jantar Wheel Club Of Madras South, Motivational Speaker, Diversity & Inclusion Activist & LECTURE ON MENSTRUAL HYGIENE Mrs. RADHA RANGANATHAN Former District Chairman (Jantar Wheel) District 323 Special Project coordinator for Menstrual Hygiene - COVID-2020
27 th Jan 2020:	SPEECH ON FOOD & CHEMISTRY Dr.S.SHANTHI MSc, MPhil, PhD, Associate Professor, Department Of Chemistry, Anna Adarsh College for Women & SPEECH ON IMPORTANCE OF GOOD READING HABITS Dr.K.INDUMATHI M.A., M.L.L.I., JI, PhD., Ph.D. Librarian, Anna Adarsh College for Women
28 th Jan 2020:	AWARENESS SPEECH ON ENVIRONMENTAL ISSUE & PLANTING OF SAPLINGS J. BHARMARAJAN Advocate, Madras High Court and Project Executive, Meditation Centre, Consumer Court, Chennai 600 003
29 th Jan 2020:	CULTURALS & VALEDICTION Dr.G.BHASKARAN , NSS COORDINATOR, UNIVERSITY OF MADRAS.

NSS Special Camp was organised from 23.01.2020 to 29.01.2020 at Vaniyanchavadi. 150 students participated in the camp. Organic Food Workshop, Community Services, Swatch Bharat Seva, lecture on Menstrual Hygiene, Speech on Food and Chemistry, Speech on Importance of Good Reading Habits, Campus cleaning, Awareness Speech on Environmental Issues, Temple cleaning and planting of saplings were the various activities organised during the Special Camp.

**Special Camp at Padma Adarsh School, Vaniyanchavadi, 23.01.2020 -
29 01 2019**



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Chennai - 600040, Tamil Nadu.





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Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	31-1-2020
Topic:	National Leprosy Eradication Programme - Pledge
Event Category:	Student Awareness
Level: College	No. of Participants: 1515 Staff: 15 Students: 1500
Judges/Guest (with Designation)	—

Brief Report:

On January 31st 2020, Leprosy Eradication Pledge was administered as a part of National Leprosy Eradication Programme. The NSS Volunteers and the Programme Officers took part in the Pledge Administering Ceremony.

**National Leprosy Eradication Programme -Pledge Administering Ceremony for
Leprosy Eradication Pledge, 31.01.2020**





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme
Date of Event:	06-02-2020
Topic:	“Bottles for Change” - Collection Of Plastic Materials in the Campus for Recycling.
Event Category:	Student Awareness
Level:	No. of Participants: 63 Staff: 3 Students: 60
Judges/Guest (with Designation)	—

Brief Report:

On February 6th 2020, as part of the “Bottles for Change” programme, the NSS Volunteers Started the Collection of Plastic Materials in the Campus for Recycling.

**“Bottles for Change” - Collection of Plastic Materials in the
Campus for Recycling, 06.02.2020**





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	National Service Scheme and Department of Public Administration
Date of Event:	19.02.2020
Topic:	Let's Talk About Organ Donation
Event Category:	Seminar
Level: College	No. of participants: 198 Staff: 6 Students: 192
Judges/Guest (with Designation)	Dr.Hemal Kanvinde, Quality Assurance Officer, MOHAN Foundation Mrs.Lalitha Raghuram, Country Director, MOHAN Foundation Mrs.Usha Balasubramanian, In-Charge, Patient Support Group, MOHAN Foundation

Brief Report:

On 19th Feb 2020, the Department of Public Administration of Anna Adarsh College for Women, in association with MOHAN Foundation, organised a seminar "Let's Talk about Organ Donation". Around 200 students from the Post Graduate & Research Department of Public Administration, Commerce, Chemistry, Food and Nutrition departments and volunteers of NSS attended the seminar held at the Conference Hall of the college. Dr. Jayashree Ghosh, Director of the Institute, welcomed the speakers and the students and highlighted the importance of the cause. Dr. Hemal Kanvinde, Quality Assurance Officer of MOHAN Foundation gave a talk on Concepts of Organ Donation. She spoke of the need for organs, what, how and when can organs be donated. This was followed by a film explaining brain death. Mrs. Lalitha Raghuram, Country Director of MOHAN Foundation thanked the management for the opportunity. She conducted a short quiz and explained the models of organ donation used by different countries. She highlighted the way Spain practices organ donation, the opt-in and opt-out models, she used students in a role play exercise to explain swap donation. Mrs. Lalitha spoke of the need to be aware and to speak about organ donation. There was a panel discussion where speakers shared their personal experiences, helping the students understand the importance of organ donation. Dr. Shanthi Ravi, Principal of Anna Adarsh College narrated an experience that motivated to pledge for eye donation. She asked the students to have a kind heart, help others and leave behind a living legacy through organ and eye donation. Mrs. Usha Balasubramanian, In-charge –



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Patient Support Group, MOHAN Foundation related her husband's illness and how kidney failure was detected very late through a medical check-up. She described her struggle to find answers to all the questions by reading online, speaking with other patients on dialysis and asking doctors. She said that families need to learn everything about the disease so that many complications can be averted. Her story was very heartrending and clearly spelt out the tribulations of a family of an organ failure patient. Mrs. Lalitha Raghuram narrated the story of Ms. Shreya Siddanagowder a double hand transplant recipient from Pune. She explained the altruism of the family who agreed to donate the hands of their loved one and this was a way Shreya can think of a happy and productive future. The event ended with a student summing up the seminar and vote of thanks delivered by Dr. Usha K, Head of Post Graduate & Research Department of Public Administration. 30 students pledged for organ donation at the end of the programme.

Seminar on "Let's Talk About Organ Donation",



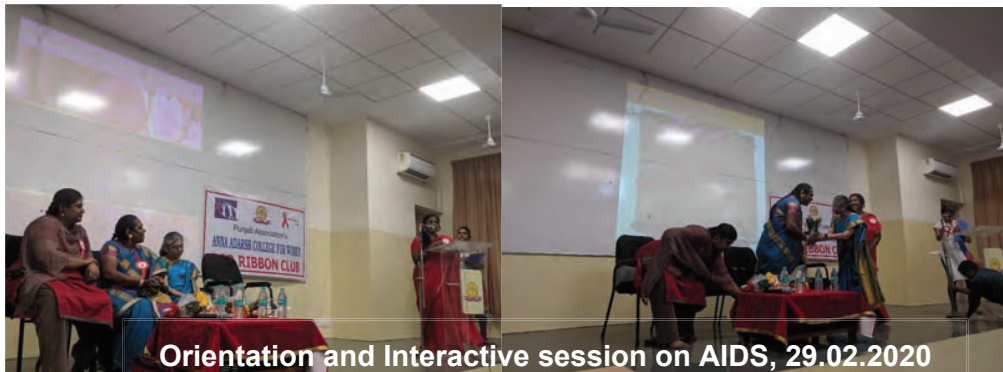


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Chennai - 600040, Tamil Nadu.

Department:	Red Ribbon Club
Date of Event:	29.02.2020
Topic:	Orientation and Interactive session on AIDS
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 219 Staff: 7 Students: 212
Judges/Guest (with Designation)	Ms.Susannah R., ICDS Counsellor, Tamil Nadu State AIDS Control Society Ms.Noori Saleem, President, SIP Network and Founder SIP Memorial Trust

Brief Report:

Ms.Susannah R. gave an orientation about Integrated Counselling and Testing Centre (ICTC). Ms.Noori Saleem sensitized the students about the ill effects of HIV/ AIDS and shared the personal traumas experienced by her when she was infected with HIV.





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Department:	Department of Bank Management and Road Safety Club
Date of Event:	17/09/2019
Topic:	Outreach programme at Padma Adarsh Hr. Sec School
Event Category:	Outreach programme
Level: College	No. of Participants: 95 Staff: 2 Students: 93
Judges/Guest (with Designation)	—

Brief Report:

The Road Safety Club co-ordinators Dr.P.C.Sreelatha and Dr.J.Shrilekha along with the students of the Department of Bank Management (Shift - I) visited the Padma Adarsh Matriculation and Higher Secondary School, Vaniyanchavadi. The theme of the visit was 'Health and Hygiene'. Students demonstrated how to maintain personal hygiene and about healthy living with a small skit showing them the nutritional value of vegetables, fruits and pulses. Our club members conducted an awareness rally, following which they distributed hand towels, soaps and shampoo to the inmates of the hostel. They also conducted quiz, singing and dance competitions. Slate and chalk, stationery kits, drawing books and crayons were distributed as prizes. At the old age home we distributed snacks and fruits. It was a well spent day with the young and elderly.



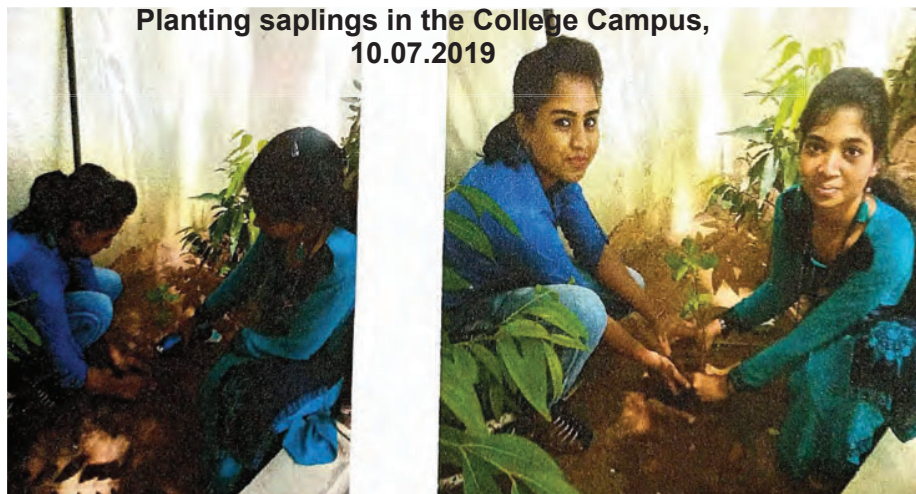


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Chennai - 600040, Tamil Nadu.

Department:	Rotaract Club
Date of Event:	10.07.2019
Topic:	Planting saplings in the college campus
Event Category:	Students Initiative Programme
Level: College	No. of Participants: 7 Staff: 2 Students: 5
Judges/Guest (with Designation)	---

Brief Report:

Students of the Rotaract Club planted saplings in the College Campus.





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Department:	Rotaract Club
Date of Event:	15 August 2019
Topic:	Independence Day Celebration at Indian Council of Child Welfare'
Event Category:	Outreach Programme
Level: College	No. of Participants: 25 Staff: 2 Students: 23
Judges/Guest (with Designation)	---

Brief Report:

Celebrated Independence Day with the orphanage children of 'Indian Council of Child Welfare' at Shenoy Nagar. Donation of biscuits, chocolate and even donated LED bulbs to the orphanage.

Celebration of Independence Day at 'Indian Council of Child Welfare' at Shenoy Nagar, 15.08.2019





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Chennai - 600040, Tamil Nadu.

Department:	Rotaract Club
Date of Event:	15/10/2019
Topic:	Celebration of Global Hand Washing Day
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 15 Staff: 3 Students: 12
Judges/Guest (with Designation)	---

Brief Report:

On 15th of October 2019, Rotaract club of Anna Adarsh College for Women had celebrated Global Hand Washing Day in the college campus. The Rotaract Club provided hand washing liquids to the college.



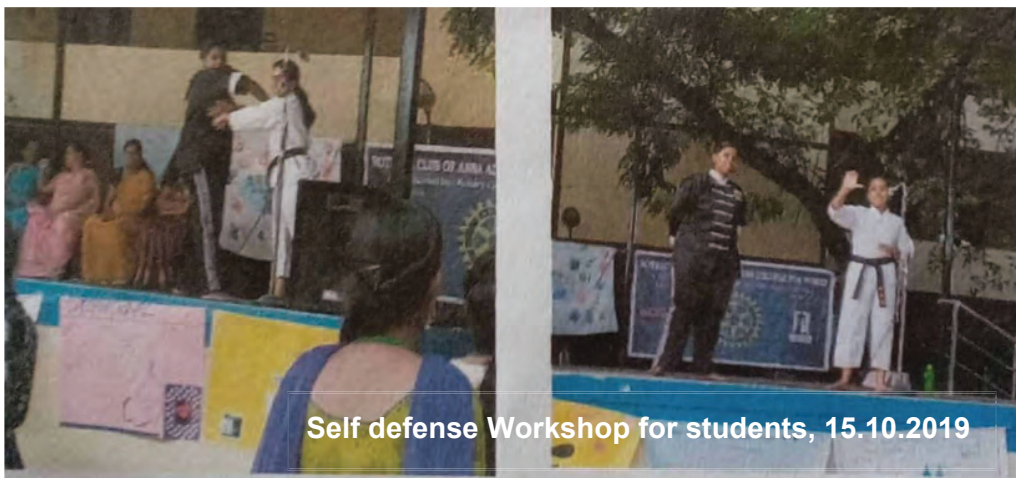


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Department:	Rotaract Club
Date of Event:	15/10/2019
Topic:	Self Defense Workshop for Students
Event Category:	Students Awareness Programme
Level: College	No. of Participants: 15 Staff: 2 Students: 13
Judges/Guest (with Designation)	---

Brief Report:

On 15th of October 2019, Rotaract club of Anna Adarsh College for Women had conducted a self defense workshop for students in the college campus. The workshop was taken by the karate Master and Kung-fu master named Anjana A. and Mohana S., students of Anna Adarsh College for Women.





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Department:	Rotaract Club
Date of Event:	09/01/2019
Topic:	Rice Project- "Joy of Giving" - Donation to Orphanage of Punjab Association at Vaniyanchavadi
Event Category:	Outreach Programme
Level: College	No. of Participants: 25 Staff: 2 Students: 23
Judges/Guest (with Designation)	---

Brief Report:

On 09th January of 2019, Rotaract club of Anna Adarsh College for Women conducted "Rice Project- The Joy of giving". This year the rotaractors were able to raise up to 850 kgs of Rice with the help of students and staff of Anna Adarsh College for Women. It was donated to Punjab Association Orphanage at Vaniyanchavadi.



Rice Project- "Joy of Giving" - Donation to Orphanage of Punjab Association at Vaniyanchavadi, 09.01.2019



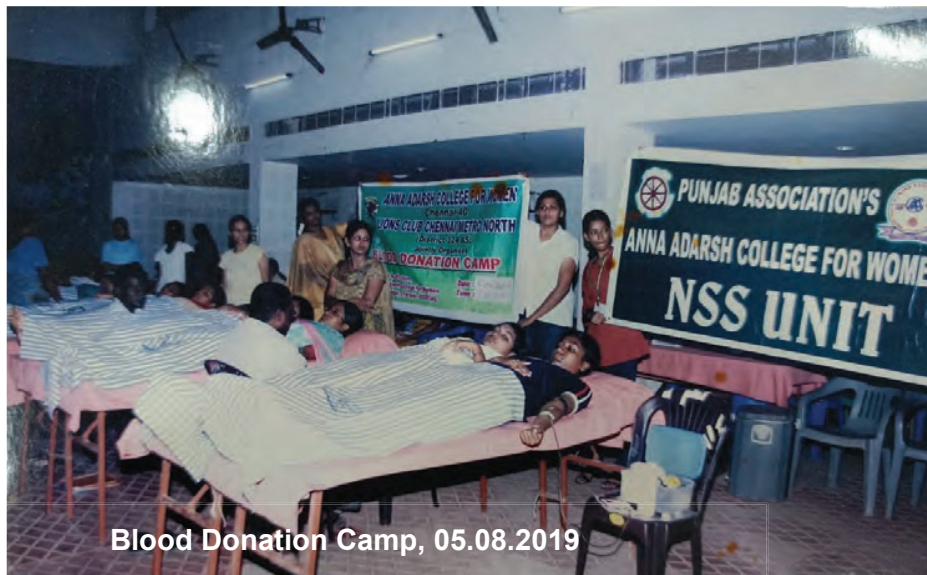


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Department:	Youth Red Cross and National Service Scheme
Date of Event:	05.08.2019
Topic:	Blood Donation Camp
Event Category:	Community Programme
Level: College	No. of Participants: 205 Staff: 5 Students: 200
Judges/Guest (with Designation)	----

Brief Report:

Youth Red Cross, National Service Scheme of the College in collaboration with Lions Club Chennai Metro North organised a Blood Donation Camp on 05.08.2019. Faculty and students enthusiastically came forward to donate blood. There were nearly 200 students who donated blood.



Blood Donation Camp, 05.08.2019



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Department:	Business Economics and Internal Quality Assurance Cell
Date of Event:	30/10/2019
Topic:	Outreach Programme on Menstrual Hygiene at Higher Secondary School, Puthuvoyal, Ponneri district
Event Category:	Outreach Programme
Level: Department	No. of Participants: 22 Staff: 2 Students: 20
Judges/Guest (with Designation)	Ms.Daisy NGO Joint Secretary, Citizen Development Center



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Brief Report:

Final year students of the Department of Business Economics had gone to Higher Secondary School, Puthuvoyal, Ponneri district. Students oriented the school children on Menstrual Hygiene as an Outreach programme and they enacted a small skit on Menstrual Hygiene (30th October, 2019). Amazon has partnered with this programme.





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Department:	Business Economics and Internal Quality Assurance Cell
Date of Event:	11/12/2019
Topic:	Gender Sensitization Programme - Save The Girl Child – Inequality of Gender
Event Category:	Extension Activity
Level: Department	No. of Participants: 260 Staff: 10 Students: 250
Judges/Guest (with Designation)	Ms. Daisy, NGO, Joint Secretary, Citizen Devt. Center



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Brief Report:

Mrs. Daisy, an NGO highlighted the Inequality of Gender prevalence in India through an awareness lecture on 11/12/2019. "Save the Girl Child" is the solution for this inequality to vanish. Students shared their experience with the guests. Students asked many questions during the Interaction session.





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Department:	Business Economics and Internal Quality Assurance Cell
Date of Event:	17/12/2019
Topic:	Student Awareness Programme on Poly – Cystic Ovarian Syndrome
Event Category:	Extension Activity
Level: Department	No. of participants: 140 Staff: 6 Students: 134
Judges/Guest (with Designation)	Dr. Dhakshayani., M.D., O.G., Reproductive Medicine, Apollo Fertility Center, Anna Nagar

Brief Report:

Department of Business Economics Dr.Dhakshayani., M.D., O.G., Reproductive Medicine, Apollo Fertility Centre, Anna Nagar addressed the student and Polycystic Ovarian syndrome. The lecture highlighted on stress management of students exercise and practice healthy food habits and students interacted with the doctor to clarify the doubts.





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Department:	Business Economics and Internal Quality Assurance Cell
Date of Event:	25/02/2020
Topic:	Cyber Crime and its Impact on Women in our Economy
Event Category:	Extension Activity
Level: Department	No of Participants: 147 Staff: 7 Students: 140
Judges/Guest (with Designation)	Mr.S.Mohanavadivelan B.Com., B.L., Senior Advocate, Madras High Court, Member of Bar Council, Specialised in Criminal Laws. Ph.No. 9840656672

The Department of Business Economics organised an extension activity on Cyber Crime and its impact on women in our economy on 25th February 2020, at 11.00 am with the objective to share the impact of cybercrimes among women. Mr.S.Mohanavadivelan.B.Com.,B.L.,Senior Advocate, Madras High Court, Member of Bar Council, Specialized in Criminal Laws highlighted various cybercrimes. He shared his experience and gave various hints on how to be safe while using gadgets.



Cyber Crime and its Impact on Women in our Economy, 25.02.2020



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Department:	English
Date of Event:	21.06.2019
Topic:	Demonstration on Yoga
Event Category:	Extension activity
Level: Department	No of Participants: 100 Staff: 20 Students: 80
Judges/Guest (with Designation)	Ms.Uma Bharathi, Yoga professional from Muscat

Brief Report:

International Yoga Day was celebrated by the Department of English on 21 June 2019. Ms.Uma Bharathi, Yoga professional from Muscat demonstrated simple asanas for everyday practice. About 80 students and 20 faculty of the Department took part in the event performing the postures taught.

**Demostration on Yoga,
21.06.2019**





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Department:	English
Date of Event:	14.12.2019
Topic:	Project Happiness - Christmas Celebration at MCJ School for the Hearing Impaired
Event Category:	Outreach programme
Level: Department	No. of Participants: 15 Staff: 3 Students: 12
Judges/Guest (with Designation)	—

Brief Report:

Student volunteers dressed as santa and a 'story of santa' skit was performed with dance and chocolates were distributed on 14.12.2019 at MCJ School for the Hearing Impaired.

Programme- Christmas celebration

Date - 14/12/2019





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Department:	English
Date of Event:	22.10.2019
Topic:	Project Happiness - Diwali Celebration at MCJ School for the Hearing Impaired
Event Category:	Outreach Programme
Level: Department	No. of Participants: 15 Staff: 3 Students: 12
Judges/Guest (with Designation)	—

Brief Report:

School Students performed during Diwali celebrations organised by the students of the Department of English on 22.10.2019. A skit was performed by the department students on how to burst crackers safely during diwali.

Programme- Diwali celebration

Date - 22/10/2019





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Department:	English
Date of Event:	24.11.2019
Topic:	Swachh Bharat – World Heritage Week Celebrations - Cleaning up of St. Fort George as community service
Event Category:	Outreach Programme
Level: Department	No. of Participants: 35 Staff: 5 Students: 30
Judges/Guest (with Designation)	—

Brief Report:

Students and Faculty of the Department were engaged in a heritage clean up drive in association with the Archaeological Survey of India at Fort St. George on 24 November 2019.



Cleaning up St. Fort George as community service, 24/11/2019



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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Chennai - 600040, Tamil Nadu.

Department:	Tourism And Travel Management
Date of Event:	20 June 2019
Topic:	International Yoga Day Celebration – Festival of Well Being
Event Category:	Extension Activity
Level: College	No of Participants: 160 Staff: 10 Students: 150
Judges/Guest (with Designation)	Yoga Gurus from Isha Yoga Foundation

Brief Report:

The Ministry of Tourism, Government of India under the initiative and direction of the Hon'ble Prime Minister of India celebrated the 'International Day of Yoga 2019' as the 'Festival of Well Being'. As part of this India tourism, Chennai organized yoga sessions by yoga gurus from Isha Yoga Foundation at various places in Tamil Nadu. In this connection, a yoga session was organized by India tourism in collaboration with Isha Yoga Foundation on 20 June 2019 for the students of Tourism and Travel Management, Anna Adarsh College for Women and 150 students participated.

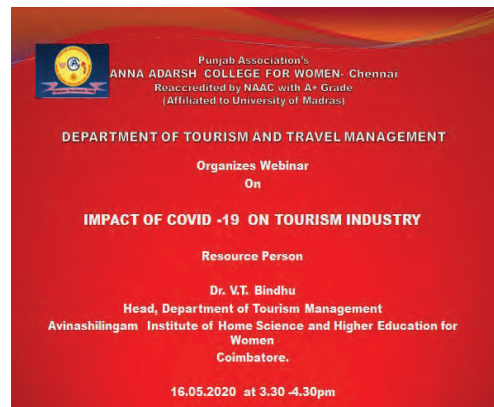




Punjab Association's
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Chennai - 600040, Tamil Nadu.

Department:	Tourism and Travel Management
Date of Event:	16.05.2020
Topic:	Impact of COVID-19 on Tourism Industry
Event Category:	Webinar
Level: Inter department	No. of participants: 99 Staff: 7 Students: 92
Judges/Guest (with Designation)	Dr. V.T. Bindhu Head, Department of Tourism Management Avinashilingam Institute of Home Science and Higher Education for Women Coimbatore

Brief Report:



The Department of Tourism and Travel Management and IQAC organized the Webinar on Impact of COVID-19 on Tourism Industry on 16 May 2020. This webinar is designed to provide knowledge about the impact of COVID-19 on the Tourism Industry. The ongoing pandemic, travel restrictions, and the country wide lockdown have brought the entire tourism industry to a standstill, the rapid spread of coronavirus has halted domestic and trade activities, and disrupted routine activities of many nations bringing their economies to a halt. She highlighted the impact of COVID-19 on the Tourism Industry at world level and in India. She explained the psychology of the tourists and how to develop the challenging task of a common safety and sanitation standard for hosting and serving its customers. Participants were students from arts, science and commerce of Anna Adarsh College for Women.



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Department:	Tourism & Travel Management
Date of Event:	16.08.2019
Topic:	Planting Tree Saplings in the Government Girls Higher Secondary School, Aminjikai
Event Category:	Extension Activity
Level: Department	No. of Participants: 10 Staff: 3 Students: 7
Judges/Guest (with Designation)	---

Brief Report:

As part of the extension activities, the Department of Tourism & Travel Management organized an event for Planting Tree Saplings in the Government Girls Higher Secondary School, Aminjikai, Chennai in collaboration with the Be Positive Training Academy on 16 August 2019.



**Tree plantation drive in Govt Girls Hr. Sec. School,
Aminjikai, 16.08.2019**



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Chennai - 600040, Tamil Nadu.

Department:	Department of Tourism & Travel Management
Date of Event:	12.12.2019
Topic:	'Adopt a Book Scheme' at Madras Literary Society Library, Egmore
Event Category:	Community Service
Level: Department	No. of Participants: 35 Staff: 2 Students: 33
Judges/Guest (with Designation)	---

Brief Report:

The Department of Tourism and Travel Management visited Madras Literary Society at Egmore on 12th December 2019 for the programme, "To Adopt a Book Scheme" students from M.A. Tourism and Travel Management and 2 faculty have adopted the Journal of Madras Literary Society for restoration. The department was part of Adopt A Book Scheme of Madras Literary Society Library and contributed towards refurbishing a book as a part of Community Service.



'Adopt a Book Scheme' at Madras Literary Society Library, Egmore, 12.12.2019



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Chennai - 600040, Tamil Nadu.

Department:	Public Administration
Date of Event:	17.08.2019
Topic:	Donation of stationery to Garden of Peace School, Vellore
Event Category:	Extension Activity
Level: Department	No. of Participants: 52 Staff: 5 Students: 47
Judges/Guest (with Designation)	Dr.Manivannan, Founder, Garden of Peace School, Kurumbupalayam, Vellore

Brief Report:

The students of the Post Graduate and Research Department of Public Administration donated stationery items to children of Garden of Peace School, Kurumbupalayam Village, Vellore. The Co-founder of the School, Dr.R.Manivannan was present and received the kind donations of the students.

**Donation of Stationery to school Children of Garden of Peace School
Kurumbupalayam Village, Vellore District, 17.08.2019**

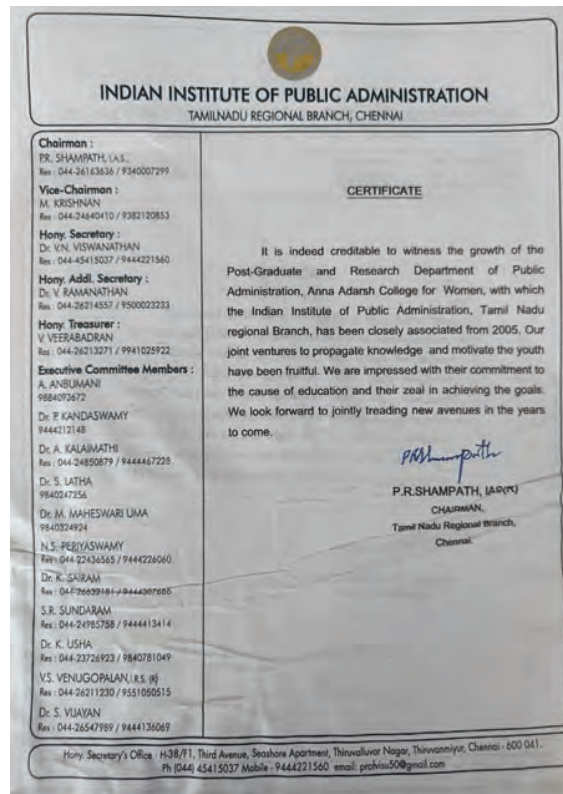




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Chennai - 600040, Tamil Nadu.

Department:	Public Administration
Date of Event:	31.10.2019
Topic:	Celebration of National Unity Day
Event Category:	Student Awareness
Level: College	No. of Participants: 59 Staff: 12 Students: 47
Judges/Guest (with Designation)	Thiru.S.S.Jawahar, I.A.S. (Retd.), Hony. Secretary, Indian Institute of Public Administration, Tamil Nadu Regional Branch

Brief Report:



In honour of the 144th Birthday of Sardar Vallabhbhai Patel, the former Deputy Prime Minister, the National Unity Day, as envisaged by the Government of India was celebrated at Anna Adarsh College for Women, Chennai on 31.10.2019. Dr. Jayashree Ghosh, Principal, AACW presided over and highlighted the contributions of Sardar Vallabhbhai Patel in securing a United India in its formative years and why he richly deserved the title Iron Man of India.



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Dr.K.Usha, Head, PG and Research Department of Public Administration and newly elected Hony.Additional Secretary, IIPA, TNRB welcomed the gathering. Thiru.S.S.Jawahar, I.A.S. (Retd.), Hony. Secretary, IIPA, TNRB, in his Special Address, mentioned the challenges in the integration of 565 Princely States into the Union of India in such a short span of time and at a critical time. He explained the significance of Unity at the international, national and individual levels. Also, he explained how de-globalization has led to unilateralism in the international arena and the concept of Unity in Diversity is affected by narrow views expressed from different quarters in the country. He also elaborated upon Hon'ble Prime Minister's call for integrity as a way of life. With a vote of thanks the meeting came to an end.



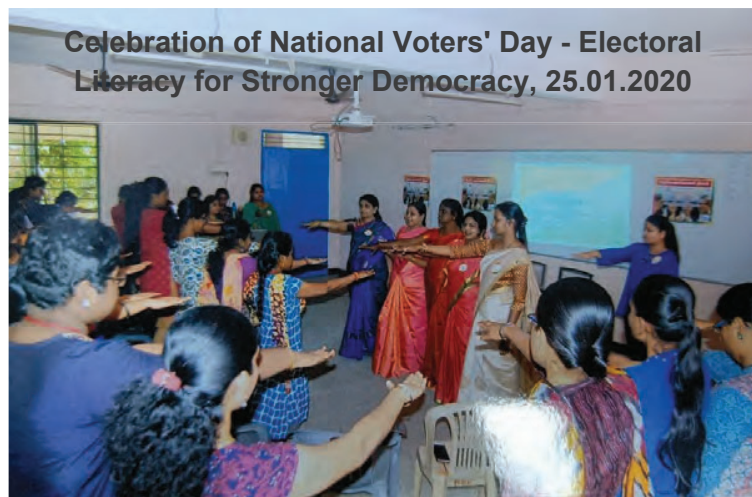


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Chennai - 600040, Tamil Nadu.

Department:	Public Administration
Date of Event:	25.01.2020
Topic:	National Voters' Day - Electoral Literacy for Stronger Democracy
Event Category:	Student Awareness Programme
Level: Department	No. of participants: 52 Staff: 6 Students: 46
Judges/Guest (with Designation)	Dr.M.Uma Maheswari, Professor, Department of Politics and Public Administration, University of Madras

Brief Report:

The Post-Graduate and Research Department of Public Administration, Anna Adarsh College for Women, celebrated National Voters' Day on 25/01/2020. Principal Dr. Jayashree Ghosh gave the welcome address. The Chief Guest Dr. M. Uma Maheswari, Professor, Department of Politics and Public Administration, University of Madras, delivered the speech on the theme "Electoral Literacy for Stronger Democracy". The awareness was created among the Faculty and Students about the significance of Women Suffrage for Social Empowerment. The students were insisted to do research in this area. The officials of Zone-8, Chennai Corporation also participated in the programme.





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Chennai - 600040, Tamil Nadu.

Department:	Public Administration
Date of Event:	01.02.2020
Topic:	Policing and Social Media
Event Category:	Seminar
Level: Department	No. of participants: 261 Staff: 10 Students: 251
Judges/Guest (with Designation)	Thiru P.Kandaswamy Additional Director General of Police (Administration) Chennai Thiru.P.R.Shampath I.A.S. (Retd.), Chairman, Indian Institute of Public Administration, Tamil Nadu Regional Branch Thiru S.S.Jawahar I.A.S (Retd.), Hony. Secretary, Indian Institute of Public Administration, Tamil Nadu Regional Branch

Brief Report:

PUNJAB ASSOCIATION'S
ANNA ADARSH COLLEGE FOR WOMEN
Affiliated to University of Madras
Recognized by NAAC with 'A' Grade

POST GRADUATE AND RESEARCH DEPARTMENT OF PUBLIC ADMINISTRATION
in collaboration with
Indian Institute of Public Administration
Tamil Nadu Regional Branch, Chennai

Cordially invite you to a Seminar on
"POLICING AND SOCIAL MEDIA"
on Saturday, the 1st February, 2020 at 10.30 am
at
Paramadevi Goyal Auditorium, Anna Adarsh College for Women,
Anna Nagar, Chennai - 600 040.

Thiru. P.Kandaswamy, I.P.S.
Additional Director General of Police (Administration) Chennai
will deliver the Key-Note Address

Thiru. Sanjay Pinto
Advocate - Madras High Court
Columnist, Author, Former Resident Editor - NDTV 24x7
will deliver the Special Address

&
Thiru. P.R. Shampath, I.A.S., (Retd.)
Chairman, IIPA, Tamil Nadu Regional Branch
will preside over the seminar.

Thiru.V.S.Venugopal (I.R.S., (Retd.)
Vice Chairman, IIPA, TNRS
Dr.K.Usha
Hony. Asst. Secretary, IIPA, TNRS

Thiru.S.S.Jawahar, I.A.S., (Retd.)
Hony. Secretary, IIPA, TNRS
Dr.V.Ramanathan
Hony. Treasurer, IIPA, TNRS

PROGRAMME

INVOCATION

WELCOME ADDRESS Dr. Jayashree Ghosh
Principal, Anna Adarsh College for Women,
Anna Nagar, Chennai - 40

PRESIDENTIAL ADDRESS Thiru.P.R.Shampath, I.A.S., (Retd.)
Chairman, IIPA,
Tamil Nadu Regional Branch

KEY NOTE ADDRESS Thiru P. Kandaswamy, I.P.S.
Additional Director General of Police (Admin)
Chennai

SPECIAL ADDRESS Thiru Sanjay Pinto
Advocate - Madras High Court,
Columnist, Author,
Former Resident Editor - NDTV 24x7

ORATORICAL COMPETITION Inter Collegiate level

FLOOR DISCUSSION

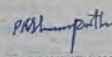
VOTE OF THANKS Dr. K. Usha
Associate Professor & Head,
PG & Research
Dept. of Public Administration,
Anna Adarsh College for Women,
Anna Nagar, Chennai - 40

NATIONAL ANTHEM

LUNCH 1.00 pm



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(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

INDIAN INSTITUTE OF PUBLIC ADMINISTRATION TAMILNADU REGIONAL BRANCH, CHENNAI	
Chairman : P.R. SHAMPATH, I.A.S. Res : 044-26163636 / 9340007299	CERTIFICATE It is indeed creditable to witness the growth of the Post-Graduate and Research Department of Public Administration, Anna Adarsh College for Women, with which the Indian Institute of Public Administration, Tamil Nadu regional Branch, has been closely associated from 2005. Our joint ventures to propagate knowledge and motivate the youth have been fruitful. We are impressed with their commitment to the cause of education and their zeal in achieving the goals. We look forward to jointly treading new avenues in the years to come.  P.R.SHAMPATH, I.A.S.(R) CHAIRMAN, Tamil Nadu Regional Branch, Chennai.
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Dr. S. VIJAYAN Res : 044-26547889 / 9444136089	
<small>Hony. Secretary's Office : H38/71, Third Avenue, Seashore Apartment, Thiruvalluvar Nagar, Thiruvananthapuram, Chennai - 600 041. Ph (044) 4541 5037 Mobile - 9444221560 email: prolviv508@gmail.com</small>	

The Post Graduate & Research Department of Public Administration in collaboration with the Indian Institute of Public Administration, Tamil Nadu Regional Branch, organized a Seminar on the topic, "Policing and Social Media" on 1st February, 2020. Dr. Jayashree Ghosh, Principal of the College delivered the Welcome Address. Thiru. P. R. Shampath I.A.S. (Retd.), Chairman, IIPA, TNRB, in his Presidential Address emphasized on how social media is abused in different ways, especially the popularity gained by fake news in social media. Thiru P. Kandaswamy, Additional Director General of Police (Administration), Chennai, in his KeyNote Address highlighted the social media acting as a pure business model where the data given is misused and on various threats to privacy in the cyber platform. The role played by Hackathon which is a government initiative to solve social media crimes was also emphasized by the Guest Speaker. Thiru S. S. Jawahar I.A.S (Retd.), Hony. Secretary, IIPA, TNRB spoke on the precautionary measures to be taken while using Social Media. Following the floor discussion, an Oratorical Competition was conducted on the Seminar topic. Ms. Rakshikha P. from Madras Christian College secured the First Place. The Second Prize was bagged by Ms. Bhawna Kushwaha from Anna Adarsh College for Women. Mr. T. Nandhakumar from Presidency College received the Third Prize. Thiru. V. S. Venugopal I.R.S., (Retd.), Vice Chairman IIPA, TNRB, Thiru. S. S. Jawahar, I.A.S., (Retd.) Hony. Secretary, IIPA, TNRB and Thiru T. Ramanathan I.A.S. (Retd.), Member, IIPA, TNRB were the judges for the competition. Dr. K. Usha, Associate Professor and Head, PG and Research Department of Public Administration and Honorary Additional Secretary, IIPA, TNRB, proposed the Vote of Thanks.



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Outcome: Students were made aware of the threats involved in using social media and safety measures to be adopted in the cyber platform. Students were motivated to take up projects on the seminar topic.





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Department :	Post Graduate and Research Department of Commerce
Date of Event :	16th July, 2019
Topic :	Cyber Safety - Issues and Challenges faced by Millennials
Event category :	Seminar
Level: Department	No. of Participants:153 Staff: 8 Students: 145
Judges / Guest:	Mr.Karthigeyan, Advocate Mr.V. Rajendran, Chairman, Digital Security Association of India Ms.Prathyusha Venkatesh, Trustee, Digital Security Association of India

Brief Report:

A seminar on “Cyber Safety- Issues and Challenges faced by millennials” was organized on 16th July 2019. Mr. Karthigeyan, Advocate, Patent, Trademark and Cyber law delivered the keynote address. He highlighted the safety measures to be adopted while using the smart mobile phones. The next session was conducted by Mr.V.Rajendran, Chairman, Digital Security Association of India who elaborately discussed the frauds identified in the digital world through various practical cyber case laws. Ms.Prathyusha Venkatesh, Trustee, Digital Security Association of India enumerated about the impact of social media and its influence on student young minds along with the do’s and don’ts while using smart mobile phones.



16/07/2019-Seminar on
"Cyber Safety-Issues"



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Department:	Post Graduate And Research Department Of Commerce
Date of Event:	03.02.2020
Topic:	Guest Lecture on Environmental Management System
Event Category:	Webinar
Level: Department	No. of participants: 50 Staff: 10 Students 40
Judges/Guest (with Designation)	Mr. Chandra Mohan, Deputy General Manager, Delphi TVS

Brief Report:


PG & Research department of Commerce organised a webinar on the topic “ Environmental Management system”. The program was held on 03.02.2020. The speaker of the day Mr. Chandra Mohan, Deputy General Manager, Delphi TVS; enlightened the students about the importance of environmental management in the workplace.



3.2.2020 - Guest Lecture on Environmental Management System



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Department:	B.Com General Shift 2
Date of Event:	12.7.2019
Topic:	"Paper presentation on topic – Chennai water scarcity is self-inflicted ”
Event Category:	Environment Awareness programme
Level: College	No. of participants: 20 Staff: – Students: 10
Judges/Guest (with Designation)	—
<p>Brief Report: An Environment awareness programme was conducted by the Department of Commerce General shift 2, for all 3 years. The students presented their ppt on the Environment awareness concepts and the best paper presentation was awarded. The students came to know about the need of saving the Earth from pollution in all ways.</p> 	

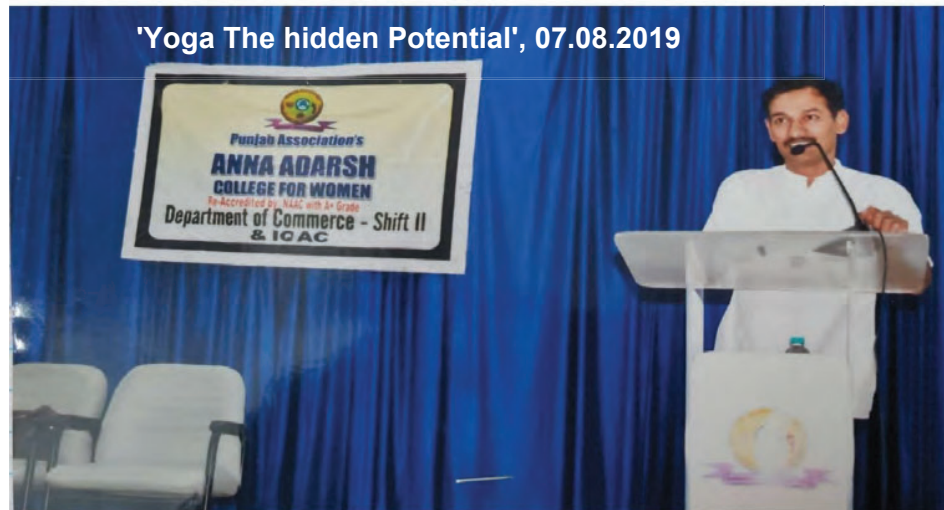


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Department:	B.Com General Shift II
Date of Event:	07 August 2019
Topic:	Yoga - The hidden Potential
Event Category:	Value added programme
Level: College	No. of participants: 329 Staff: 9 Students: 320
Judges/Guest (with Designation)	Mr.G.Soundarajan, Sathyanda Yoga Tradition

Brief report:

Mr.G.Soundrajan (yoga circle) explained about the need for a healthy mind and physique. He also spoke about the importance of yoga and gave a demo for effective meditation. A short deviation of training for possessing a healthy mind was instructed.





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Department:	B.Com General Shift II
Date of Event:	7.8.2019
Topic:	Awareness Programme for Women
Event Category:	Gender Sensitization
Level: College	No. of participants: 329 Staff: 9 Students: 320
Judges/Guest (with Designation)	Dr.S.Sangeetha, Assistant Professor, Pachaiyappa's College, Chennai

Brief report:

Dr.S.Sangeetha spoke about the need of awareness for women in all areas and improvement in literacy rate in the rural areas for Girl child.

Empowering women and raising awareness of women rights and improving the Girl child education. To Fight for ensuring equal economic opportunities, educational equality and to end gender based violence.





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Department:	Commerce General and Accounting and Finance Shift II
Date of Event:	22-01-2020
Topic:	Outreach Programme to Arunodayam Home for Mentally Challenged, Destitute People, Kolathur, Chennai
Event Category:	Outreach Programme
Level: Local	No. of participants: 12 Staff: 2 Students: 10
Judges/Guest (with Designation)	--

Brief Report:

An outreach programme was conducted on 25-11-2021. 10 Students and 2 Faculty members visited Arunodayam Charitable Trust, Kolathur. Sri Arunodayam Trust shelters 50 mentally challenged destitute children aging from 3 months to 18 years. These Children were provided with provisions, groceries and eatables by our Department students. This visit inculcated the habit of joy of giving back to society.

**Outreach Programme to Arunodayam, Home for
mentally challenged destitute People, Kolathur, Chennai,
22.01.2020**





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Department:	Corporate Secretaryship Shift I
Date of Event:	24 th August 2019
Topic:	Different Avenues of Investment in the Current Scenario through Laughing Yoga
Event Category:	Seminar
Level: College	No. of participants: 120 Staff:15 Students: 105
Judges/Guest (with Designation)	Mr.S.Sampath, Director at Bright Choice Investment Shoppe Pvt. Ltd.

Brief Report:

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A1, 2nd Street , 9th Main Road, Anna Nagar, Chennai -40.
DEPARTMENT OF CORPORATE SECRETARYSHIP
(Shift - I)
CORDIALLY INVITES YOU FOR A SEMINAR
On
DIFFERENT AVENUES OF INVESTMENT IN THE
CURRENT SCENARIO THROUGH LAUGHING YOGA
Chief Guest :- **Mr.S. Sampath**
Director at Bright Choice
Investment Shoppe Pvt. Ltd.
DATE :- 24th AUG 2019
TIME :- 11:00 A.M
Dr.P. Radhika
Head Of The
Department
Dr. Jayashree Ghosh
Principal

The Department of Corporate Secretaryship conducted a program on “Different Avenues of



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Investment in the Current Scenario” on 24th August 2019. Mr.S.Sampath, Director at Bright choice Investment Shoppe Pvt Ltd and well known laughter yoga trainer famously known as Sirippananda. Mr.Sampath addressed the student audience about various avenues of investments and the returns on such investments. The concept of mutual funds was explained in layman language. He was of the opinion that mutual funds are the best type of investment. He explained SIP-Systematic Investment Plan greatly benefits the young investors as direct investment in equity markets is risky. As Mr.Sampath is a leading Laughing Yoga expert, he taught various laughter yoga in between the academic sessions thereby making it enjoyable for our young student audience. He also explained that laughing yoga paves way for stress free and healthy life. He advised students to do their duty and work with happiness.



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Department:	Corporate Secretaryship Shift I
Date of Event:	31.07.2019
Topic:	Outreach Programme to St.Joseph's Girls Higher Secondary School
Event Category:	Outreach Programme
Level: Department	No. of Participants: 9 Staff: 1 Students: 8
Judges/Guest (with Designation)	—

Brief Report:

On 31st July, 2019, the Outreach team of the department visited St.Joseph's Girls Hr. Sec. School and conducted an awareness programme on Water Scarcity. This programme aimed to emphasize the causes and effects of water scarcity and the alternatives available. This was explained through Powerpoint presentations and videos relating to the same were also screened. The school students enthusiastically participated and were very receptive. Around 200 students from Grade IX participated and questions were asked based on the visuals and prizes were distributed to the students who gave correct answers. Tree saplings were presented to sensitize on pollution free environment.





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THE CORPSTARS OFFERED SAPLINGS TO 'ST. JOSEPH'S GIRLS HR. SEC. SCHOOL', SHARING THEIR RESPONSIBILITY TOWARDS A POLLUTION FREE ENVIRONMENT.



THE SAPLINGS WERE PLANTED WITHIN THE SCHOOL PREMISES.



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Department:	Corporate Secretaryship Shift I
Date of Event:	18.08.2019
Topic:	Outreach programme to Adyar Cancer Institute
Event Category:	Outreach programme
Level: Department	No. of Participants: 6 Staff: 1 Students: 5
Judges/Guest (with Designation)	—

Brief Report:

On 18.08.2019 (Rakshabandhan Day), the corp stars of the department visited Adyar Cancer Institute. The students expressed their love to the employees of the Cancer Institute by tying the rakhi. As an act of benevolence, Rs.5000 was donated for the betterment of the cancer affected children. The children were very happy after receiving the rakhis. A small kit of daily essentials were distributed among the young patients. On behalf of the Cancer Institute, the Corp stars were gifted with mementoes as a token of love and gratitude. The children were happy and excited on receiving cartoon bands and masks.





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Department:	Corporate Secretaryship Shift I
Date of Event:	17.10.2019
Topic:	Outreach Programme to Anandam, Old Age Home
Event Category:	Outreach programme
Level: Department	No. of Participants: 11 Staff: 1 Students: 10
Judges/Guest (with Designation)	—

Brief Report:

On October 17, 2019, the Corp Stars visited Anandam, Free Old Age Home for Senior Citizens at Ambattur. As an act of benevolence, Rs.5000 was donated for providing lunch to the inmates. The Corp stars spent quality time with the Senior Citizens and received their blessings. The authorities explained about the functioning of the Home. The Corp stars visited the library and other facilities offered to the inmates were explained to them.





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Department:	Corporate Secretaryship Shift I
Date of Event:	16.12.2019
Topic:	Community Service at Ajay Higher Secondary School for Hearing Impaired
Event Category:	Outreach programme
Level: Department	No. of Participants: 12 Staff: 1 Students: 11
Judges/Guest (with Designation)	—

Brief Report:

The Corp Stars of the department visited Ajay Higher Secondary School for Hearing Impaired on 16.12.2019. The Corp stars organized various activities in the school wherein the school students participated with great zeal. Stationery kits were donated to the school children by the outreach team.





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Department:	Corporate Secretaryship – Shift II
Date of Event:	04.01.2020
Topic:	Visit to Blue Cross - Contribution of pet foods
Event Category:	Outreach programme
Level: Department	No. of Participants: 8 Staff: 2 Students: 6
Judges/Guest (with Designation)	---

Brief Report:

The Department of Corporate Secretaryship Shift-II had visited the Blue Cross India on 04.01.2020, as every year, to donate the pet food. Under the guidance of Dr.G.Revathi and Mrs.Priya, the students were taken to the Blue Cross to donate food for the pets. Blue cross of India greatly appreciated the effect.





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Department:	B.Com (Honours)
Date of Event:	19/7/2019
Topic:	Cyber Crime
Event Category:	Awareness Programme
Level: College	No. of Participants: 104 Staff: 5 Students: 96
Judges/Guest (with Designation)	Mr.Arun JS Infosec Consultants at Ernst & Young LLP Mr.Muralidharan Krishna Prasad, Infosec Consultants at Ernst & Young LLP



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Brief Report:

A cyber crime is a crime committed with an electronic device and the motto behind this type of crime can be monetary personal vengeance to cause reputational damage or just for fun. All it takes is a click to get hacked. Malware is an attack vector that acts as a malicious software in a computer. The different types of cyber crime are as follows :

- Identify theft
- Social engineering
- Phishing
- Vishing.

Different types of hackers are white hat, black hat and hactivist. The session included how to figure if a card no. is genuine with the help of luhn algorithm and the golden rules of awareness.



Awareness programme on Cyber Crime,



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Department:	B.Com (Honours)
Date of Event:	31-08-2019
Topic:	Go Green Ganesha - An Eco-Friendly Initiative
Event Category:	Skill Based Activity
Level: Department	No. of Participants: 185 Staff: 5 Students: 180
Judges/Guest (with Designation)	---

Brief Report:

Go green Ganesha is a fight against the use of hard harmful plaster of Paris Ganesha idols. The ideology is to save marine life and the environment meant by adopting eco-friendly materials to make Ganesha idols. GO GREEN Ganesha Idols are an alternative to the harmful Plaster of Paris Ganesha idols which are widely used during the Ganesha festival. This is an initiative after the guidelines issued by the Central Pollution Control Board regarding the 'visarjan' (immersion) of Plaster of Paris idols in water bodies during the 'Ganesh Chaturthi' festival, there is a shift towards the merit in choosing an eco-friendly option. As an initiative for this wonderful purpose we the people of Anna Adarsh College for Women conducted a competition "Go Green Ganesha -An Eco Friendly Initiative." This Idol making competition provided an opportunity for participants to use their creative skills in working with recyclable and reusable materials. Through this competition, there were various messages conveyed to the participants such as using clay or any other eco-friendly material for 'GANESHA' idol is less polluting and closer to nature and understanding towards the utility of having smaller idols are preferable as it uses less resources and creates less pollution overall. While the participants enjoyed the process of creating their own Ganesh Idol, they took back the message of celebrating 'Ganesh Chaturthi' festival in the best eco-friendly way by choosing eco-friendly materials over Plaster of Paris



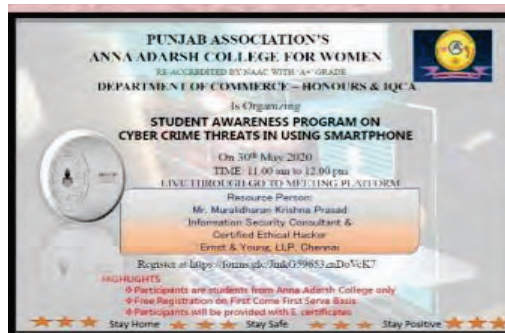
**Skill Based Program on Eco-Friendly
Go Green Ganesha, 31.08.2019**



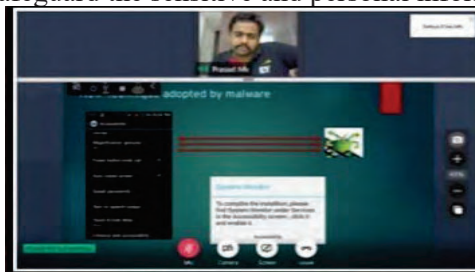
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Department:	B.Com (Honours)
Date of Event:	30 May 2020
Topic:	Cyber Crime Threats in using Smart Phones
Event Category:	Student Awareness Programme
Level: College	No. of Participants: 83 Staff: 5 Students: 78
Judges/Guest (with Designation)	Mr.Muralidharan Krishna Prasad, Information Security Consultant & Certified Ethical Hacker, Ernst &Young - LLP, Chennai.

Brief Report:



A Students Awareness Programme on 'Cyber Threats in Using Smart Phones' on 30.05.2020. Mr.M.K.Prasad, Ernst and Young, LLP, Chennai was the Guest Speaker. The session provided the overview of threats, vulnerabilities and risks related to smartphones and mobile applications. The session was very useful to students to develop awareness on secure usage of smart phones in their daily lives and to safeguard the sensitive and personal information in the digital world.





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Department:	Physics
Date of Event:	12.07.2019
Topic:	Gender Sensitization and Students Sustenance Programme
Event Category:	Gender Sensitization
Level: College	No. of Participants: 56 Staff: 6 Students: 50
Judges/Guest (with Designation)	Dr.Srithika Learning Specialist, Congnizant Technology Solutions

Brief Report:

The Department of Physics and IQAC together presented a sustenance and development programme for students on 12.7.19 turned out to be an inspiring programme. Dr.Srithika, a learning specialist in Cognizant Technology solutions gave an inspiring and motivational talk. She made everyone realize more about oneself for training one's mind to achieve their goals. She interacted and gave activities to the students by answering questions like, who they are, what are their likes and dislikes, what they will be after 5 years. Awareness was given to the addiction of electronic gadgets. From her speech every learnt to gain insight on their self –understanding and self- development The sustenance and development programme made the students to realise about themselves first and in turn to set their mind to fix up goal to achieve it which depends upon their inner talent and ability. The students were also taught to pave a path to success in their own unique ways and means.



Gender Sensitization and Student sustenance Programme,



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Department:	Home Science-NFSM&D
Date of Event:	08-01-2020
Topic:	Community Outreach Programme at Hanumanthai, Anjur, Kunnavakkam villages, Chengalpattu taluk
Event Category:	Community Out-reach Programme
Level: Department	No. of Participants: 103 Staff: 4 Students: 99
Judges/Guest (with Designation)	No Judge/Guest

Brief Report:

The department of Home Science has conducted a community out-reach programme on 08-01-2020, to create awareness about food and nutrition concepts among the community, in Hanumanthai, Anjur, Kunnavakkam villages, Chengalpattu taluk in collaboration with World Vision India. Students carried out various activities like Nutritional assessment for pre-school children, diet counseling and nutrition education for pregnant, lactating women and their family, in Anganwadi centers (ICDS). The department also conducted a nutrition exhibition to inculcate knowledge about common diseases, nutrition and food related problems. The students gained awareness about the use of anthropometry assessment equipment like Salter weighing scales, stadiometers etc and also about the various government schemes for pre-school children, adolescents, pregnant and lactating mothers in the Anganwadis. In turn, the community gets knowledge about the various deficiency diseases, its prevention and management by the education imparted by the students.



**Community Outreach Programme at Hanumanthai,
Anjur Kunnavakkam villages Chengalpattu taluk**



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Department:	Department of Home Science-N&D
Date of Event:	29/05/2020 and 30/05/2020
Topic:	National Nutrition Quiz 2020: Quizomania -A task for The Mind Martians
Event Category:	Extension Activity
Level: National	No. of Participants: 202 Staff: 2 Students: 200
Judges/Guest (with Designation)	No Judge/Guest

Brief Report:



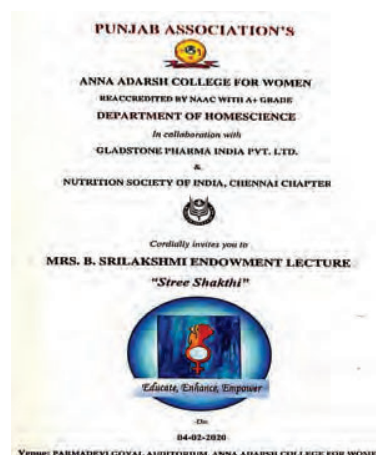
The quiz was a lockdown initiative to keep the young minds of students all over the nation active. The quiz was designed using google forms with 25 questions on nutrition. It aimed at improving the nutritional knowledge of students. E-certificates were issued as a mark of appreciation to students who participated in the quiz.



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Department:	Home Science - NFSM&D
Date of Event:	04-02-2020
Topic:	“Stree Shakthi” - Lifestyle Modifications for a Healthier You”
Event Category:	International Seminar
Level: International	No. of participants: 303 Staff: 20 Students: 283
Judges/Guest (with Designation)	Dr.Padmini Balagopal, Registered Dietitian, Certified Dietitian Nutritionist, Certified Diabetes Educator & International Board Certified Lactation Consultant, Philadelphia, USA Dr.P.R Sowmini, Neurologist and Associate Professor of Neurology, Stanley Medical College Rtn.Dr.Mrs.Renuka Ramakrishnan, Senior Consultant Dermatologist, Prasanth Clinic & Hande Hospital

Brief Report:



An International Seminar On “Stree Shakthi” - “Lifestyle Modifications For A Healthier You”



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was organised on 04-02-2020 as part of Mrs.B.Srilakshmi Endowment Lecture. The programme was conducted to imbibe the concepts of Nutrition and Health with respect to physical, mental and social well-being of women to the society at large. Gladstone pharma India Pvt. Ltd. offered its support for the programme by arranging eminent speakers, sponsoring the banners for the programme and also sponsoring the awards for the students who designed the top three logos for the event. The winning logo was used on the invite as well as the banner for the event. Faculty and students gained knowledge about self-care during pregnancy for an epileptic mother, beauty tips for healthy hair and skin.

**International Seminar on “Stree Shakthi” -
Lifestyle Modifications for a Healthier You”**





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Department	Department of Computer Science-Shift I
Date of Event	20.07.2019
Topic	Community Service at Amritapaanam - Arvind's Cafe
Event Category	Community Service
Level : Department	No. of Participants: 22 Staff: 2 Students: 20
Judges/Guest: (with Designation)	----

Brief Report:

The final and second year Students of B.Sc Computer science Anna Adarsh College For Women visited the Aravind Foundations on July 20, 2019 with 2 faculties and 20 students. The Children of that home sold a variety of food, cool and hot beverages. The students helped them to sell their food at this event. Students and faculty members of the department of computer science enjoyed the day with the children. Students helped the children of the home to sell the food and cold and hot beverages.

**Community Service at Arvind's Café -
Amritapaanam 20 07 2019**





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Department:	Computer Science Shift I
Date of Event:	25.08.2019
Topic:	Community Service at Aravindaalayam
Event Category:	Outreach Programme
Level: Department	No. of Participants: 20 Staff: 4 Students: 16
Judges/Guest (with Designation)	---

Brief Report:

UG final year students of the department visited the Arvind Foundation on 25.08.2019 with 16 students and 4 faculty and celebrated Annual Day. Students helped the children in using the properties for annual day celebration. Students and faculty members of the department of computer science enjoyed the day with the children.



**Community Service at
Aravindaalayam, 25.08.2019**



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Department	Department of Computer Science-Shift I
Date of Event	20.12.2019
Topic	Christmas Celebration at Aravindaalayam
Event Category	Community Service
Level : Department	No. of Participants: 22 Staff: 6 Students:16
Judges/Guest: (with Designation)	—

Brief Report:

The final year Students of B.Sc Computer science, Anna Adarsh College For Women, visited the Aravind Foundations on December 20, 2019 with 6 faculties and 16 students and celebrated Christmas. The department of Computer Science Students joined the prayer with Aravindaalayam children. Students cheered up the children for their Christmas Celebration. Students and faculty members of the department of computer science celebrated Christmas with the children.





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Chennai - 600040, Tamil Nadu.

Department:	Computer Science
Date of Event:	25/4/2020 to 27/4/2020
Topic:	Student Awareness programme on Covid -19
Event Category:	Student Awareness programme
Level: Intra Department	No. of Participants: 53 Staff: 10 Students: 43
Judges/Guest (with Designation)	---

Brief Report:

Undergraduate and Postgraduate students of the Department of Computer Science created Awareness Posters and videos.

The students were made aware of the Covid 19 protocols to be followed.





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department	Department of Computer Science-Shift I
Date of Event	23.02.2020
Topic	Sports Day at Aravind Foundation
Event Category	Community Service
Level : Department	No. of Participants: 17 Staff: 2 Students:15
Judges/Guest: (with Designation)	----

Brief Report:

The final year Students of B.Sc Computer science, Anna Adarsh College For Women, visited the Aravind Foundations on February 23, 2020 with 2 faculties and 15 students and celebrated Sports day with them.

Students helped the children in celebrating their Sports Day. Also volunteered in conducting events and prize distributions.

Students and faculty members of the department of computer science enjoyed the day with the children.

Sports Day at Aravind Foundation, 23.02.2020





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department	Department of Computer Science-Shift II
Date of Event	06 July 2019
Topic:	Water Conservation
Event Category	Awareness programme
Level :	No. of Participants: 61 Staff: 11 Students: 50
Judges/Guest: (with Designation)	—

Brief Report:

The second year Students of B.Sc Computer Science, Shift II, Anna Adarsh College for Women, along with the faculty members organized an Awareness Programme on Water Conservation. It was a student initiative programme. Both the faculty members and the students were clad in blue to symbolize Water Conservation. Posters and Slogan charts were also prepared to insist on Water Conservation.





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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Chennai - 600040, Tamil Nadu.

Department:	Computer Science Shift II
Date of Event:	27.7.2019
Topic:	Women's Health Issues
Event Category:	Student Awareness Programme
Level: Department	No. of Participants:102 Staff: 7 Students: 95
Judges/Guest (with Designation)	Dr.Chitra.G, MBBS, DGO, M.D (OG), FRM, Medical Director, Swathy Fertility Clinic Ambattur OT, Chennai-53

Brief Report:

The Department has organized an awareness programme on "Women's Health" on 27th July, 2019 at the Common Room. Dr.Chitra.G, MBBS, DGO, M.D(OG), FRM, Medical Director, Swathy Fertility Clinic, Ambattur, was the keynote speaker and addressed the final year students of III B.Sc (CS), Shift II. She has enlightened the students on Healthy Living and Ideal practices for prevention of diseases, PCOD, Menstrual Disorders, Menstrual Hygiene and many other related issues.

**Student Awareness Programme
"Women's Health Issues", 27.07.2019**





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department	Department of Computer Science-Shift II
Date of Event	22 August 2019
Topic	Yoga
Event Category	Value Based Programme
Level: Department	No. of Participants: 41 Staff: 11 Students: 30
Judges/Guest: (with Designation)	Ms.Sumathi Ranganathan, SKY Professor, The world Community center

Brief Report:

The students of various classes of B.Sc Computer Science, Shift II, Anna Adarsh College for Women, along with the faculty members of the Department organized a Value based Programme on the Benefits of Yoga. The faculty members and the students of the Department benefited a lot through demo classes and the practice sessions. The training on Yoga was given by a SKY Professor, Ms.Sumathi Ranganathan who also highlighted the importance of Yoga in everybody's life.

Value based progamme on Yoga,

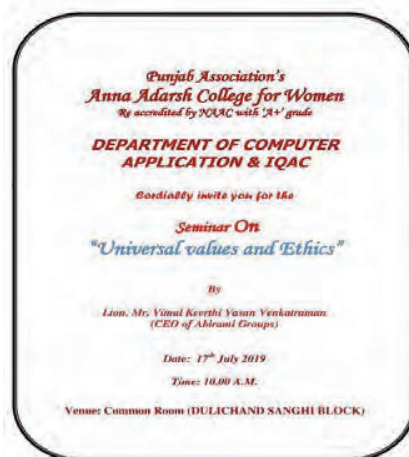




Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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Chennai - 600040, Tamil Nadu.

Department:	Department of BCA (Shift I)
Date of Event:	17.07.19
Topic:	Motivational Talk on "Universal Values and Ethics"
Event Category:	Value based Seminar
Level: Department	No.of Participants: 135 Staff: 5 Students: 130
Judges/Guest (with Designation)	Lion Mr.Vimal Keerthi Vasan Venkataraman, CEO of Abirami Groups

Brief Report:



This event was conducted for BCA Department Students. The speaker motivated the students to set goals and how to achieve them in today's life. He also spoke about the values of guru, family and elders.



Motivational talk on Universal Values and Ethics,
17 07 2019



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	BCA Shift II
Date of Event:	20/07/2019
Topic:	T-Shirt painting on "Gender Sensitization"
Event Category:	Gender Sensitization
Level: Inter-Departmental	No. of Participants : 27 Staff: 5 Students: 22
Judges/Guest (with Designation)	Ms.G.Hema Malichah, Assistant Professor, Department of English, Anna Adarsh College for Women, Chennai-40.

Brief Report:

A Gender Sensitization campaign was organised among Shift 2 students through T-shirt painting competition. Students from various departments actively participated in this competition and event judged by Ms.G.Hema Malichah, Assistant Professor, Department of English, Anna Adarsh College for Women, Chennai-40.



**T Shirt Painting competition on 'Gender Sensitization',
20.07.2019**



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	BCA Shift II
Date of Event:	19/09/2019
Topic:	Universal Ethics and Values
Event Category:	Gender Sensitization
Level: Department	No. of Participants: 155 Staff: 5 Students: 150
Judges/Guest (with Designation)	Dr.V.Sajini, General Physician, Arthi Scans, 72/2, Harrington road, Chetpet, Chennai-31.

Brief Report:

A Health Awareness program was conducted to address the health issues of our department students. Dr.V.Sajini, General Physician from Aarthi Scan gave many tips to the students regarding personal hygiene, sleep hygiene and many more issues related to the wellness of women.

**Gender Sensitization Programmes on Universal Ethics
& values 19 09 2019**



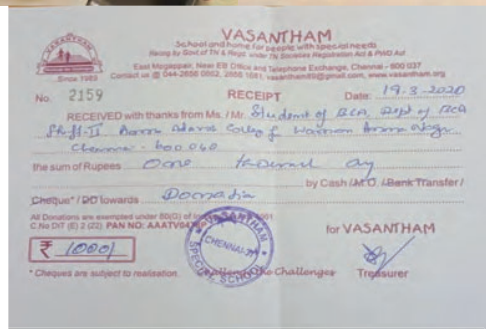


Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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Chennai - 600040, Tamil Nadu.

Department:	BCA – SHIFT II
Date of Event:	19/03/2020
Topic	Community Service - “Visit to Vasantham”
Event Category:	Outreach programme
Level: Department	No of Participants: 12 Staff: 2 Students: 10
Judges/Guest (with Designation)	—

Brief Report:

Our Students along with the staff, Ms.C.Vanisri, Assistant Professor have visited the “Vasantham School” at Mogappair East, Chennai-37 on 19/03/2020. As a part of the outreach programme, the students of BCA – Shift II had contributed Rs.1000 for one day snacks to the special children around 122 who are residential students of “Vasantham School”. This program is organized to inculcate Social responsibility among the students and little amount contributed to one day snacks.





Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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Chennai - 600040, Tamil Nadu.

Department:	Tamil and Internal Quality Assurance Cell
Date of Event:	23.07.2019
Topic:	Yogavum Manitha Maanbum
Event Category:	Guest lecture
Level: College	No of Participants: 250 Staff: 25 Students: 225
Judges/Guest (with Designation)	Dr.Jayaprakash, Engineer, Poet and writer.

Brief Report:

The department of Tamil under the IQAC banner conducted a guest lecture on 23.07.2019. The chief guest, Dr.Jayaprakash, Engineer, Poet, writer, Principal, Vedhantha Maharishi College gave his lecture under the title Yogavum Manitha Maanbum. He highlighted the importance of yoga and meditation in human life.



Guest lecture on Topic: Yogavum Manitha Maanbum,



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
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Chennai - 600040, Tamil Nadu.

Department:	Hindi
Date of Event:	25-07-2019
Topic:	Lyngik Pariprekshya aur Nari Sashakthikaran (Women Empowerment)
Event Category:	Gender Sensitization
Level: College	No. of Participants: 160 Staff: 20 Students: 140
Judges/Guest (with Designation)	Smt. Mansi Kulsreshta ,President (Rtd.), Southern Railway Women's Welfare Organization, Chennai.

Brief Report:

One Day National Level Workshop was organized on the topic of Lyngik Pariprekshya aur Naari Sashakthikaran inaugurated by the Chief Guest Smt. Mansi Kulsreshta, President (Rtd.), Southern Railway Women's welfare organization, Chennai. Anna Adarsh College Principal Dr. Jayashree Ghosh and resource persons from different fields Resource persons highlighted the importance of women's education and health.



**One day National Hindi workshop on -
"Lyngik Pariprekshya Aur Naari Sashakthikaran", 25.07.2019**



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
Chennai - 600040, Tamil Nadu.

Department:	Central Library
Date of Event:	06.07.2019
Topic:	Functioning of Library - An Orientation Programme to Staff and Students of Anna Adarsh Matriculation & Higher Secondary School
Event Category:	Orientation Programme
Level: College	No. of Participants: 110 Staff: 4 Students:106
Judges/Guest (with Designation)	Dr.K.Indumathi, Librarian, Anna Adarsh College for Women

Brief Report:

As an extension activity, Anna Adarsh Matriculation Higher Secondary School staff and students were given a session at college library on the functioning of the library on 6 July 2019.



Orientation Programme on Functioning of library to staff and students of Anna Adarsh Matriculation Higher Secondary School, 06.07.2019