



Punjab Association's  
**ANNA ADARSH COLLEGE FOR WOMEN**  
(Affiliated to University of Madras)  
**ANNA NAGAR, CHENNAI 600040**

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CRITERION 7

***Beyond the Campus Environmental  
promotion activities***



Punjab Association's

# ANNA ADARSH COLLEGE FOR WOMEN

(Affiliated to University of Madras)

Chennai - 600040, Tamil Nadu.

## Verified & Certified Documents

Metric No.:..... 7.1.3 .....

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*R. Shanthi*

PRINCIPAL





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#### **7.1.3-4-BEYOND THE CAMPUS ENVIRONMENTAL PROMOTION ACTIVITIES**

Many promotional activities were conducted beyond the campus by the departments and clubs. The NSS Volunteers took up outdoor campaigns and rallies to create awareness on the importance of cleanliness in the neighborhood, for the CLEAN INDIA program, observed 'Poshan Maah' in 'Vaniyanchavadi' village. The students' distributed nutritious food and emphasized the importance of cleanliness to children in the village and in the old age home. They also conducted intensive cleaning of the school campus of Nungambakkam Girls Higher Secondary School, Chennai, organized "Clean India Campaign and Dengue Prevention in few prominent areas. The YRC unit of College along with the Department of English organized cleaning up of St. Fort George as a community service program. The Department of Tourism and Travel Management in association with Be Positive Training Academy organized tree plantation drive in Government Girls Higher Secondary School, Department of Bank Management organized a Cleanliness Drive at Avadi Paruthipattu Lake Green Park to mark the ambitious mission of Swachh Bharat Swasth Bharat Abhiyaan initiated by the Honourable Prime Minister. On March 5, 2022 a Session on 'Discover Your Inner Peace with Yoga' and a rally on 'Creating a Better World for Women' 'Temple Clean up - Towards Cultural Consciousness'. cultural Activities were organized. The Post Graduate Department of Social Work organized a program on REDUCE USE OF PLASTICS - To spread awareness about the Environment. The Enviro Club organized an awareness rally in the college campus and in the neighborhood on the theme "Say No To Plastics".



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**CLEAN AND GREEN INDIA RALLY**







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## BICYCLE RALLY







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**SAY NO TO PLASTIC INITIATIVE**



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Re-accredited by NAAC with A+ Grade  
Affiliated to University Of Madras  
2(f) Status under UGC Act

**ENVIRO CLUB & IQAC**  
Conducts an awareness rally on  
6th April 2022 @ 9 am  
around college campus  
on the theme  
**" SAY NO TO PLASTICS " -**  
**PLASTIC IS OBSCENE**



**Dr.Anita Raman**  
Vice Principal & Dean (academics)  
**Dr.S.Marceline Pushpa**  
Dean (Student Affairs)

**Dr.R.Shanthi**  
Principal  
Club Co-ordinators  
**Dr.V.Sathyavathy**  
**Mrs.B.Kavitha**





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**BEYOND THE CAMPUS ENVIRONMENTAL PROMOTIONAL  
ACTIVITIES LIST**

S.no	Date	Program	No.of.Participants
<b>2017-2018</b>			
1	11/07/2017	The Rotaract Club of College attended a rally for rivers awareness programme held at YMCA Ground, Nandanam.	15
2	24/01/2018-30/01/2018	NSS volunteers visited Vanianchavadi from 24th January to 30th January created awareness on cleanliness and environment degradation	153
<b>2018-2019</b>			
3	17/07/2018	Department of Corporate Secretaryship did Community Service where they spread awareness on the importance of clean environment at Sri Vidyodaya Learning center	15
4	09/01/2019	Department of Public Administration organised community and outreach program to Garden of peace school where they spread awareness on the importance of clean environment	60
<b>2019-2020</b>			
5	23/07/2019	The NSS unit of the college organised an "Awareness Programme" which was conducted for the domestic helpers in the nearby area, about the importance of water conservation and the methods of conserving water. The speech was given by the prize winners of the PPT competition on 'Water Conservation'. The domestic helpers were also given 'sprinkler tap fitting' to be used by them in their workplace.	75
6	06/08/2019	The NSS Volunteers took up an outdoor campaign to make the people aware about the importance of cleanliness in the neighbourhood.	75
7	10/08/2019	The NSS Volunteers dedicated their service for intensive cleaning of school campus of Nungambakkam Girls Higher Secondary School, Pushpa Nagar, Chennai 600 034 as community service	93
8	12/08/2019	the NSS volunteers of Anna Adarsh College	150



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		organised a rally depicting various messages of cleanliness to <i>create awareness among the public for Clean India.</i>	
9	16/08/2019	Dept of Tourism and Travel Management in association with <i>Be Positive Training Academy organised tree plantation drive in Govt girls Hr Sec Schools</i> , as community service, Extension Activity	15
10	24/11/2019	Department of <i>English Cleaning up St. Fort George as community service</i>	30
<b>2021-2022</b>			
11	11/10/2021	NSS unit of the college organised " <i>Clean India Campaign and Dengue Prevention in prominent areas</i>	75
12	21/12/2021	Department of Bank Management, Shift I organised a <i>Cleanliness Drive at Avadi Paruthipattu Lake Green Park</i> to mark the ambitious mission of Swachh Bharat Swasth Bharat Abhiyaan initiated by the Honourable Prime Minister	12
13	03/03/2022	Post Graduate Department of Social Work organised Outreach Programme - <i>School Students in NSS Camp And Padma Adarsh School on topic Reduce Use of Plastics-</i> To spread awareness about Environment	20
14	19/04/2022	Post Graduate Department of English in Association with Institution's Innovation Council(IIC) & PRIMAA organised <i>Earth Day Rally 2022 to create awareness among students and neighbourhood</i>	125
15	06/04/2022	Enviro club- <i>Say No to Plastics rally</i> was organized.	25
16	01/03/2022 to 07/03/2022	The National Service Scheme unit of the college organised a Special Camp on the theme " <i>Healthy Youth for Healthy India</i> " Padma Adarsh School, Vaniyanchavadi. March 1, 2022, Inauguration of Special Camp in the College. March 2, 2022, a Special Talk on 'Book Reading in the Digital Era' March 3, 2022, <i>Special Talk on 'Heal a Child, Change the World', 'Healthy Youth for Healthy India', Street Plays on Environmental Awareness</i> and Child Rights to the Inmates. March 4, 2022, there was a Special Talk on 'Make Your Mental Health a Priority', 'Role of NSS Volunteers in Protecting the Environment', 'Career Guidance for Youth Development'	24





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		<p>March 5, 2022, Session on 'Discover Your Inner Peace With Yoga' and a rally on 'Creating a Better World for Women' 'Temple Clean up - Towards Cultural Consciousness'. cultural Activities . March 6, 2022, an Awareness Session on 'Medicinal Drink Distribution - Prevention is better than Cure'. Nilavembu drink was distributed March 7, 2022, Valedictory Ceremony Saplings of medicinal value were planted in the School Campus , visit to old-aged home</p>	
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**BEYOND THE CAMPUS PROMOTIONAL ACTIVITIES REPORTS**

Department:	ROTARACT CLUB OF AACW
Date of Event:	11/7/2017
Topic:	The Rotaract Club of College attended a rally for rivers awareness programme on held at YMCA Ground, Nandanam.
Event Category:	AWARENESS PROGRAMME
Level:	No of Participants: 15

Brief Report: The Rotaract Club of College attended a rally for rivers awareness programme on held at YMCA Ground, Nandanam.

**RALLY FOR RIVERS**  
INDIA'S LIFELINES

Join the movement!  
Sep 10, Sunday 6 - 8:30 PM  
YMCA Grounds, Nandanam,  
Chennai  
Register at [bit.ly/sep10event](http://bit.ly/sep10event)

**Rivers need you. Join us**

Actor, Padmashri Vivek  
Compering the event

Playback Singer Shri. Karthik  
Music Program on "Save our Rivers"

Pop Singer, Padmashri Usha Uthup  
Pop Music Performance

In the Presence of  
**Sadhguru**  
Isha Foundation

**All are welcome**

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Department:	National Service Scheme
Date of Event:	24 <sup>th</sup> January to 30 <sup>th</sup> January, 2018
Topic:	Special Camp
Event Category:	Outreach Programme
Level: College	No of Participants: 153
Judges/Guest (with Designation)	Mr. Shyam Sunder  Dr. Jayaprakash, Associate Professor, Gurunanak College Ms.Indhu Priya, Danirasa Foundation Mr.Vetrivel, Founder, Awareness India Movement Dr. Bhaskar, NSS Coordinator, University of Madras

Brief Report:

- NSS volunteers visited Vanianchavadi from 24<sup>th</sup> January to 30<sup>th</sup> January
- Inauguration of the special camp by the Principal, Anna Adarsh College for Women Dr. Jayashree Ghosh







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- Visit to three Villages Kazhipattur, Padur, and Eegatur
  
- Awareness rally about voter rights, cleanliness, environment degradation and importance of health, hygiene and girl child education.
  
- Survey in the village to understand their basic amenities
- Cleaning the temple
- Visit to three Villages Kazhipattur, Padur, and Eegatur
- Awareness rally about voter rights, cleanliness, environment degradation and importance of health, hygiene and girl child education.
  
- Survey in the village to understand their basic amenities
  
- Cleaning the temple
  
- Outreach program
  
- Empowerment through health education



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- Mr. Shyam Sunder - Spoke about the human values and importance of time management.
- Dr. Jayaprakash, Associate professor, Gurunanak college- enlightened the students about ethics and the need to serve the society.
- Ms. Indhu Priya, Danirasa Foundation - Awareness on the importance of hygiene while using sanitary products and the harmful effects of modern products Women were educated about the importance of hygiene.
- Mr. Vetrivel, Founder, Awareness India Movement explained about clean and green, solid waste management

#### Valediction

- Dr. Bhaskar NSS Coordinator University of Madras addressed the volunteers on the day of valediction. He appreciated the students for the various activities in which they had participated and encouraged them to pursue further social service acts. He also explained about the importance of involving themselves in special camps and the various opportunities to explore during special camps were highlighted.



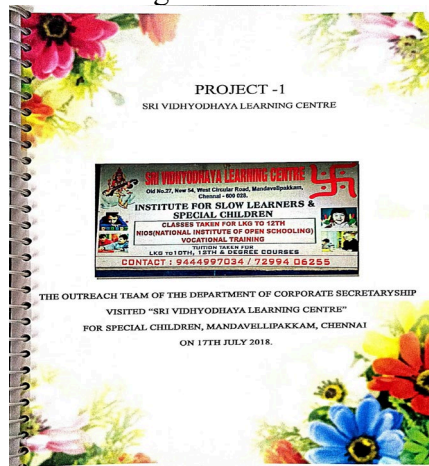


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Department:	Department of Corporate Secretaryship
Date of Event:	17.07.2018
Topic:	Outreach Programme to Sri Vidyodaya Learning Center
Event Category:	Outreach Programme

Brief Report:

The Students of the Department of Corporate Secretaryship visited "Sri Vidyodaya Learning Center" for special children, Mandavelipakkam, Chennai on 17<sup>th</sup> July 2018. The Students started by **helping in cleaning the institution** and also spent quality time with the special children and organized various games in which the children participated with great zeal. The special children screened a short film which was directed and performed by them. The short film was titled "Manpuzhu" which narrated the love, kindness and generosity of the special children. As a philanthropic Act, the Corp stars donated Rs.5000/- towards the welfare of the learning center.





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Department:	Public Administration
Date of Event:	09/01/2019
Topic:	Visit to Garden of Peace School, Kurumbupalayam, Vellore
Event Category	Outreach Programme
Level:	Department ,No of Participants: 60
Judges/Guest with Designation)	Mr.Nithya Kumar, Former Panchayat President Ms.Nirmala, Headmistress of the School  Dr.Santhosh Balakrishnan, Project Co-ordinator andMentor of the School

Brief Report:

The Post Graduate and Research Department of Public Administration organized an Outreach Programme to 'Garden of Peace', a primary school located in Kurumbupalayam village near Vellore in Tamil Nadu. Dr.R.Manivannan, Professor and Head, Department of Politics and Public Administration, University of Madras, is the Founder-Member of the School where education and nutritious food are provided to the school children at free of cost. **The School children are well trained in self-discipline as well as cleanliness.** Faculty and students of the department had an interactive session with the former Panchayat President Mr.Nithya Kumar and Ms.Nirmala, Headmistress of the School, regarding the provision of basic amenities and welfare measures to the people of the Panchayat. Mr.Nithya Kumar shared the challenges faced in providing water supply to the rural community.

Dr.Santhosh Balakrishnan, Project Co-ordinator and Mentor, Garden of Peace School, briefed about the history and management of the school following which the faculty and students went on a visit to the Gandhi-King-Mandela Farm where organic farming is practised. The school students were later entertained by the students of the department through cultural activities like dancing and singing. A puppet show on the nutritional value of fruits and vegetables was also showcased by the department students.





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**Outcome:** The students were sensitized on the importance of keeping their surroundings clean and green and also spread awareness on the challenges faced by the children community from the less privileged sections and the nature of administration of schools at the village level. Further, they witnessed how the school children took care of themselves with least support from the school authorities.





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Department:	National Service Scheme
Date of Event:	23-07-19
Topic:	'Water Conservation' Awareness Programme to Domestic Helpers
Event Category:	Awareness Programme
Level: College	No of Participants: 75

**Brief Report:**

On 23<sup>rd</sup> July 2019, an 'Awareness Programme' was conducted for the domestic helpers in the nearby area, about the importance of water conservation and the methods of **conserving water**. The speech was given by the prize winners of the PPT competition on 'Water Conservation'. The domestic helpers were also given 'sprinkler tap fitting' to be used by them in their workplace.

**Outcome:**





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Department:	National Service Scheme
Date of Event:	06.08.19
Topic:	Campaign on Importance of Cleanliness in Neighborhood
Event Category:	Students Awareness Programme
Level:	No of Participants::75

**Brief Report:**

On 6<sup>th</sup> of August 2019, the NSS Volunteers took up outdoor campaign to make the people aware about the importance of cleanliness in the neighbourhood.





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Department:	National Service Scheme
Date of Event:	10-08-2019
Topic:	Swatchatha Bharath - Intensive cleaning of school campus as Community service
Event Category:	Outreach programme
Level: College	No of Participants: 93

**Brief Report:**

On 10<sup>th</sup> August 2019, the NSS Volunteers dedicated their service for intensive cleaning of school campus of Nugambakkam Girls Higher Secondary School, Pushpa Nagar, Chennai 600 034.



PIC-COLLAGE





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Department:	National Service Scheme
Date of Event:	12-08-2019
Topic:	Swachh Bharath Clean India Rally
Event Category:	Rally
Level: College	No of Participants: 150

**Brief Report:**

On 12<sup>th</sup> August 2019, the NSS volunteers of Anna Adarsh College organized a rally depicting various messages of cleanliness to create awareness among the public for Clean India.

**Outcome:**





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Department:	Tourism and Travel Management
Date of Event:	16 August 2019
Topic:	Planting tree saplings

Brief Report:



As part of the extension activities the Department of Tourism & Travel Management organized an event for Planting Tree Saplings in the Government Girls Higher Secondary School, Aminjikarai, Chennai in collaboration with the Be Positive Training Academy on 16 August 2019.



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Department:	English
Date of Event:	24.11.2019
Topic:	Cleaning Up St.Fort George as community service
Event Category:	City
Level:	No of Participants: 30

**Brief Report:**

The Department has organized a community service . Around 30 students cleaned up St.FortGeorge on 24.11.2019.





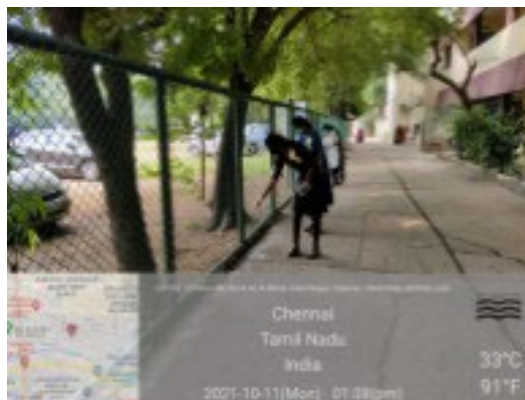


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Department:	National Service Scheme
Date of Event:	11.10.2021
Topic:	Clean India Campaign & Dengue Prevention
Event Category:	Institutional Social Responsibility Service
Level:	No of Participants: 75

**Brief Report:**

As a part of the Clean India Campaign and Dengue Prevention, the National Service Scheme Unit of the College disinfected the college campus in prominent areas. Due to the increase in the number of dengue cases in recent times, this measure was taken up by the NSS volunteers to ensure the campus is free from vector borne diseases





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Department:	Bank Management
Date of Event	21/12/2021
Topic	Park Sanitization
Event Category:	CSR Activity

**Brief Report:**

On 21.12.2021, the Department of Bank Management organized a Cleanliness Drive at AvadiParuthipattu Lake Green Park to mark the ambitious mission of Swachh Bharat Swasth Bharat Abhiyaan initiated by the Honourable Prime Minister, Shri Narendra Modi on the occasion of Gandhi Jayanti.

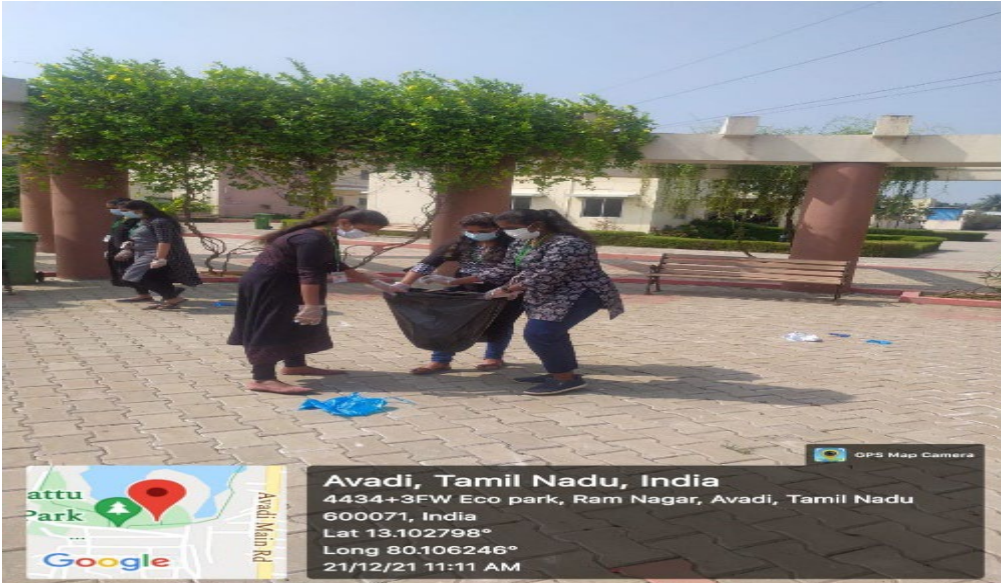
The objective of this programme is to spread awareness among the students about the significance of cleanliness and keeping the environment clean.

A group of 5 student volunteers, after wearing masks and gloves, hand-picked twigs, dry leaves and wastes tossed out in the park and disposed them using garbage disposal bags.

The student volunteers provided sanitizer and masks to the park visitors and also demonstrated waste segregation into bio-degradable and non-bio-degradable to keep their surroundings clean. The park administrators appreciated the student volunteers for the socially responsible act.



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Department:	MSW Shift - I
Date of Event:	03.03.2022
Topic:	REDUCE USE OF PLASTICS - To spread awareness about Environment
Event Category:	Outreach Programme - School Students In Nss Camp And PadmaAdarsh School
Level:	COLLEGE

Brief Report: **PROGRAMME REPORT**

Students of MSW1<sup>st</sup> year shift-1 and shift-2 enhanced with hands of NSS(National Service Scheme) on the field of **Vaniyanchavadi** which was the organization of the punjab association. This organization run through various sectors like old age home, school for the children and not only that they also helping hand for the students to cultivate their education.

**Objective: To spread awareness about Environment**

**Theme: #RRR#(Reduce,Reuse,Recycle)**

**Date:** 03.03.2022

**Day:** Thursday

**Time:** 10.30 am – 3.30 pm

**Activities of the day:**

1. Visit the oldage home
2. Environmental song
3. Highlights
4. Street play ( REDUCE!!REUSE!!RECYCLE!! )



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**Faculty Co-ordinator:** Shift 1 - Dr.G NEATHARAVATHI, Ms.MARY SHEENA.P.A

**Student Co-ordinators:** Shift 1 – Sanofar Siraj, Sindhu.S, Fathima Sameeha.A

### **PROGRAMME HIGHLIGHTS**

#### **Visit the old age home:**

This was the first visit of an old age home. We trainees interacted with the old age women which was a great experience for each and everyone of us of the trainees... And by visiting the old age home they manifested their inner thoughts and emotions.





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Environmental song:

We created awareness about the environment for the school students .We sang a song about environment(Reduce,Reuse,Recycle).it was a new experience for us.







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STREET PLAY :

we created awareness about environment through street play in front of the school students and the nss students.our street play theme is [RRR(Reduce,Reuse,Recycle)].This street play shows the environment importance and benefits for the future generation.It had a great impact for all the students.







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DEPARTMENT OF SOCIAL WORK 2021-22







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It was a great day with so much happiness and sharing of knowledge about old age home. It was an excellent exposure to the trainees. Environment awareness definitely boosted the school students which was the main focus of the field trip. We want to conclude that whatever be the situation, social workers should be neutral .



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Department:	English
Date of Event:	19-22 April 2022
Topic:	Earth Day
Event Category:	City
Level:	No of Participants: 150
Judges/Guest (with Designation)	Mrs. J. Pushpalatha, Anna Nagar Municipal Councilor, Mr. Nandagopal, A.E. and Mr. Suresh Kumar P.T.V., Deputy A.E. CMWSSB, Mr. Krishna Mohan Ramachandran, Chief Resilience Officer, Resilient Cities Network, Mr. Varun Aiyer, Theatre Artist

**Brief Report:**

English Department, Anna Adarsh College for Women & Prima Chennai organised 'Guardians Of Gaia' Festival to celebrate Earth Day 2022 and create awareness of water & environmental issues in Chennai.

The Festival was kicked-off with an Earth Day Rally on April 19th, 2022 in Anna Nagar close to the river Cooum. Anna Nagar Municipal Councilor, Mrs. J. Pushpalatha flagged off the Rally along with other dignitaries from Chennai Municipal Corporation including Mr. Nandagopal, A.E. and Mr. Suresh Kumar P.T.V., Deputy A.E. CMWSSB participated along with 125+ students, faculty and well-wishers.

All Earth Day activities culminated into a Grand Finale on April 22nd 2022 on the College campus. Mr. Krishna Mohan Ramachandran, Chief Resilience Officer, Resilient Cities Network was the Chief Guest. The festival highlight was the performance of a Contextual Play called 'Tales of Water Pakkam', which was devised and performed by student volunteers and PRIMAA under the guidance and Direction from Mr. Varun Aiyer.

Inter-collegiate and inter-department competitions on Climate Action themes were organized as part of the festival, with Poetry Slams, Visual Arts, Slogan writing, and other activities to Bring awareness to the Water and Environmental issues.



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Department:	Enviro club
Date of Event:	06.04.2022
Topic:	Say No to Plastics
Event Category:	Rally- value based
Level:	College
Judges/Guest (with Designation)	Dr.R.Shanthi Principal Dr. Anita Raman Vice Principal & Dean(Academics) Dr. S. Marceline Pushpa Dean (Student Affairs)

Brief Report:



In the modern world we humans are facing adverse health effects because of the usage of plastics in our daily life. In order to create awareness among public, nearly 120 students of "Anna Adarsh College for women" from Enviro club conducted a Rally. Principal, Vice Principal and Dean (Student affairs) inaugurated the campaign based on the theme "Say No to Plastics". Pamphlets were distributed to the people to create awareness about the problems due to the usage of plastics and emphasizing alternatives for plastics in the campaign.



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Department:	National Service Scheme
Date of Event:	March 1, 2022 to March 7, 2022
Topic:	Special Camp, "Healthy Youth for Healthy India"
Event Category:	Outreach programme
Judges/Guest (with Designation)	<p>Mr.Nandakumar, IRS, Additional Commissioner of Income Tax, Department of Revenue, Ministry of Finance, Government of India,</p> <p>Dr.Indumathi, Librarian, AACW,</p> <p>Fr.James Raj, SDB, Assistant Director, Don Bosco Anbu Illam Social Service Society, Mr. Vasanth</p> <p>Dr.Malathi and Team, Professional Counselor &amp; Head, Department of Psychology, Anna Adarsh College for Women</p> <p>Dr.V.Shanthi, Associate Professor, Department of Commerce (Shift I) &amp; Dr.Poornamathy, Assistant Professor, Department of Commerce (Shift II), Anna Adarsh College for Women</p> <p>Mr.B.Kalaiselvan, Divisional Accounts Officer, Grade 1, Indian Audit and Accounts Department</p> <p>Dr.R.Shanthi, Principal, Anna Adarsh College for Women</p> <p>Dr.Anita Raman, Vice Principal and Dean-Academics, Anna Adarsh College for Women</p>



Punjab Association's  
**ANNA ADARSH COLLEGE FOR WOMEN**  
(Affiliated to University of Madras)  
Chennai - 600040, Tamil Nadu.

Brief Report:

**PUNJAB ASSOCIATION'S**  
**ANNA ADARSH COLLEGE FOR WOMEN**  
(Re-accredited by NAAC with 'A+' Grade)  
Affiliated to University of Madras

**NATIONAL SERVICE SCHEME**  
organizes  
**SPECIAL CAMP**  
THEME: 'HEALTHY YOUTH FOR HEALTHY INDIA'  
01.03.2022 - 07.03.2022

VENUE  
UNIT 1: EGATODUR UNIT 2: KAZHIPADUR UNIT 3: PADUR

Dr. R. Shanmugam  
Principal

Dr. Anitha Raman  
Vice Principal & Dean - Academics

Dr. S. Marudhaniam  
Dean Student Affairs

NSS Programme Officers  
Ms. G. Hemalatha  
Ms. J. Sujatha  
Dr. M. Vijaya Saratha

**PROGRAMME SCHEDULE**  
**DAY 1**  
**01.03.2022, TUESDAY**  
**Special Camp Inauguration**

WELCOME ADDRESS  
DR. R. SHANMUGAM, PRINCIPAL,  
ANNA ADARSH COLLEGE FOR WOMEN, AACW

CHIEF GUEST INTRODUCTION  
DR. M. VIJAYASARATHA, NSS PROGRAMME OFFICER, AACW

CHIEF GUEST ADDRESS  
MR. V. NANDAKUMAR, IAS  
ADDITIONAL COMMISSIONER OF INCOME TAX,  
DEPARTMENT OF REVENUE,  
MINISTRY OF FINANCE, GOVERNMENT OF INDIA

NOTE OF THANKS  
MS. G. HEMALATHA, NSS PROGRAMME OFFICER, AACW

NATIONAL ANTHEM





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**DAY 2**  
**02.03.2022, WEDNESDAY**

**Special Talk on**  
**'ROLE OF NSS STUDENTS IN**  
**PROTECTING THE ENVIRONMENT'**

Dr. V. Shanthi, Associate Professor,  
Department of Commerce (Shift II)  
Anna Adarsh College for Women

Dr. V. Poornanthy  
Associate Professor,  
Department of Commerce (Shift II)  
Anna Adarsh College for Women

**Special Talk on**  
**'Book Reading in the Digital Era'**

Dr. Isidorethy  
Librarian,  
Anna Adarsh College for Women

**Book Donation by NSS Volunteers**

**Community Activities for Inmates**

**DAY 3**  
**03.03.2022, THURSDAY**

**Special Talk on**  
**'Heal a child, change the World'**

Chief Guest: Fr. James Raj, SDB,  
Assistant Director, Don Bosco Auto Help Social Service Society

**Special Talk on**  
**'Healthy Youth for Healthy India'**

Chief Guest: Dr. S. Marcellin Puthuppa,  
Dean-Student Affairs,  
Anna Adarsh College for Women

**Street Plays on**  
**Environmental Awareness & Child Rights**

by the Students of  
Department of Master of Social Work (Shift I & II),  
Anna Adarsh College for Women



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**DAY 4**  
**04.03.2022, FRIDAY**

Special Talk on  
**'Make Your Mental Health a Priority'**

*Chief Guest: Dr. Malathi & Team*  
*Professional Counsellor &*  
*Head, Department of Psychology,*  
*Anna Adarsh College for Women*

Special Talk on  
**Career Guidance for Youth Development**

*Chief Guest: Mr. R. Kalaiselvan, Divisional Accounts officer*  
*Grade - 1, Indian Audit and Accounts Department, Chennai*  
*&*  
*Co-founder of Max SSC Academy*

Sports activities with inmates

Prize Distribution for Winners in  
Sports Activities

**DAY 5**  
**05.03.2022, SATURDAY**

Session on  
**'Discover Your Inner Peace With Yoga'**

Rally on  
**'Creating a Better World for Women'**

*Inauguration by*  
*Chief Guest: Dr. R. Shanthi, Principal,*  
*Anna Adarsh College for Women*

Temple Clean-up  
**'Towards Cultural Consciousness'**



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The NSS Units of the College organized a Special Camp from March 1, 2022 to March 7, 2022 at Padma Adarsh School, Vaniyanchavadi.

On March 1, 2022, Mr.Nandakumar, IRS, Additional Commissioner of Income Tax, Department of Revenue, Ministry of Finance, Government of India was invited as the Chief Guest for the Inauguration of Special Camp in the College.

On March 2, 2022, a Special Talk on 'Book Reading in the Digital Era' was organized and Dr.Indumathi, Librarian, AACW was the Chief Guest, following which there was a Campus Clean up by the NSS Volunteers.





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On March 3, 2022, Fr. James Raj, SDB, Assistant Director, Don Bosco Anbu Illam Social Service Society and Mr. Vasanth were the Chief Guests for the Special Talk on 'Heal a Child, Change the World'. Followed by that, a Special Talk on 'Healthy Youth for Healthy India' was given by Dr. S. Marcelin Pushpa, Dean- Student Affairs, Anna Adarsh College for Women. Students of Department of Social Work (Shift I and Shift II), Anna Adarsh College for Women exhibited Street Plays on Environmental Awareness and Child Rights to the Inmates.

On March 4, 2022, there was a Special Talk on 'Make Your Mental Health a Priority' for which Dr. Malathi and Team, Professional Counselor & Head, Department of Psychology, Anna Adarsh College for Women, were invited as Resource Persons. Followed by that, there was a Special Talk on 'Role of NSS Volunteers in Protecting the Environment' by Dr. V. Shanthi, Associate Professor, Department of Commerce (Shift I) & Dr. Poornamathy, Assistant Professor, Department of Commerce (Shift II), Anna Adarsh College for Women. The last event of the day was a Special Talk on 'Career Guidance for Youth Development' in which Mr. B. Kalaiselvan, Divisional Accounts Officer, Grade 1, Indian Audit and Accounts Department, Chennai was the Chief Guest.

On March 5, 2022, there was a Session on 'Discover Your Inner Peace With Yoga' and a rally on 'Creating a Better World for Women' which was inaugurated by Dr. R. Shanthi, Principal, Anna Adarsh College for Women, following by that the NSS Volunteers were involved in 'Temple Clean up - Towards Cultural Consciousness'. Sports Activities were conducted for the inmates and Prizes were distributed to the winners. The Inmates presented cultural Activities to the NSS Units.

On March 6, 2022, there was an Awareness Session on 'Medicinal Drink Distribution - Prevention is better than Cure'. Nilavembu drink was distributed as a preventive measure to stay away from the attack of water borne diseases. The day ended with cultural activities of NSS Volunteers and Camp Fire.

On March 7, 2022, Valedictory Ceremony was organized and Dr. Anita Raman, Vice Principal and Dean-Academics, Anna Adarsh College for Women was invited as the Chief Guest. Saplings of medicinal value for Holistic Health and Well-being were planted in the School Campus and further the old-aged home was visited. NSS Volunteers also generously contributed books to the hostel library.



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