



Punjab Association's
ANNA ADARSH COLLEGE FOR WOMEN
(Affiliated to University of Madras)
ANNA NAGAR, CHENNAI 600040

CRITERION 5



***STUDENT SUPPORT AND
PROGRESSION***



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CRITERION 5

***5.1.2 Capacity building & Skills
enhancement initiatives***



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5.1.2. Capacity Building and Skills Enhancement Initiatives taken by the Institution include the following 1. Soft Skills 2. Language and Communication Skills 3. Life Skills (Yoga, physical fitness, health and hygiene) 4. ICT/ Computing Skills

<i>S.NO</i>	<i>Year</i>	<i>Number of Events</i>
1	2021-2022	44
2	2020-2021	23
3	2019-2020	38
4	2018-2019	23
5	2017-2018	25
Total		153



Rohanthi

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CRITERION 5

ACADEMIC YEAR

2021 - 2022



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Verified & Certified Documents

Metric No: 5.1.2

Page No: 6 To: 64

R. Sankar

PRINCIPAL





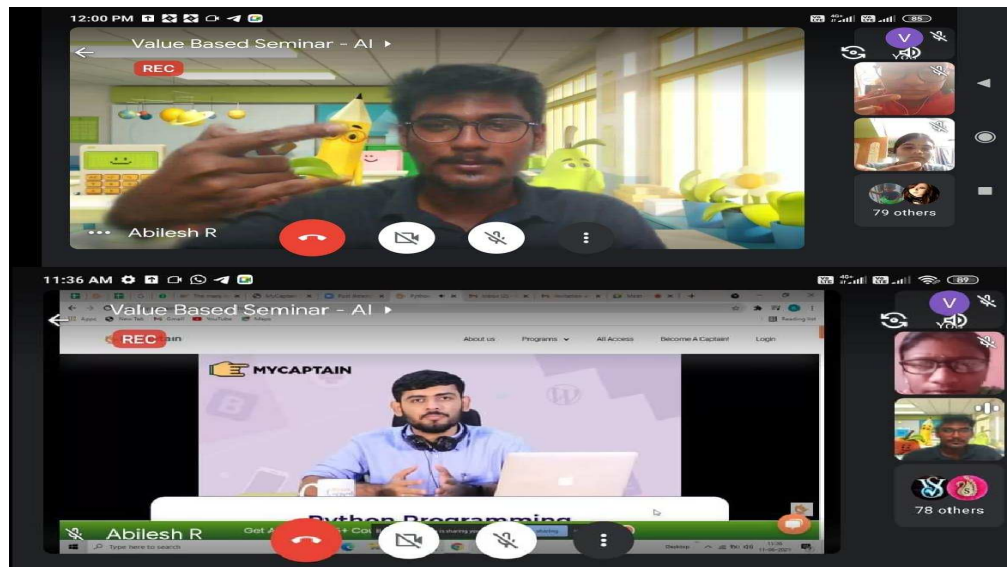
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1. Artificial Intelligence and Advanced Technologies

Department:	Department of BCA - Shift II
Date of Event:	11/06/2021
Topic:	Artificial Intelligence and Advanced Technologies.
Event Category:	Value Based Seminar
Level: College	No. of participants: Students : 94
Judges/Guest (with Designation)	Mr. R. Abilesh Operational Executive My Captain

Brief Report:

The Department of BCA - Shift II has organized a Value Based Seminar on Artificial Intelligence and Advanced Technologies to our students about this latest technology.





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2. Life is an Equilibrium Reaction

Department:	Department of Chemistry
Date of Event:	17/07/2021
Topic:	Life is an Equilibrium Reaction
Event Category:	Motivational Talk
Level: Interdepartmental	No. of Participants: Students: 100
Judges/Guest (with Designation)	Mrs. K. Shanmukavadivu, Head Mistress, Govt Hr Sec School, Vengampatti, Karur

Brief Report:

The Department of Chemistry and IQAC organised a virtual Motivational Talk on "Life is an Equilibrium Reaction" by Mrs K Shanmukavadivu, Head Mistress, Govt Hr Sec School, Vengampatti, Karur on 17.7.2021. The speaker focussed on how our lives are analogous to an equilibrium reaction with ups and downs and the need to give importance to forward direction rather than backward direction as each one of us has to strive hard to sustain and maintain a balance in life. She further emphasised on the importance of emotions in our lives. She discussed love and friendship.

She discussed friendship by citing examples from Ramayana. The friendship between Rama and Bharata and that of Sugreeva and Bali thrived throughout the story and how the idea of friendship is not about chasing one's ambitions alone but the feel, the aid and the trust one receives in such relationships.



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Madam emphasized on the importance of technology in understanding concepts and how technology can integrate theoretical and scientific concepts with practical approaches. In the present scenario technology has been the most important aid in teaching as well as in all other fields and hence she urged the younger generation to choose technology in their career. She also requested everyone to apply theoretical concepts in the Industrial sector to meet the modern day needs.





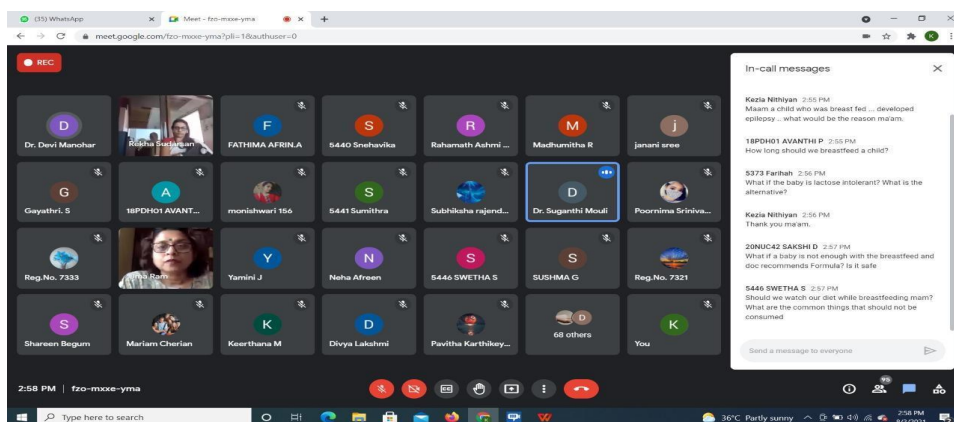
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3. Empowering Women's Reproductive Health

Department:	Department of Home Science
Date of Event:	03/08/2021
Topic:	Empowering Women's Reproductive Health
Event Category:	Student Awareness Program
Level: College	No of Participants: Students: 78
Judges/Guest (with Designation)	Dr. Uma Ram, MBBS, DGO, DNB, FRCOG, Senior Obstetrician, Director, Seethapathy Clinic and Hospital. and Mrs. Rekha Sudarsan, Psychologist, ChildBirth Educator, Lactation Consultant.

Brief Report:

An online webinar on “Empowering Women's Reproductive Health”, was organized in collaboration with Nutrition Society of India, Chennai chapter for II and III yr Home Science-N&D students, Anna Adarsh College. Gmeet was used for conducting the program. Dr. Uma Ram emphasized on polycystic ovarian syndrome, insulin sensitivity and insulin resistance during adolescent age. She also emphasized how to control gestational diabetes during pregnancy. Mrs. Rekha Sudarsan stressed on the importance of breast milk.





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4. Pro Vaccine - A Responsibility Drive

Department:	Post Graduate Department of Corporate Secretaryship
Date of Event:	06/08/2021
Topic:	Pro Vaccine - A Responsibility Drive
Event Category:	Student Wellness Programme
Level: College	No of Participants: Students: 75
Judges/Guest (with Designation)	Dr.Manu Davis, Junior Resident , Community Medicine K E M Hospital and Seth GS Medical College, Mumbai.
Brief Report: <p>A Student Wellness Programme was conducted by the Department of Corporate Secretaryship - Shift - I & IQAC on the topic PROVACCINE-A RESPONSIBILITY DRIVE on 06/08/2021. It was conducted exclusively for the benefit of the students of II B.com (CS). Keynote Address was given by DR. MANU DAVIS with a brief history about Vaccine and the Concept of Inoculation. He pointed out the significance of vaccination and how vaccines work by helping to prepare the body to fight off disease causing germs.</p> <p>He threw light on the four phases of vaccine trials to assess safety, efficacy and effectiveness before the actual implementation of the vaccines to the public. The session was an eye opener for the students regarding Covid and Vaccination. It was really informative and interesting to them. He clarified all the queries raised by the students. The programme enriched the students with thorough knowledge about the need and benefits of vaccination. The Participants were provided with the E – Certificates.</p>	



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(Re-accredited by NAAC with A+ Grade)

**DEPARTMENT OF
CORPORATE SECRETARYSHIP (SHIFT-I)
&
IQAC**

*Cordially invites you for an online
STUDENTS' WELLNESS PROGRAMME
on
PROVACCINE - A RESPONSIBILITY DRIVE*

RESOURCE PERSON



Dr. MANU DAVIS
JUNIOR RESIDENT (MD)
COMMUNITY MEDICINE
SETH GS MEDICAL COLLEGE & KEM HOSPITAL
MUMBAI

On 6TH AUGUST 2021 at 11:00 AM

Dr. LEJI ALEYAMMA GEORGE
Associate Professor & Head
Department of Corporate Secretaryship

Dr. R. SHANTHI
Principal
Anna Adarsh College for Women

PROGRAMME

PRAYER

WELCOME ADDRESS Dr. LEJI ALEYAMMA GEORGE
Associate Professor & Head
Department of Corporate Secretaryship
Anna Adarsh College for Women

SPECIAL ADDRESS Dr. R. SHANTHI
Principal
Anna Adarsh College for Women

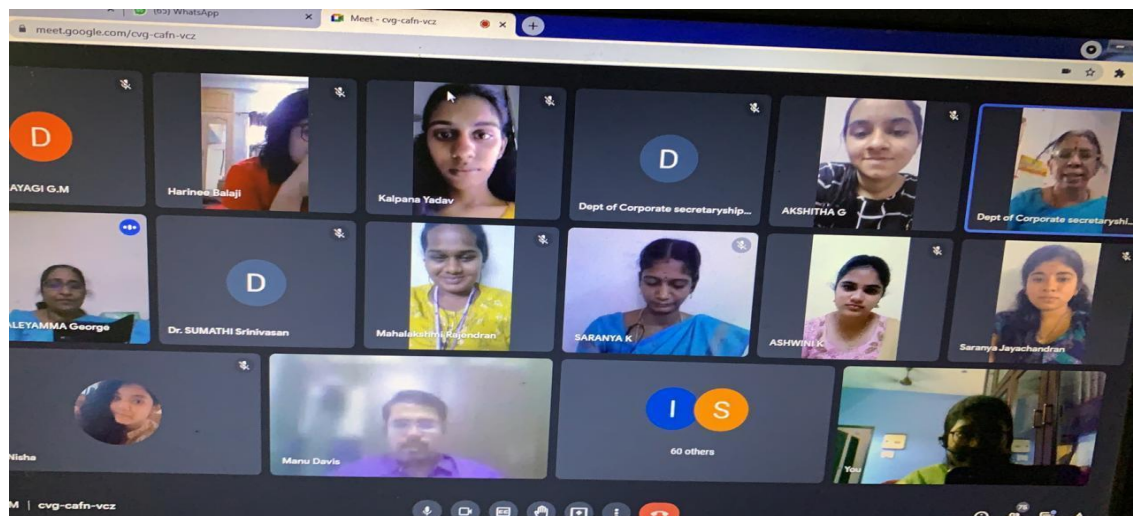
INTRODUCTORY ADDRESS Dr. S. SUMATHI
Associate Professor
Department of Corporate Secretaryship
Anna Adarsh College for Women

KEYNOTE ADDRESS Dr. MANU DAVIS
Junior Resident (MD)
Community Medicine
Seth GS Medical College & KEM Hospital
Mumbai

VOTE OF THANKS Dr. MAYA ELIZABETH AUGUSTINE
Assistant Professor
Department of Corporate Secretaryship
Anna Adarsh College for Women

MASTER OF CEREMONIES Ms. V. SUVEETHA
Assistant Professor
Department of Corporate Secretaryship
Anna Adarsh College for Women

Ms. K. SARANYA
Assistant Professor
Department of Corporate Secretaryship
Anna Adarsh College for Women





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5. AI & High Performance Computing

Department:	Department BCA - Shift I
Date of Event:	14/08/2021
Topic:	AI & High Performance Computing
Event Category:	Academic Based Webinar
Level: National	No Of Participants: Students: 75
Judges/Guest (with Designation)	Dr. P. Chitra , Professor & Head, Department of Computer Applications, Thiagarajar College Engineering .

Brief Report:

Department of BCA - Shift I & IQAC Organised a National Webinar on "AI & HIGH PERFORMANCE COMPUTING" for outside participants from various places through Google Meet on 14/8/2021.

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AFFILIATED TO UNIVERSITY OF MADRAS
(RE-ACCREDITED BY NAAC WITH A+ GRADE)
DEPARTMENT OF COMPUTER APPLICATIONS (SHIFT-I) & IQAC
Invites you for National Webinar on
AI & HIGH PERFORMANCE COMPUTING

Date
14th AUGUST
2021

Time
3.00 pm - 4.00 pm

Resource Person
Dr.P.CHITRA
Professor & Head
Department of Computer Science
Thiagarajar College of Engineering
Madurai.

AI and HPC

Ms.S.KARPAGAM
Head
Department of BCA (Shift-I)
Anna Adarsh College for Women
Chennai.

Dr.R.SHANTHI
Principal
Anna Adarsh College for Women
Chennai.
www.annaadarsh.edu.in

GMEET Platform
Registration free



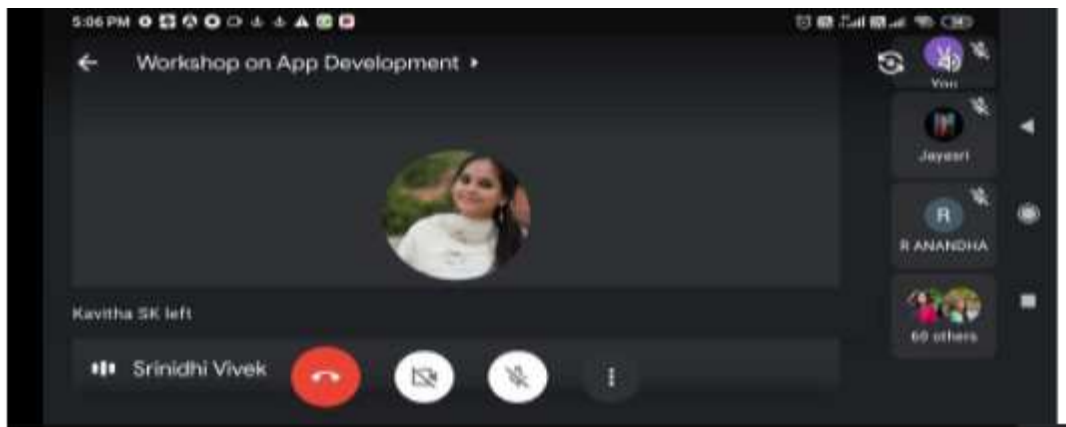
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6. Resilience & Well Being

Department:	Department of BCA Shift - II
Date of Event:	14/08/2021
Topic:	Resilience & Well Being
Event Category:	Motivational Talk
Level: State	No. Of participants: Students : 94
Judges/Guest (with Designation)	Dr. J. Jeyanthi, M.Sc., Ph.D Psychologist, Central Prison, Madurai.

Brief Report:

The Department of BCA - Shift II has organized a Motivational Talk on Resilience & Well Being to energize their thoughts during this pandemic to overcome various kinds of stress which they might have faced in their personal, academic, financial scenarios of their life.





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7. Data Analysis and Visualization in Excel and Power BI

Department:	Post Graduate Department of Computer Science
Date of Event:	21/08/2021
Topic:	Data Analysis and Visualization in Excel and Power BI
Event Category:	Academic Webinar
Level: Intra Department	No of Participants: Students:96
Judges/Guest (with Designation)	Ms. E. Valli, Tech Mentor and Programming Trainer, NIIT, Anna Nagar, Chennai

Brief Report:

The Department organised an Academic Webinar on 'Data Analysis and Visualization in Excel and Power BI' for II B.Sc. Computer Science students on 21 August 2021. The resource person was Ms E Valli, Tech Mentor and Programming Trainer, NIIT, Anna Nagar. The resource person explained how the data can be easily gathered, processed, analysed and visualised effectively using Advanced Excel and Power BI tools. She also explained different data analysis techniques using excel and Power BI.

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**DEPARTMENT OF COMPUTER SCIENCE
SHIFT-1**

Coordinally invites you

**WEBINAR ON
DATA ANALYSIS AND VISUALISATION IN
EXCEL AND POWER BI**

Ms. E. VALLI MCA MPHIL
TECH Mentor And programming trainer
NIIT, ANNANAGAR, CHENNAI.

21ST AUGUST 2021
SATURDAY

10.00 AM - 12.00 PM

GOOGLE MEET

DR. HANNAH VIJAYKUMAR
HEAD OF THE DEPARTMENT

DR. R. SHANTHI
PRINCIPAL



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8. How to APP

Department:	Department of BCA - Shift II
Date of Event:	21/08/2021
Topic:	How to APP
Event Category:	Workshop
Level:State	No. Of participants :Students : 94
Judges/Guest (with Designation)	Ms. Srinidhi Vivekanandhan Software Developer Clayfin Technology Pvt Ltd., Chennai

Brief Report:

The Department of BCA - Shift II has organized a one day workshop on how to develop the mobile Application with hands-on experiences, to enrich the students knowledge about the latest technologies.





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9. Nutritional Health and Wellness

Department	Department of Corporate Secretaryship - Shift II
Date of Event	04/09/2021
Topic	Nutritional Health and Wellness
Event Category	Student Awareness Program
Level : College	No. of participants: Students: 85
Judges/Guest (With Designation)	Ms.K.Gajalakshmi Nutritionist, Assistant Cluster Manager, Nestle, India Ltd Chennai

Brief note:

The Department of Corporate secretaryship Shift-II & Internal Quality Assurance Cell had conducted a virtual session on Nutritional Health and Wellness for students through Google meet on 4th September 2021. The guest speaker and participants were heartily welcomed. The guest speech on nutritional health and wellness was very useful for day-to-day activity to maintain health. It provides a deeper insight on how to maintain physical fitness for the future. At the end, the guest speaker clarified the questions raised by the participants.





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10. Big Data Analytics

Department:	Department of Computer Science
Date of Event:	28/08/2021
Topic:	Big Data Analytics
Event Category:	Academic Webinar
Level: Inter department	No of Participants: Students:95
Judges/Guest (with Designation)	Mr. S. Gokulakrishnan, Assistant Professor Department of Computer Science and Engineering, Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya (SCSVMV Deemed to be University)

Brief Report:

An informative webinar on 'Big Data Analytics' was organised for PG Computer Science Students on 28 August 2021. Mr. S.Gokulakrishnan, Assistant Professor, Department of Computer Science and Engineering, Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya was the resource person. He explained about Big Data Analytics and its benefits over traditional data. He further highlighted the 3V's and 5 V's of Big Data and Data intelligence. He also explained how big data analytics helps better and faster decision making. He also discussed open source softwares available for big data analytics. Around 60 participants comprising HOD, faculty of Computer Science department and PG students participated in the webinar.





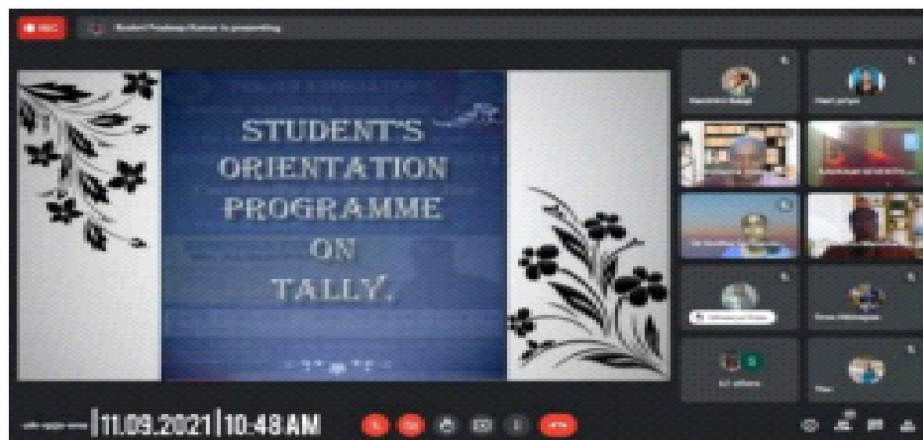
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11. Tally

Department:	Department of B.Com Honours - Shift - II
Date of Event:	11/09/2021
Topic:	Tally
Event Category:	Student Orientation Program
Level: College	No of Participants: Students: 120
Judges/Guest (with Designation)	Mr.S.Alagupandi Tally and SPSS Trainer/ Aakam Industrial Training & Research Institute Coimbatore

Brief Report:

The guest speaker explained the importance of computerization in the field of accounting with respect to Tally software, its different versions and its applications which have created a revolution in the world of accounting which ensures accurate and reliable financial information. This program enlightened the students the need to upgrade themselves with the technological advancements in the field of accounting.





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12. The Importance of Nutrition For Women

Department:	Department of Public Administration & National Service Scheme
Date of Event:	25/09/2021
Topic:	The Importance of Nutrition For Women
Event Category:	Institutional Social Responsibility, Student Awareness Webinar
Level: College	No of Participants: Students: 97
Judges/Guest (with Designation)	Dr.Shiny Surendran, Nutritionist Team Members- Dr.Karpagam Vinoth Ms.Ishwarya Meena Dr.Rebecca Rohan Ms.Pavithra Ravichandran Ms.Janani Aswin
Brief Report: In observance of Poshan Mah (Nutrition Month), the National Service Scheme unit of the College and the Department of Public Administration organized a webinar in association with the National Service Scheme, Internal Quality Assurance Cell of the College and Tamil Nadu Federation of Obstetrician and Gynaecologist on 24.09.2021 through Zoom platform. The team of Dr.Shiny Surendran, Nutritionist, explained on the vital areas related to nutrition for women. A detailed explanation was given on the Polycystic Ovaries (PCOs). Dr.Karpagam Vinoth briefed about the time of food intake, water intake, walking time and managing sweet cravings and explained about the dietary management (i.e) ½ non-starchy vegetables, ¼ lean proteins, ¼ whole grains or starchy foods. Also, she gave tips such as to improve omega 3 rich food, improving on physical activity, following a diary restricted diet, correcting micronutrient deficiency etc. Following that, Ms.Ishwarya Meena gave information about nutritional anaemia and iron deficiency. Iron generally helps the body to	



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create healthy red blood cells. In order to overcome nutritional anaemia, the advice given was one must take haem iron (animal food) such as lamb, beef, egg etc & non-haem iron (plant food) such as tofu, oats, nuts etc. Dr.Rebecca Rohan explained why women need more iron. It is required to replace menstrual losses, to improve hair health, for better energy and oxygen supply. Also she advised to take foods that enhance iron absorption. Ms.Pavithra Ravichandran gave a brief explanation on Vitamin D which is a fat soluble vitamin naturally present in very few foods. Foods rich in Vitamin D are milk, walnut, salmon etc. Vitamin D is required for crucial absorption and metabolism of calcium and phosphorus, it can reduce severity, it is an immune system regulator etc. Vitamin D deficiency symptoms are overweight, mood swings, dry skin, fatigue etc. Key takeaway is the exposure to sun for 15-20 minutes daily without using sunscreen. Further, Ms.Janani Aswin explained about the ways to improve Vitamin D, its benefits, deficiency and its symptoms and the required quantities to be taken. Ms.Pavithra Ravichandran ended the session with the quote, "I'm gonna make the rest of my life the best of my life. Ms.Sampath Kumari S. cleared the doubts raised by the students. The webinar was anchored by Ms.Ashika Senthil Kumar.

The image shows a promotional poster for a webinar on the left and a grid of six participant photos on the right. The poster is for a webinar titled "THE IMPORTANCE OF NUTRITION FOR WOMEN" held on 25.09.2021 at 4.00 P.M. via Zoom. The resource person is Dr. Shiny Surendran, a Nutritionist. The event is organized by the PG Dept of Public Administration, National Service Scheme, and IQAC at Anna Adarsh College for Women, affiliated to the University of Madras. The poster also includes contact information for Dr. R. Shanthi (Principal) and Dr. Marceline (Head & Associate Professor). The grid of photos shows six women, with names like "Preetha", "Marceline S", and "JANI ASWIN" visible. Below the photos is a list of topics: 1. Importance of Breakfast, 2. PCOS, 3. Nutritional Anemia, and 4. Vitamin D.

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PG DEPT OF PUBLIC ADMINISTRATION
NATIONAL SERVICE SCHEME
&
IQAC
in association with
TAMIL NADU FEDERATION OF
OBSTETRICIAN & GYNAECOLOGIST
invites you to a
WEBINAR ON
THE IMPORTANCE OF NUTRITION FOR WOMEN

Resource Person
Dr. SHINY SURENDRAN,
NUTRITIONIST

25.09.2021
4.00 P.M.
Online meeting via
ZOOM MEETING
Click below for registration:
<https://us02web.zoom.us/j/82wrc0GorDksGdUlp9e8B55uQx7NvMOSVdt>

Dr. R. SHANTHI
Principal

Dr. MARCELINE
Head & Associate Professor
Dept. of Public Administration

1 Importance of Breakfast
2 PCOS
3 Nutritional Anemia
4 Vitamin D



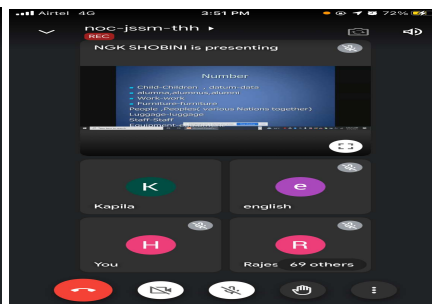
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13. English for Competitive Exams

Department:	Department of English - Shift II
Date of Event:	25/09/2021
Topic:	English for Competitive Exams
Event Category:	Webinar - Skill Development Program
Level: College	No. Participants: Students; 96
Judges/Guest (with Designation)	Dr. Kapila Professor and Head, Department of English, Government College of Education, Saidapet, Chennai

Brief Report:

The Department of English Shift II in association with the IQAC, conducted a webinar on *English for Competitive Exams* on 25.09.2021. Dr. N.G. Kapila Shobini, Associate Professor and Head, Department of English, Institute of Advanced Studies in Education, Chennai was the Resource Person. About 90 students from the department of B.Com Hons and B.Sc Psychology participated in this online lecture conducted through Gmeet. Dr. Kapila Shobini in her presentation introduced the basic concepts of English commonly used in competitive examinations such as TNPSC, UPSC and GRE. Using simple examples and exercises she taught the students about grammar exercises from exam point of view and also detailed on common errors in English. It was a highly interactive session as the students actively participated in solving the exercises and also enthusiastically learned the nuances of language.





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14. World Mental Health Day

Department:	Post Graduate Department of Social Work - Shift I
Date of Event:	08/10/ 2021
Topic:	World Mental Health Day
Event Category:	Student Awareness Program
Level: College	No. of Participants: Students : 350
Judges/Guest (with Designation)	Nil

Brief Report:

The Department of Social Work - Shift I & II conducted its first programme for the academic year 2021 with the first batch of MSW students to spread awareness on World Mental Health Day in our college.

Objective: To spread awareness about mental health and positive well-being.

Theme: Are you okay?

Adolescence is a crucial period for developing and maintaining social and emotional habits important for mental well-being. Youth mental health issues are one of the most important challenges facing our society today especially during this time of the pandemic. In this regard, our department organized the programme to spread awareness about positivity and good mental well-being among students and staff.

Activities of the day:

1. Capture the moment – 'I'm Okay'



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This photo booth was made to mark the importance of the day and also to say that they are doing well in spite of the trials in life. Every person had a great smile as they clicked a picture within the frame.

2. Signature Campaign – ‘Speak your mind’

Our staff members and students began to fill the board with their innovative thoughts of wellbeing and positive quotes on a sticky note and pasted it on the board.

3. Spin the Wheel – ‘Mental Health Matters’

This activity made the audience know more about the various aspects of mental health like its causes, prevention, importance and how to handle our mental health better.

4. Distribution of cards with positive quotes.

Cards were distributed with positive quotes written on them to everyone.

5. Dance – ‘Thozhi Ellam Konjam Kalam Thaan!!!’ via social media on 10th October 2021

<https://fb.watch/8yK3L3IPMi/>

Highlights:

Our Principal Dr.R.Shanthi inaugurated the day’s programme with her views followed by our Vice Principal Dr. Anita Raman and Director Dr.Jayashree Ghosh then our staff members and students began to fill the board with their innovative thoughts of wellbeing and positive quotes on a sticky note and pasted it on the board. It was an honour that Mr.Vijay Bhatia VP Chairman NAAC and Mr.Sunil Hasija Correspondent from Management graced the occasion. Covid protocol was maintained and followed by everyone. The students and staff actively participated as it was the first offline event after the pandemic.

It was indeed an eventful day with so much happiness and sharing of knowledge. It definitely boosted the mental health and the wellness of all which was the main focus of the event. We want to conclude that whatever be the situation, move forward positively always with the thought that “I AM OKAY” and cope well with the help of family and friends. Wishing all a great and healthy life ahead.



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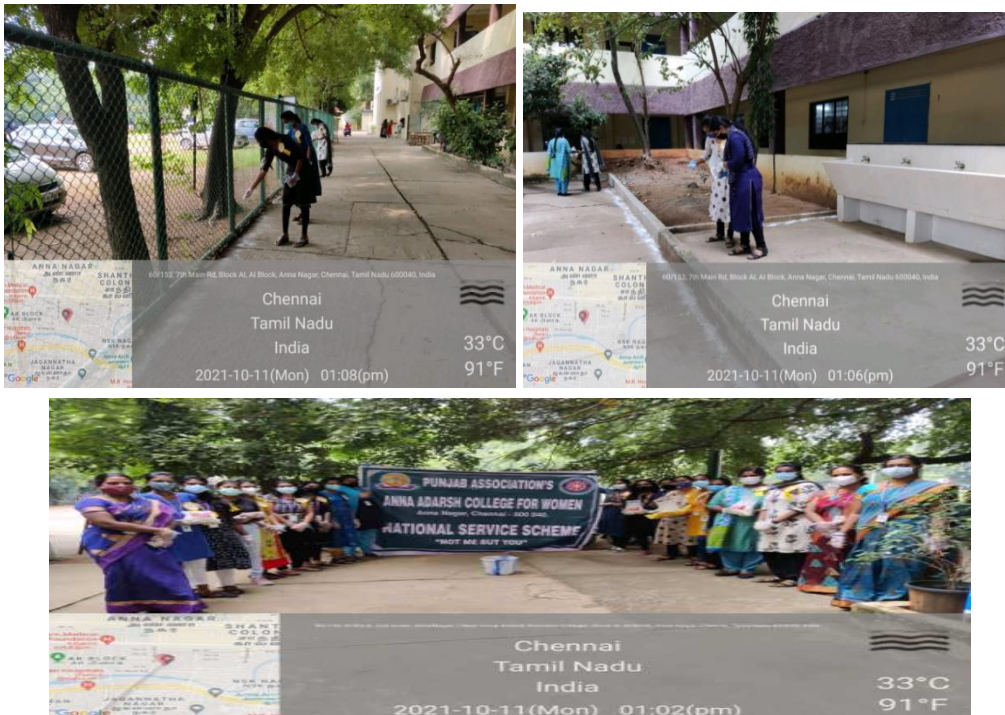
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15. Clean India Campaign & Dengue Prevention

Department:	National Service Scheme
Date of Event:	11/10/2021
Topic:	Clean India Campaign & Dengue Prevention
Event Category:	Institutional Social Responsibility Service
Level: College	No of Participants: Students:75
Judges/Guest (with Designation)	---

Brief Report:

As a part of the Clean India Campaign and Dengue Prevention, the National Service Scheme Unit of the College disinfected the college campus in prominent areas. Due to the increase in the number of dengue cases in recent times, this measure was taken up by the NSS volunteers to ensure the campus is free from vector borne diseases such as dengue.





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16. World Food Day : Safe Food Now for a Healthy Tomorrow

Department:	Department of Home Science in Collaboration with Adarsh Incubation Cell
Date of Event:	16/10/2021
Topic:	World Food Day : Safe Food Now for a Healthy Tomorrow
Event Category:	Student Awareness Program
Level: College	No of Participants: Students: 2043
Judges/Guest (with Designation)	No Judge/No Guest

Brief Report:

A Student awareness initiative was organised by the Department of Home Science in collaboration with Adarsh Incubation Cell. A brochure on the World Food day theme, "Safe Food Now for a Healthy Tomorrow", was circulated to students of all departments in the college. Brochures were circulated in college to create awareness to reduce food waste, buy locally grown food, to promote kitchen gardens.





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"FROM FARM TO FORK"

Follow the journey of food from the farm to your plate and the great efforts made to get it there.

Do your part - from eating more fruits and vegetables to reducing food waste, buying locally grown food or even growing your own at home makes a lot of difference.

FOOD IS A HUMAN RIGHT

"BETTER PRODUCTION, BETTER NUTRITION, BETTER ENVIRONMENT AND A BETTER LIFE"

World Hunger Facts

- About 821 million people are chronically undernourished
- Nearly 99% of undernourished people live in developing nations.
- About 60% of the hungry people in world are women.
- Every thirteen seconds, a child dies from the effects of hunger.
- Nearly 20 million infants are born each year with low birth weight, of them, 96.5% are in developing countries.
- About 50% of all deaths in children are under 5 years due to under-nutrition.

Let us join hands together to ensure a safe tomorrow!!

Awareness initiative by Adarsh Incubation cell & Department of Home Science - N&D AACW.





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17. Poetry With Prakriti

Department:	Department of English
Date of Event:	23/10/ 2021
Topic:	Poetry With Prakriti
Event Category:	Poetry Reading
Level: College	No. of Participants:Students; 120
Guest/ Judge (With Designation)	Rohan Chhetri And Eric Auauzoux, Poet And His Translator

Brief Report:

The Poet read four poems from his latest collection titled *Lost, hurt or in Transit Beautiful*, namely: “King’s Feedery”, “Lamentation for a Failed Revolution”, “Fish Cross the Border in Rain”, “National Grief” and “Mezza Voce”. These poems deeply reflected upon the lurking shadow of death, unfathomable hatred, ceaseless bloodshed and violence unleashed by bloodied revolutions. The reading of each of the poem was followed by the reading of the corresponding French translation by his translator. After the reading, a question answer session was conducted where the moderator, representing the participants, put across to the poet and translator some questions that sought an understanding of the technique and practice of translation.

The Poet read four poems from his latest collection titled *Lost, hurt or in Transit Beautiful*, namely: “King’s Feedery”, “Lamentation for a Failed Revolution”, “Fish Cross the Border in Rain”, “National Grief” and “Mezza Voce”. These poems deeply reflected upon the lurking shadow of death, unfathomable hatred, ceaseless bloodshed and violence unleashed by bloodied revolutions.



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The reading of each of the poem was followed by the reading of the corresponding French translation by his translator. After the reading, a question answer session was conducted where the moderator, representing the participants, put across to the poet and translator some questions that sought an understanding of the technique and practice of translation.

WINNER OF THE KUNDIMAN POETRY PRIZE

LOST, HURT,
or in Transit Beautiful

rohan chhetri

POETRY WITH PRAKRITI : The Online Edition
in collaboration with
AMBASSADE DE FRANCE EN INDE
INSTITUT FRANCAIS EN INDE
ALLIANCE FRANCAISE OF MADRAS

Bilingual poetry reading
by Rohan Chhetri (English) and Eric Auzoux (French)

Moderated by Tuhin Bhowal

on 23 October 2021, 7 PM
Zoom live reading

Rohan Chhetri is a writer and translator. He is the author of *Slow Startle* (Winner of the Emerging Poets Prize 2015), and *Lost, Hurt, or in Transit Beautiful* (Winner of the Kundiman Poetry Prize). A recipient of a 2021 PEN/Heim Grant for translation, his poems have appeared in *The Paris Review*, *Revue Europe*, *AGNI* and *New England Review*, and have been translated into Greek and French.

Eric Auzoux Former director of Alliance Française de Madras (at the end of the last century...), Eric Auzoux translates texts from India since 2004 : non-fiction, as well as fiction. Among the latter : novels by Anees Salim, Priyamvada Purushotham, Raj Kamal Jha (published by Actes Sud), M. Anantanarayanan, Anees Salim, (published by Banyan) ; and short stories by Ashokamitran (Published in Europe literary review, founded by Romain Rolland).

Rohan and Eric met in 2015 during a residence at Sangam House, in Karnataka. On the last day of their common sojourn, Rohan proposed Eric to translate a poem of his on the spot ; since then Eric has translated a wide selection of Rohan's *Slow Startle* (which were published by Europe and blog *Terre à Ciel*). He is currently working on *Lost, Hurt and in Transit Beautiful*.

Tuhin Bhowal's poems and translations appear or are forthcoming in *adda*, *Parentheses Journal*, *Poetry City USA*, *nether*, and elsewhere. He currently serves as a Poetry Editor at *Bengaluru Review*, *Sonic Boom Journal*, and *Yavanika Press*.

In Collaboration with
Department of English,
Anna Adarsh College for Women
Chennai

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18. Hindi Vikas Aur Prachar Methu Sarkar Ki Yojnayan

Department:	Department of Hindi
Date of Event:	23/10/2021
Topic:	Hindi Vikas Aur Prachar Methu Sarkar Ki Yojnayan
Event Category:	Webinar - Government Schemes for the Development & Promotion of Hindi
Level: National	No. of Participants: Students: 100
Judges/Guest (with Designation)	Prof. Pradeep K. Sharma, Registrar, Dhakshin Bharat Hindi Prachar, Sabha, Chennai

Brief Report:

Under the auspices of Central Hindi Directorate, Ministry of Human Resources Development, Education Department, Government of India, New Delhi and Punjab Association(Regd.), Chennai, the Department of Hindi organized a webinar on the Topic: "HINDI VIKAS AUR PRACHAR HETHU SARKAR KI YOJNAYEN" on 23rd October 2021. Nearly 98 participants attended the webinar.

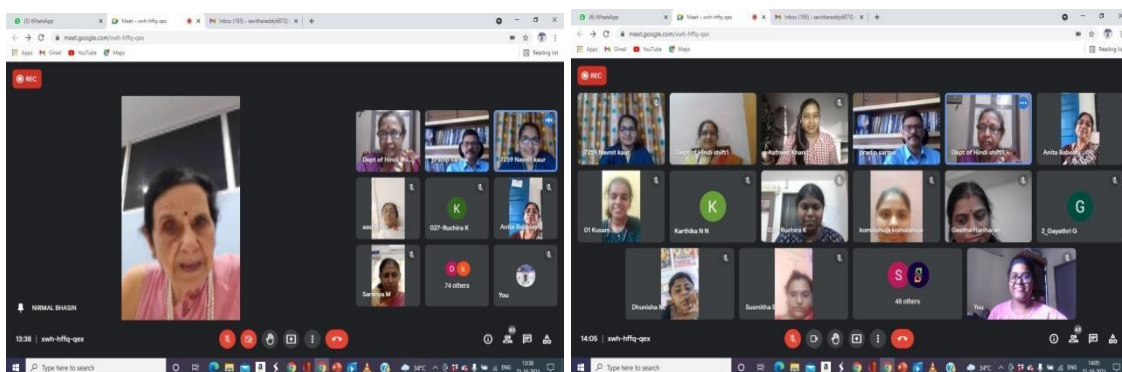
The event was started with the prayer song by student Madhuravalli. College Principal Dr. R. Shanthi madam delivered the welcome address. Dr. J. Padmapriya, Head, Department of Hindi introduced the Chief Guest Prof. Pradeep K. Sharma, Registrar, Dhakshin Bharat Hindi Prachar, Sabha, Chennai and the Special Guest Mrs. Nirmal Bhasin, Director-Welfare Programmes, Punjab Association, Chennai to the audience.



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Chief Guest Prof. Pradeep K. Sharma enthralled the audience with his powerful speech on the Webinar topic. Special Guest Mrs. Nirmal Bhasin motivated the audience to learn Hindi language. Student Ruchira of B.A. English presented the paper on the "Role of Punjab Association in the promotion of Hindi Language".

During the last week of September 2021 the department of Hindi conducted virtual Solo Dance Competition "TAAL SE TAAL MILA" and the Drawing Competition on the topic: SWATCHH BHARATH" in connection with HINDI DAY. Dr. M. Anitha, Cultural Core Committee member announced the result of the dance competition. Aafreen Khan, student of B.A. English announced the result of the drawing competition. Dr. Anupama .K, Assistant Professor, Department of Hindi delivered vote of thanks.



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Requests the pleasure of your company
On the occasion of the
Hindi Webinar
To be held
Under the auspices of the Central Hindi Directorate
Ministry of the Human Resources Development, Education Department
Government of India, New Delhi and
The Executive Committee of the Punjab Association (Regd.), Chennai
On
Saturday 23rd October 2021 at 12:30 PM
**TOPIC: THE GOVERNMENT SCHEMES ON HINDI LANGUAGE
DEVELOPMENT AND PROMOTION**
CHIEF GUEST
PROF. PRADEEP K. SHARMA P.H.D., D.LITT.
REGISTRAR, PUNJAB UNIVERSITY, BUKHAR MANSION, 15
BAKHSHI BHAGAT HINDI PRASAD MANSION, INSTITUTE OF NATIONAL
HERITAGE, DELHI

SPECIAL GUEST
MRS. NIRMAL BHASIN
DIRECTOR, HINDI AND PUNJABI GAMES
PUNJAB ASSOCIATION

Meet Link: <https://meet.google.com/vwh-bffg-qpx>
Or dial: +1 414 882 8917 PIN: 602 952 9006

Sri. Vikram Agarwal
President
Punjab Association

Sri. Sunil Hansa
Correspondent
Anna Adarsh College for Women

Sri. Ramesh Lamba
General Secretary
Punjab Association

Dr. B. Shaasti
Principal
Anna Adarsh College for Women

पंजाब संघटन के
अनुमोदित अंग्रेजी मासिकपत्र
श्रीमती शर्मिता
द्वारा

केंद्रीय हिंदी निदेशक, मानव संसाधन विकास विभाग, भारत सरकार, नई
दिल्ली एवं पंजाब परामर्शदाता (राज्यीय), फरमों की कार्यकारी समिति के संयुक्त
सहकारण में, हिंदी दिवस के उपलक्ष्य में आयोजित

हिंदी वेबिनार
में आप सब आमंत्रित हैं
विषय: हिंदी भाषा के विकास और पंचत: दश सरकार की योजनाएं
दिनांक: 23/10/2021
समय: 12.30 बजे से 1.30 बजे तक

मुख्य अतिथि
प्रो. प्रदीप क. शर्मा, पी.एच.डी., डी.लिट.
राजस्थान विश्वविद्यालय, बुखारि मंशनी, 15
दिल्ली भारत के हिंदी परामर्शदाता (राज्यीय) महान की संस्था, फरमों

विशेष अतिथि
श्रीमती शर्मिता बहसीन
निदेशिका, अन्वयकारी योजनाएं
पंजाब परामर्शदाता

Meet Link: <https://meet.google.com/vwh-bffg-qpx>
Or dial: +1 414 882 8917 PIN: 602 952 9006

श्री. विक्रम अग्रवाल
अध्यक्ष
पंजाब परामर्शदाता

श्री. रमेश लम्बा
सामान्य
पंजाब परामर्शदाता

श्री. सुनील हंसा
संयोजक

श्री. आर. शास्ती
संयोजक

अनुमोदित अंग्रेजी मासिकपत्र

अनुमोदित अंग्रेजी मासिकपत्र



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19. Communication - An Integral Component for Success

Department:	Department of Bank Management - Shift - II
Date of Event:	16/11/2021
Topic:	Communication - An Integral Component for Success
Event Category:	Webinar
Level: Intra Department	No. Of. Participants: Students - 200
Judges/Guest (with Designation)	Ms. K. E. Alamelu, Assistant Professor, Department of MA HRM, Shri Krishnaswamy College For Women

Brief Report:

The Department has organised a webinar on the topic of "Communication - An Integral Component for Success". The webinar started with the prayer song followed by the welcome address and introduction of the guest speaker Ms. K. E. Alamelu. The guest speaker session on the topic commenced and her ideas and thoughts on the same were shared. The session ended with an Q&A session from the students. The webinar ended successfully with a vote of thanks.





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20. Training on Employability skills

Department:	Post graduate and Research Department of Commerce
Date of Event:	23/11/2021
Topic:	Training on Employability skills
Event Category:	Webinar
Level:College	No. of participants: Students: 200
Judges/Guest (with Designation)	E.Prabha , Training Manager, Associate Trainer Ripe Consulting service private Limited, Chennai.

Brief Report:

An interactive webinar for the faculty members and students of Anna Adarsh College for women was organised by the post graduate and Research Department of commerce, AACW, in collaboration with RIPE consulting services private limited, Chennai on the topic "Training on employability skills" on 23rd November 2021 was conducted .The number of participants were 115.

The resource person of the webinar was Ms.E. Prabha, Training manager, Associate trainer,RIPE consulting services private limited, Chennai.

The webinar was inaugurated and commenced by Dr.R .Shanthi , Principal of AACW , where she addressed the audience with her warm words followed by Dr.Anita Raman , Vice-principal and Head ,post graduate and Research Department of commerce introducing the chief resource person Ms.E.Prabha.

She addressed the participants with her warm words followed by a presentation on various topics such as Interesting facts about Resume, importance of resume, 3 common resuming formats, essential resume formatting tips , how to write a resume-step by step , Group discussion-Introduction , why group discussion?,tips to appear for virtual group discussion, initiating a group discussion, conclusion.virtual interview-objectives of interview skills, difference between virtual and traditional interview,3p's with the help of examples.



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The audience felt the webinar to be more informative and engaging. The queries of the participants were clarified at the end of the session. Feedback was obtained from the participants. Majority of the audience liked the webinar and found the session very useful.

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Post Graduate & Research
Department Of Commerce & IQAC

Training Programme on Employability Skills

IN COLLABORATION WITH
RIPE CONSULTING SERVICES PRIVATE LIMITED, CHENNAI

Name

23/11/2021 3 pm - 5 pm

Zoom Meeting

Dr. ANITA RAMAN
VICE PRINCIPAL & HEAD
PG & RESEARCH DEPARTMENT OF
COMMERCE & IQAC,
ANNA ADARSH COLLEGE FOR WOMEN

Dr. R. SHANTHI
PRINCIPAL,
ANNA ADARSH COLLEGE FOR WOMEN



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21. How to start with Placement

Department:	Placement Cell
Date of Event:	25/11/2021
Topic:	How to start with Placement
Event Category:	Placement Orientation Program
Level: College Level	No. of Participants: Students:43
Judges/Guest (with Designation)	Ms.A. Parameswari, Assistant Professor, Department of Computer Science ,Shift I

Brief Report:

Placement Cell of Anna Adarsh College for Women, conducted a Placement orientation Program for final year student placement representatives on 25/11/2021. Around 43 students participated with enthusiasm in the programme.





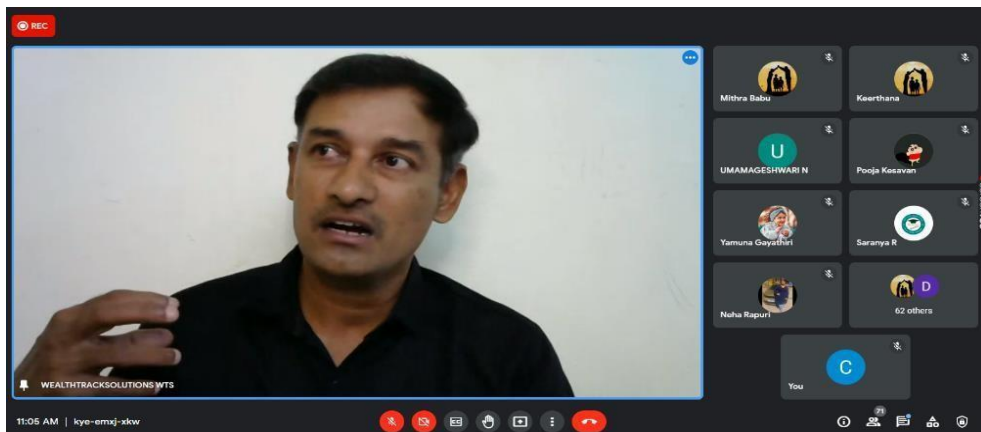
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22. Parenting During Pandemic

Department:	Department of Commerce (CA)
Date of Event:	27/11/2021
Topic:	Parenting During Pandemic
Event Category:	Workshop
Level: College	No. of Participants: Students: 70
Judges/Guest (with Designation)	Mr.G.Soundar Satyam Traditional Yoga Centre, Chennai

Brief Report:

Our department conducted a workshop programme “ Parenting During Pandemic” for the parents through gmeet on 27/11/2021 at 10.30 a.m with 70 students. The programme started with a prayer song by Ms.Yamuna and the gathering was addressed by our faculty Ms.N.Uma Mageshwari Our Principal mam Dr.R.Shanthi gave a special address in the programme. The Resource person Mr.G.Soundar, Sathyam Yoga Center, Chennai gave the demo for effective meditation to the parents and educated them to follow them in their daily life. Finally the programme was concluded with the vote of thanks by III year student Ms.E.G.Deepalakshmi.





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23. Inculcating the Habit of Reading Newspaper

Department:	Department of Bank Management - Shift II
Date of Event:	27/11/2021
Topic:	Inculcating the Habit of Reading Newspaper
Event Category:	Workshop
Level: Intra Department	No.Of.Participants: Students- 200
Judges/Guest (with Designation)	Dr. A. Selvalakshmi, Assistant Professor, Department of English, Sri Sarada College For Women

Brief Report:

The Department had organized a workshop on the topic “Inculcating the habit of reading newspapers”. The webinar started with the prayer song followed by welcome address and Introduction of the guest speaker DR.A.Selvalakshmi.The guest speakers session on the topic commenced and her ideas and thoughts on the same were shared .The session ended with an Q&A session from the students. The webinar ended successfully with a vote of thanks.





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24. Content Writing

Department:	Department of English
Date of Event:	03/12/2021
Topic:	Content Writing
Event Category:	Student's Workshop
Level: College	No. of Participants: Students: 20
Judges/Guest (with Designation)	Ms Ketaki Chandrasekhar, Seedling Kick

Brief Report:

Ms. Ketaki spoke on the content writing opportunities. She elaborated on the skill sets needed for writing and how to build a successful career based on writing skills. The industries that require content writers and the acquisition of professional training in the field was emphasized by the speaker.





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25. Food Contamination – The Underrated Toxin – A Contemporary Issue

Department:	Department of Chemistry
Date of Event:	04/12/2021
Topic:	“Food Contamination – The Underrated Toxin – A Contemporary Issue” & Release of in-house magazine SPECTRUM 21
Event Category:	Webinar
Level: State	No. Of Participants : Students: 100
Judges/Guest (with Designation)	Dr. K. Giri Babu, Scientist, CSIR – CECRI, Karaikudi

Brief Report:

The Department of Chemistry, Anna Adarsh College for Women and IQAC organized a State Level Webinar on “Food Contamination – The Underrated Toxin – A Contemporary Issue”. The chief guest was Dr. K. Giri Babu, Scientist, CSIR – CECRI, Karaikudi, a distinguished recipient of The CSIR – Young Scientist 2021 Award. The program started with the Inaugural Address by the Principal Dr. R. Shanthi followed by the keynote address by Dr. Jayashree Ghosh, Director Management Studies and Welcome address by Dr. S. Shanthi, Head, Department of Chemistry.

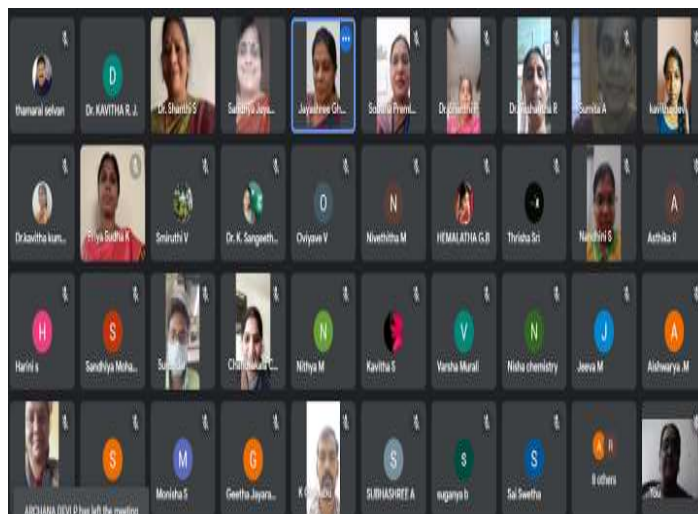
Dr. K. Giri Babu spoke on the good-food, good-health concept, toxins generated during the cooking process and food safety. The speaker enlightened the participants with the chemistry behind natural toxins that were present as a defense mechanism as well as a continuation of progeny by flora and fauna by quoting the examples of seafood allergy caused by algae, cyanogenic toxins from stoned fruits, skin allergy and rashes caused by furocoumarins and few other poisonous mushrooms.



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- The speaker explained about how deadly toxins such as Acrylamide , 2-furfural & Nitrosamines go unnoticed into our digestive system from the food we consume in day to day life and explained the mechanism behind the formation of these toxins.

The most interesting part of his lecture was the research work on creating electrochemical sensors for detecting biogenic amines that was conducted in his lab which was instrumental in assessing food quality. Around 85 participants from across the state participated in the State Level Webinar. The speaker enthusiastically answered the questions of participants. An important aspect of the program was the virtual release of the in-house e-magazine **SPECTRUM 21** by the speaker which was a compilation of 86 scientific articles contributed by the students.





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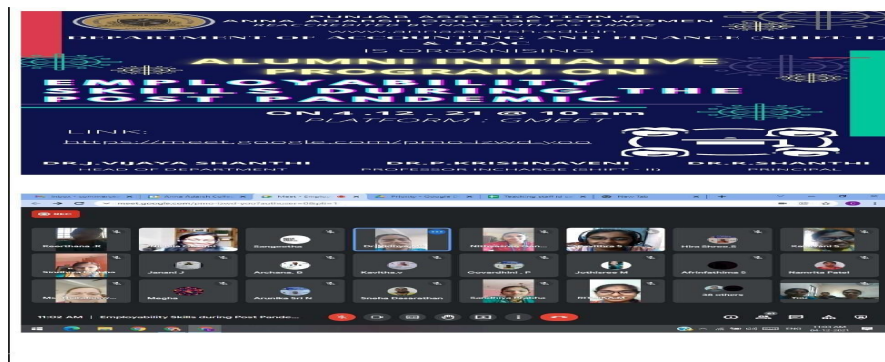
26. Employability Skills during Post Pandemic

Department:	Department of Accounting and Finance - Shift II
Date of Event:	04/12/2021
Topic:	Employability Skills during Post Pandemic
Event Category:	Skill Based Program - Alumni Initiative
Level: College	No. Of Participants: Students:65
Judges/Guest (with Designation)	Ms. Nikhila Govind, Team Leader and Senior Business Analyst, Pit Solutions. Trivandrum

Brief Report:

An Alumni Initiative Program was organised by the Department on 4th December 2021. Ms. Nikhila Govind, a prominent alumni of Batch 2011-2014, addressed the final year students on the Brief topic “Employability Skills during Post Pandemic”. She gave practical tips or suggestions to the students to handle the challenges posed by the pandemic and post pandemic scenario.

Leadership Skills, Ownership of the Decisions taken and one hour a day for ourselves, are the three mantras, uncovered during her lecture. Final year students developed positivity and got motivated through this Alumni Initiative. Thus the program was beneficial to all the stakeholders, the present students, Alumnae and the teachers.





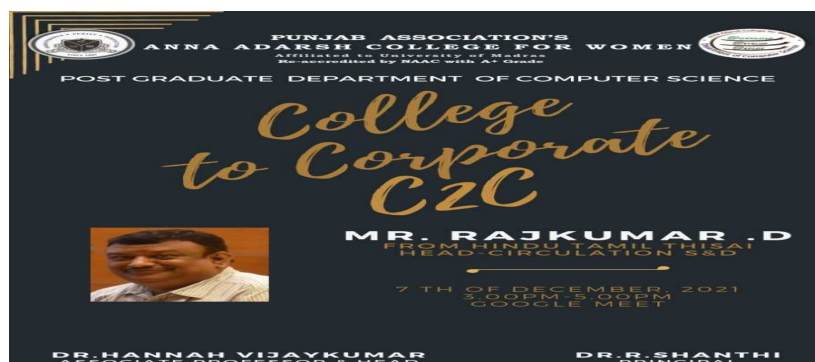
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27. College to Corporate (C2C)

Department:	Post Graduate Department of Computer Science
Date of Event:	07/12/2021
Topic:	"College to Corporate (C2C)"
Event Category:	Skill development programme
Level: Intra department	No of Participants: Students: 65
Judges/Guest (with Designation)	Mr. D. Rajkumar Head-Circulation S&D, Hindu Tamil Thisai

Brief Report:

A skill development programme on "College to Corporate (C2C)" was organised on 7 December 2021 for the I and II year PG students. Mr. D. Rajkumar Head-Circulation S&D Hindu Tamil Thisai, was the guest of the day. The II M.Sc. Computer Science students attended a 10 days Online internship programme at The Hindu Tamil thisai newspaper. After completing the internship programme, the students presented their work done during the internship in the webinar. Students also shared their knowledge about the newspaper coverage, and other skills developed during the internship program. They also shared their feedback and experience during the internship program. Mr. Rajkumar spoke about how to develop on-the-job skills, model behaviour, attitude in the workplace and discussed about career planning and goal setting.





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28. Rally on Dengue Awareness

Department:	Department of Commerce - Honours
Date of Event:	11/12/2021
Topic:	Rally on Dengue Awareness
Event Category:	Institutional Social Responsibility
Level: College	No of Participants: Students: 118
Judges/Guest (with designation)	Dr. R. Shanthi, Principal, Anna Adarsh College For Women

Brief Report:

Department of Commerce-Honours conducted a "Rally on Dengue Awareness". The event was started by our Honorable Principal Dr. R. Shanti Mam by waving the flag to the students. The rally was conducted to spread awareness about the seriousness of dengue. It enlightened the public about the seriousness of the disease, its Causes, Symptoms, & Prevention. They also mentioned the ways by which the public can keep their areas free from mosquitoes. They also enlightened about the available treatments and precautions. The department staffs and students actively participated in making the placards to raise awareness with the help of slogans. The major slogans which were used was "FIGHT THE BITE" & "DENGUE HURTS; DENGUE KILLS" The students also took an initiative to distribute pamphlets to the public to make them understand how dengue outbreak could be prevented and also suggested various preventive & treatment measures to be followed in our day- to- day life.





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29. Fostering Students Creativity and Critical thinking

Department:	Department of Bank Management - Shift II
Date of Event:	11/12/2021
Topic:	Fostering Students Creativity and Critical thinking
Event Category:	Webinar
Level: College	No of Participants: Students: 200
Judges/Guest (with designation)	Mr. Gopinath, Head & Assistant Professor, Computer Science, Vallalur College of Science and Management, Karur

Brief Report:

The Department has organised a workshop on the topic “Fostering Students Creativity and Critical thinking”. The webinar was started with a prayer song followed by the welcome address and introduction of the guest speaker Mr. Gobinath.B. The guest speaker session on the topic commenced and her ideas and thoughts on the same were shared. The session ended with an Q&A session from the students. The webinar ended successfully with the vote of thanks.





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30. You don't need a title to be a leader

Department:	Post Graduate Department of Computer Science
Date of Event:	15/12/2021
Topic:	You don't need a title to be a leader
Event Category:	Motivational Talk
Level: College	No of Participants: Students:95
Judges/Guest (with Designation)	Dr. C.V. Suresh Babu, Professor, Department of Information Technology, Hindustan Institute of Technology and Science Chennai. Head-Content Development, Anniyappa Publications, Chennai.

Brief Report:

On 15 December 2021, the Department organized a motivational talk on "You don't need a title to be a leader". Dr. C.V. Suresh Babu Professor, Department of Information Technology, Hindustan Institute of Technology and Science, Chennai . Head-Content Development, Anniyappa Publications, Chennai was the resource person. He explained about the qualities of a leader and how to become a good leader. This session was arranged to motivate the students and their confidence.





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31. Basics of Photography and Editing

Department:	Department of English - Shift II
Date of Event:	15/12/2021
Topic:	Basics of Photography and Editing
Event Category:	Workshop
Level: College	No. of Participants: Students:186
Judges/Guest (with Designation)	Mr. Barath Raj Muthukumar, On-set Photographer and Associate Cinematographer, ZEE5, India

Brief Report:

The Department of English - Shift II, organized a Workshop titled, “Basics of Photography Editing” by Mr.Barath Raj Muthu Kumar, On-set Photographer, Associate Cinematographer, ZEE5, India. About 180 students from the Department of B.Com (Corporate Secretaryship) and B.Sc (Psychology) participated in this workshop. The students were given tips and techniques on photography and editing emphasizing on the role of lens, focus, framing, angles and lighting for amateurs to enhance the Photography skills. The resource person gave suggestions to the students on the choice of camera and explained mistakes to avoid while taking pictures. The workshop motivated the students to explore the various facets of photography so that they can take photography as a profession with confidence.





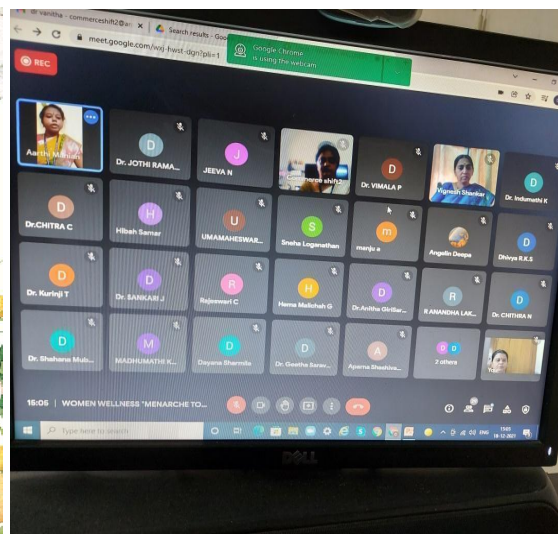
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32. Women Wellness Menarche to Menopause

Department:	Department of Commerce General - Shift - II
Date of Event:	18/12/.2021
Topic:	"Women Wellness Menarche to Menopause".
Event Category:	Awareness Webinar
Level: College	No. Participants: Students: 30
Judges/Guest (with Designation)	Dr. L. Vanitha, MD (Siddha) Seed Trust, Tirunelveli

Brief Report:

Department of Commerce General Shift-II organized a Student Awareness Webinar on "Women Wellness Menarche to Menopause". The resource person explained clearly about women wellness and the tips to stay healthy.





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33. Math slogan, Math Poster, Math Doodle

Department:	Department of Mathematics
Date of Event:	22/12/2021
Topic:	Math slogan, Math Poster, Math Doodle - National Mathematics Day
Event Category:	Inter Department Skill Based Events
Level: College	No of Participants: Students: 10
Judges/Guest (with Designation)	Mrs.R.Mahalakshmi,Asst.Prof,Department of Mathematics, Mrs.C.D.Kalpana,Asst.Prof,Department of Mathematics.

Brief Report:

RAMANUJAM DAY INVITE



RAMANUJAM DAY REPORT

Department of Mathematics & IQAC celebrated National Mathematics Day on 22nd December 2021 to commemorate the birth anniversary of SRINIVASA RAMANUJAM.

The following interdepartmental skill based events were conducted.

- 1.Math Slogan - The beauty of Mathematics



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2. Math Poster – Mathematics in your Perception

3. Math Doodle – Infinity and Beyond

Around 23 students from various departments of our college participated. Mrs. R. Mahalakshmi & Mrs. C.D. Kalpana Asst. Professor, Department of Mathematics judged the event. The Prize winners are

MATH SLOGAN

I Prize – A.Sithi Sumaiya II B.Com (G) 'B' Shift II

II Prize – S.Akshida II B.Com CA



MATH POSTER

I Prize – Samyuktha Rajkumar II B.Com (G) 'B' Shift II

II Prize – M.Kiruthika Pechiammal I B.Sc. Mathematics



MATH DOODLE

I Prize – V.Bala Saraswathi II B.Sc. Mathematics

II Prize – B. Sruthi II B.Com (G)





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34. Upskill - Reskill

Department:	Post Graduate Department of Corporate Secretaryship
Date of Event:	11/03/2022
Topic:	'Upskill - Reskill'
Event Category:	Skill Development Program
Level: College	No of Participants: Students: 180
Judges/Guest (with Designation)	Ms. Angelin Indira Jeevamony, Founder and CEO, Ed-Zoe

Brief Report:

The Post Graduate Department of Corporate Secretaryship - Shift - I & IQAC conducted a webinar on the topic 'Upskill - Reskill' on 11/03/2022. The event was conducted exclusively for the benefit of Girl students and Women. The Keynote Address was delivered by Ms. Angelin Indira Jeevamony emphasized on the need for girl students and Women to get over their fear, manage their time and upskill themselves to help increase employment opportunities and provide a good life. She then went on to speak about what her platform EdZoe offers in regard its affordability and ease of access, being a standing point. The webinar had great takeaways for everyone and was met with great enthusiasm by the organizers and audience.





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35. Design Thinking, Critical Thinking & Innovative Design

Department:	Institution's Innovation Council
Date of Event:	17/03/2022
Topic:	Design Thinking, Critical Thinking & Innovative Design
Event Category:	Webinar
Level: College	No. Of Participants: Students: 76
Judges/Guest (with Designation)	Mr. Darwin Nesakumar A Assistant professor, R.M.K. Engineering college. Certified IIC Innovation Ambassador

Brief Report:

The session started with a formal Welcome address given by the Convenor of IIC, Dr. G. Varalakshmi, Department of Corporate Secretaryship, Shift- I. She also introduced the guest speaker for the day. Mr. Darwin gave the students an excellent insight into the various levels and categories of thinking and how it can help them come out with innovative ideas. He also enlightened the students by giving inputs on enhancing their skills to keep themselves on par with the developing technology. The four pillars of thinking that Mr. Darwin discussed - Design thinking, Critical thinking, Analytical thinking and Innovative thinking will without doubt facilitate the student audience in becoming successful innovators of creative ideas that can be developed into technological inventions. The event ended with Mrs. Kala, Assistant professor from the Department of BBM, Shift - I thanked the speaker for his valuable inputs.

2. INNOVATION DESIGN THINKING (MIND MAPPING)

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'B' status Under UGC Act

INSTITUTION'S INNOVATION COUNCIL (IIC)
In Association with
Entrepreneurship Development Cell
is organizing a Webinar on

"DESIGN THINKING, CRITICAL THINKING AND INNOVATIVE DESIGN"

IIC SELF DRIVEN ACTIVITY - QUARTER 3

RESOURCE PERSON
Mr. Darwin Nesakumar A
Assistant Professor, Department of ECE,
Certified
IIC Innovation Ambassador
RMK Engineering College.

Dr. R. Shanmugam
Principal,
Anna Adarsh college
for women

Dr. Anita Ramesh
Vice-Principal & Dean
(Academic),
Institution's IIC,
Anna Adarsh college
for women

Dr. Marceline Paulina
Socio-Educational Officer,
IIC, Department of ECE,
Anna Adarsh college
for women

Dr. G. Varalakshmi
Assistant Professor,
Department of BBM,
Anna Adarsh college
for women, IIC

Date : 17/03/2022
Time : 12:30 to 1:30 PM



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36. Psychological First Aid

Department:	Department of Psychology
Date of Event:	24/03/2022
Topic:	Psychological First Aid
Event Category:	Orientation program
Level: Intra-departmental	No. Of Participants: Students: 79
Judges/Guest (with Designation)	Dr. S. Thenmozhi, Prof and HOD, Counseling Psychology, University of Madras

Brief Report:

Given the rising need for emotional solace in wake of the uncertainties of the so-called 'new normal', it was considered appropriate to introduce the students to the fact that they too can offer counselling support at a very basic level, even in the absence of formal training based on the concept of 'Psychological First Aid'. Dr. S. Thenmozhi, Professor and Head, Department of Counseling Psychology in the University of Madras was invited to share her expertise on the same on 24/03/22. The presentation was interactive and informative, touching upon the basic principles of the helping profession; the requisite skills and steps in providing PFA; tools that can be adopted; self-care and other relevant aspects. About 79 students from the department were benefited by the knowledge shared.





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37. Data Analytics and Visualization

Department:	Post Graduate Department of Computer Science
Date of Event:	26/03/2022
Topic:	Data Analytics and Visualization
Event Category:	Academic based
Level: Inter Department	No of Participants: Students: 98
Judges/Guest (with Designation)	Mr. Karthik Dale, Corporate Trainer, Consultant & Founder, DataSkills

Brief Report:

The Postgraduate Department of Computer Science organised a webinar on “Data Analytics and Visualisation” on 26 March 2022. The Guest Mr. Karthik Dale, Corporate Trainer, Consultant & Founder, DataSkills explained the need of data analytics which provides the right data at the right time to the right people so that it is useful for making the right decisions. Both faculty and students attended this programme.

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POST GRADUATE DEPARTMENT OF COMPUTER SCIENCE
TECHBYTE STUDENTS' CONSORTIUM
Cordially invites you to
WEBINAR ON DATA ANALYTICS AND VISUALIZATION

RESOURCE PERSON
Mr. KARTHIK DALE B.Com., M.B.A.
Corporate Trainer, Consultant & Founder, DataSkills

GMEET **MARCH 26, 2022** **3.00 PM**

Dr. HANNAH VIJAYKUMAR
HEAD, DEPT OF COMPUTER SCIENCE

Dr. MARCELIN PUSHPA
DEAN (STUDENT AFFAIRS)

Dr. ANITA RAMAN
VICE PRINCIPAL & DEAN (ACADEMICS)

Dr. R. SHANTHI
PRINCIPAL



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38. Photo Album Designing and Gift Box Making

Department:	Department of Home Science
Date of Event:	26/03/2022
Topic:	Photo Album Designing and Gift Box Making
Event Category:	Alumni Initiative, Skill-Based workshop
Level: College	No. Of Participants: Students: 90
Judge/Guest (with Designation)	Miss A.Rukhaiya, Entrepreneur & Alumna of Dept. of Home Science, 2017-2020 Batch

Brief Report:

The Department of Home Science in association with the Institution's Innovation Council organised an alumni initiative program. The program was an online skill-based workshop on "Photo Album Designing and Gift Box Making". Ms. Rukhaiya, an alumna of the department was the resource person. She spoke about her journey of becoming an entrepreneur and motivated the audience to begin their own start-ups. She taught the audience about making various types of decorative albums for occasions like baby showers, birthdays and weddings. She also explained the steps in making a myriad variety of gift boxes like the explosion box, magic box and cascade box that were in vogue. She shared details about the materials required to do the products, shops to buy the raw materials and elaborated on the packing and transportation required to despatch the finished products to customers. About 15 teachers and 75 students benefited from this program.





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39. Hindi Teaching

Department:	Department of Hindi
Date of Event:	30/03/2022
Topic:	Hindi Teaching
Event Category:	Workshop
Level: College	No. Participants: Students: 105
Judges/Guest (with Designation)	Dr Nazeem Begum Associate Professor, Dakshin Bharat Hindi Prachar Sabha Dr. Fathima, Assistant Professor, Stella Maris College Dr. Ezhil Nachiar, Head, Department of Hindi, SDNB Vaishnav College

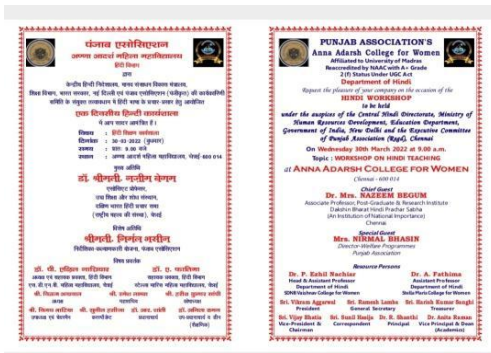
Brief Report

Under the auspices of Central Hindi Directorate, Ministry Of Human Resources Development, Education Department, Government of India, New Delhi and Punjab Association, Chennai, to promote our National Language Hindi in non hindi speaking areas ,on 30/03/2022, One Day Hindi Workshop on the Topic: “Workshop on Hindi Teaching” was conducted. The workshop was inaugurated by the Chief Guest Dr. Nazeem Begam, Associate Professor, Post Graduate and Research institute, Dakshin Bharat Hindi Prachar Sabha (An Institution Under National Importance Act) ,Chennai along with the Special Guest Mrs. Nirmal Bhasin , Director-Welfare Programme, Punjab Association and Dr. Anita Raman, Vice Principal & Dean(Academics), Anna Adarsh College for Women Dr. Anita Raman, Vice Principal & Dean(Academics), Anna Adarsh College for Women delivered the welcome speech. Dr. J. Padmapriya , Head ,Department of Hindi introduced



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the workshop topic to the audience. Dr Anupama.k , Assistant Professor Department of Hindi ,introduced the Chief Guest ,Resource Persons and the Special Guest to the audience. Chief Guest Dr .Nazeem Begum rendered a thought provoking speech on the importance of teaching and learning Hindi language. Resource person Dr. Ezhil Nachiar, Head, Department of Hindi ,SDNB Vaishnav College for Women taught the audience the Methodology of teaching Hindi Language to non hindi speaking students in the academic field. Dr A. Fathima, Assistant Professor ,Department of Hindi, Stella Maris College, taught the students the methodology of teaching Hindi language to non hindi speaking students in general field. Through PPT Presentation and questionnaires, and with printed materials, resource persons motivated the audience in inculcating the service minds of teaching Hindi Language towards the target community. Vote of Thanks was delivered by Ms. Sevitha ,student of Corporate Secretaryship ,Shift II.





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40. Baking

Department:	Department of Home Science in Association with Institution's Innovation Council (IIC)
Date of Event:	02/04/2022
Topic:	Baking
Event Category:	Skill Based program - Online Workshop
Level: College	No. of Participants: Students: 105
Judges/Guest (with Designation)	Miss P.Harshita , Alumna 2018-2021 Entrepreneur

Brief Report:

The Department of Home Science in association with the Institution's Innovation Council(IIC) organised an online workshop on baking on 02/04/2022. The resource person Miss P.Harshita (Alumna of the Department, 2018-2021 batch) taught the audience how to make cakes, shared recipes for different types of cakes, gave tips about overcoming common problems during baking a cake. She also spoke about the requisites to become an entrepreneur and to begin a start-up. The program was received well by the audience which was evident in the positive feedback given by them.

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Department of Home Science (Nutrition, FSM & Dietetics)
in Association with
Institution's Innovation Council (IIC)
is Organizing an Online Workshop on Baking

Resource Person: Miss Harshita P
Entrepreneur,
(Alumna)- 2018-2021

Dr. V. Suganthi
Associate Professor & Head
Department Of Home Science

Dr. Marcelin Pushpa
Dean (Student Affairs)

Dr. Anita Raman
Vice-Principal
Dean (Academics)

Dr. R. Shanthi
Principal

Date: 02-04-2022
Time: 10 Am to 11Am



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41. Bakery and Beautician courses

Department:	Department of Business Economics
Date of Event:	06/04/2022 to 12/04/2022
Topic:	Bakery and Beautician courses
Event Category:	Entrepreneurial Skill Based Program - Certificate Course
Level: College	No of Participants: Students: 70
Judges/Guest (with Designation)	KVIC, Ministry of MSME Govt. of India. Instructor: Mr.Khanna Mrs. Angel Mrs. Roseline

Brief Report:

The Department of Business Economics “ and IQAC of Punjab Association’s Anna Adarsh College for Women conducted a 5 days skill development training program on bakery and beautician courses.. Batch “1” was a Bakery Course and Beautician course was conducted on 6/04/2022 -12/04/2022 . On day 1 of the bakery course the students were taught about basic raw materials needed for baking and karachi , almond biscuits were made , day 2 vanilla sponge cake , cream bun , anarkali bun , bombay pav . day 3 veg puff , egg puff . day 4 ghee biscuits , paneer roll , fruit cake . day 5 blackforest cake , honey cake , butter biscuit .

On day 1 of the Beautician Course the students were taught threading , bleach , de-tan . day 2 facial , hair spa pedicure & manicure , hair colouring and gunshot for ear piercing . day 3 haircut , hair styling , waxing, mehndi , warts removing , stage makeup and hairdo . day 4 nail art , hot oil massage and personal grooming . day 5 saree draping and bridal makeup.

End of the 5 days Bakery and Beautician Course, Certificate was issued . The Bakery Course was taught for 40 students and Beautician Course for 30 students. Totally 70 students were benefited by this programme.



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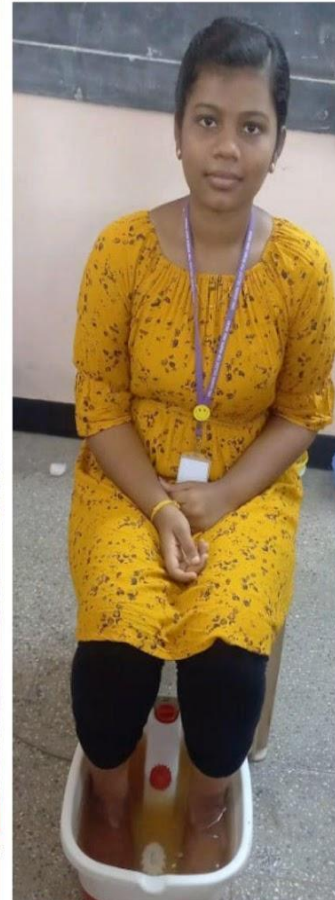


GPS Map Cam

Chennai, Tamil Nadu, भारत

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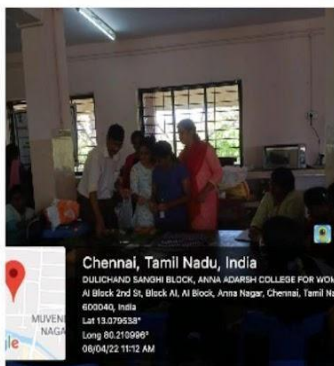
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Chennai, Tamil Nadu, India

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Chennai, Tamil Nadu, India

DULICHAND SANGHI BLOCK, ANNA ADARSH COLLEGE FOR WOMEN, AI Block, 2nd St, Block AI, AI Block, Anna Nagar, Chennai, Tamil Nadu 600040, India

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Long 80.210999°
08/04/22 11:12 AM



Chennai, Tamil Nadu, India

DULICHAND SANGHI BLOCK, ANNA ADARSH COLLEGE FOR WOMEN, AI Block, 2nd St, Block AI, AI Block, Anna Nagar, Chennai, Tamil Nadu 600040, India

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Long 80.21099°
07/04/22 11:08 AM



Chennai, Tamil Nadu, India

DULICHAND SANGHI BLOCK, ANNA ADARSH COLLEGE FOR WOMEN, AI Block, 2nd St, Block AI, AI Block, Anna Nagar, Chennai, Tamil Nadu 600040, India



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42. Menstrual Health Adolescents and Career Building Dietetics - World Health Day

Department:	Department of Home Science & Institution's Innovation Council
Date of Event:	07/04/2022
Topic:	Menstrual Health Adolescents and Career Building Dietetics - World Health Day
Event Category:	Webinar
Level: International	No. of Participants: Students: 85
Judges/Guest (with Designation)	Dr.K.Nivedita Bharathy, Consultant Obstetrician and Gynaecologist and Dr.Sunitha Zechariah, Associate Director, Dietetic Internship, Augusta, GA.

Brief Report:

The programme started with the Principal, Dr. R. Shanthi proposing the welcome address to the audience. The First speaker for the webinar Dr.K.Nivedita Bharathy, Consultant Obstetrician and Gynaecologist, was introduced by the Vice Principal, Dean (Academics) & President IIC – Dr. Anita Raman. Dr. K. Nivedita Bharathy elaborated the gathering on the importance of good menstrual hygiene, common myths and misconceptions associated and solutions to the same. The talk was followed by an interactive question & answer session. The speaker clarified all the doubts and queries raised by the audience on the do's and don'ts of menstrual health. The Head of the Department of Home Science Dr. V. Suganthi, introduced the second speaker for the event – Dr.Sunitha Zechariah, Associate Director, Dietetic Internship, Augusta, GA. Dr. Sunitha enlightened the audience on the prospective career aspects of Dietetics as a healthcare profession. She also explained to the students the requirements and procedure to apply for a career in dietetics abroad for those who aspire. A brief Question & answer session followed the lecture. The event concluded with the Vote of thanks proposed by Mrs. S. Sangamithra, Assistant Professor, Department of Home Science.



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DEPARTMENT OF HOME SCIENCE, IQAC & IIC

In association with
NUTRITION SOCIETY OF INDIA, CHENNAI CHAPTER

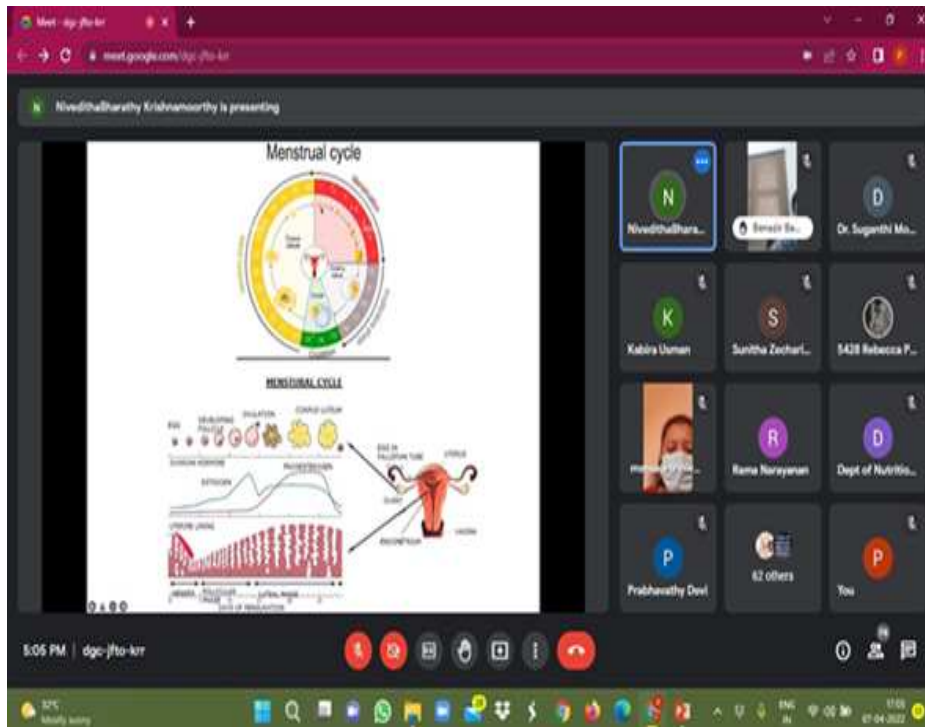
Cordially invites you for the international webinar in connection with
WORLD HEALTH DAY
On 7th APRIL 2022 @ 4.30 pm

MENSTRUAL HEALTH OF ADOLESCENTS:
Dr. K. Nivedita Bharathy, M.B.B.S., D.G.O., F.R.C.O.G (UK),
Consultant Obstetrician and Gynaecologist
Apollo Speciality Hospital, Chennai
MGM Healthcare, Chennai
Mangal Women's Health Exclusive, Chennai.

CAREER BUILDING IN DIETETICS:
Dr. Sunitha Zechariah PhD, RDN, LD, CNSC, FAND.,
Associate Director, Dietetic Internship
Morrison Healthcare, Augusta, GA.

REGISTRATION LINK: <https://forms.gle/xKdMcbBci2NPx5126>

Dr. Shareefa Talha, Convener, NSI, Chennai Chapter
Dr. V. Suganthi, Head, Department of Home Science-N&D Co-convener, NSI, Chennai Chapter
Dr. Anita Raman, Vice Principal & Dean(Academics)
Dr. R. Shanthi, Principal





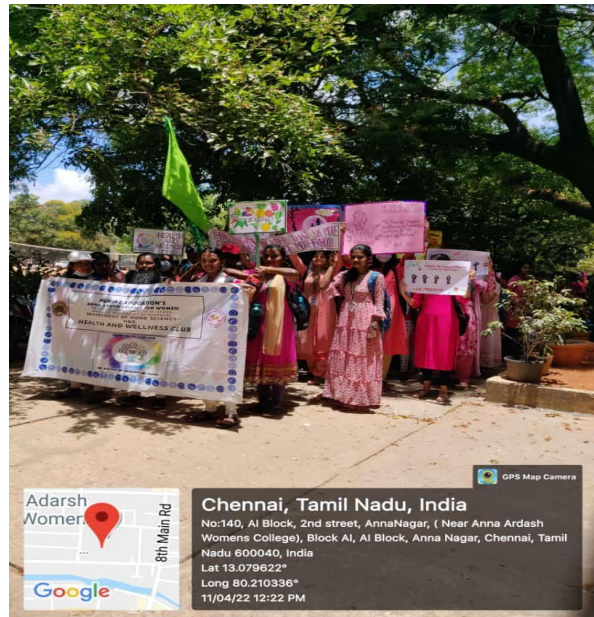
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43. National Safe Motherhood Day

Department:	Department of Home Science in collaboration with Health and Wellness Club
Date of Event:	11/04/2022
Topic:	"National Safe Motherhood Day"
Event Category:	An awareness Rally in College Campus
Level: College	No. of Participants: Students: 94
Judges/Guest (with Designation)	-

Brief Report:

The Department of Home Science in association with the Health And Wellness Club Conducted a Rally to create awareness on National Safe Motherhood Day on 11-04-2022





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44. Aari and Beautician courses

Department:	Department of Business Economics
Date of Event:	18/04/2022 to 22/04/2022
Topic:	Aari and Beautician courses
Event Category:	Entrepreneurial Skill Based Program - Certificate Course
Level: College	No of Participants: Students: 57
Judges/Guest (with Designation)	KVIC, Ministry of MSME Govt. of India. Instructor: Mrs.Elakia Mrs. Angel Mrs. Roseline
Brief Report: The Department of Business Economics and IQAC of Punjab Association's Anna Adarsh College for Women conducted a 5 days skill development training program on Aari and Beautician courses in two batches . Batch II of Aari embroidery work and Beautician course was conducted on 18/04/2022 - 22/04/2022 . On day 1 of the BEAUTICIAN COURSE ,30 students were taught threading , bleach , de-tan . day 2 facial , hair spa pedicure & manicure , hair colouring and gunshot for ear piercing . day 3 haircut , hair styling , waxing, mehndi , warts removing , stage makeup and hairdo . day 4 nail art , hot oil massage and personal grooming . day 5 saree draping and bridal makeup On day 1 of AARI and embroidery work 27 students were taught how to fix cloth in aari frame and stand . day 2 various stitches such as khata stitch , mat stitch , water stitch cut beads . day 3 chmaki stitch , bead loads and embossed beard load. Day 4 tracing method , blouse marking , 5 motifs work , blouse neck designing . day 5 blouse neck designing , complete neck design planning design and price designing. End of the 5 days Aari and Beautician Course,Certificate was issued . Totally 57 students were benefitted	



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Chennai, Tamil Nadu, India

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Lat 13.079534°
Long 80.210587°



Chennai, Tamil Nadu, India

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Chennai, Tamil Nadu, India

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Chennai, Tamil Nadu, India

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Lat 13.079619°



Chennai, Tamil Nadu, India

21/162/1, AI Block 2nd St, Block AI, AI Block, Anna Nagar, Chennai, Tamil Nadu 600040, India
Lat 13.079632°

