



**PUNJAB ASSOCIATION'S  
ANNA ADARSH COLLEGE FOR WOMEN**

RE-ACCREDITED BY NAAC WITH A++ GRADE

ROTARACT CLUB OF ANNA ADARSH COLLEGE FOR WOMEN

SPONSORED BY

ROTARY CLUB OF ANNA NAGAR MADRAS

R.I.D-3232

# NEWSLETTER

# ECOLUTION

Name of the club: Rotaract Club

Title of the Program: ECOLUTION-Distribution of saplings

Date: 15/08/2023

Venue: Campus - Anna Adarsh College for Women, WPA Soundarapandian Higher Secondary School, Ayanavaram and Anbumalar special school for the intellectually disabled and Residential care unit-Red Hills

Number of Participants: 111

"ECOLUTION" focused on environmental conservation through the distribution of saplings. The initiative aimed to promote ecological awareness and sustainability within the community.



# ORIENTATION PROGRAMME

Name of the club: Rotaract Club

Title of the Program: Orientation Program for Rotaractors

Date: 25/08/2023

Venue: Conference Hall - Anna Adarsh College for Women

Number of Participants : 294

The Orientation Programme for Rotaractors took place at the Conference Hall in Anna Adarsh College for Women. This event aimed to provide valuable insights and guidance to participants, fostering a sense of community and purpose among Rotaract members.



## BOTS

Name of the club: Rotaract Club

Title of the Program: Board Officials Training Session

Date: 25/08/2023

Venue: Conference Hall - Anna Adarsh College for Women

Number of Participants: 294

Board Officials Training Session was held at Anna Adarsh College for Women's Conference Hall. The event aimed to enhance leadership skills and promote effective communication among participants, fostering a stronger Rotaract community.



# INSTALLATION CEREMONY

Name of the club: Rotaract Club

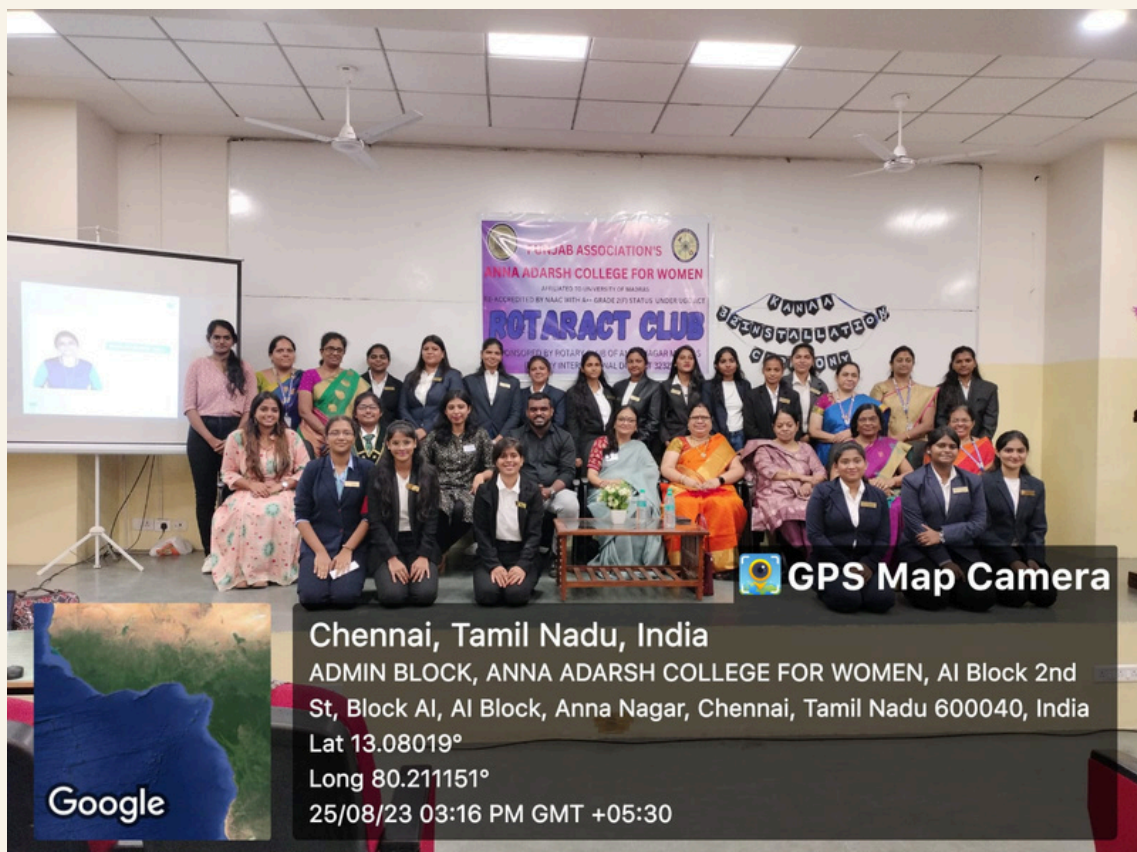
Title of the Program: 32nd Installation Ceremony- KANAA

Date: 25/08/2023

Venue: Conference Hall - Anna Adarsh College for Women

Number of Participants: 305

At Anna Adarsh College for Women's Conference Hall, the Rotaract Club hosted the 32nd Installation Ceremony, named "KANAA." This event marked the transition in leadership, bringing together members in a spirit of dedication to Rotaract's principles of service and community involvement.



# ASPIRE - ASSEMBLY

Name of the club: Rotaract Club

Title of the Program: Aspire-Annual District Rotaract Assembly

Date: 03/09/2023

Venue: Chettinad Vidyashram

Number of Participants: 14

"Aspire," the Annual District Rotaract Assembly, convened at Chettinad Vidyashram. The event facilitated discussions and sessions, fostering personal and professional development for Rotaract members.



# GRATITUDE ACT - TEACHERS

Name of the club: Rotaract Club

Title of the Program: Thank You Note for Teachers

Date: 05/09/2023

Venue: Conference Hall - Anna Adarsh College for Women

Number of Participants: 227

In the heartwarming setting of AACW's Conference Hall, an event was unfolded to express gratitude to teachers. The program was dedicated to acknowledge and appreciate the profound impact of teachers on shaping the lives of students.

*Happy Teacher's Day! 📖 You've been a guiding light in our lives, shaping our futures with knowledge and wisdom.*

*Your dedication and passion for teaching have inspired us to strive for excellence. ✨*

*Thank you for your patience, support, and the countless life lessons you've imparted. 🙏*

*May your days ahead be filled with success and happiness, just as you've enriched our lives. 🌈*

*On this special day, we honor you for your unwavering commitment to education. 🎓*

*Cheers to the incredible teachers who make the world a better place, one student at a time! 🍎 #TeachersDay*

Punjab Association's  
**ANNA ADARSH COLLEGE FOR WOMEN**  
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 ROTARY INTERNATIONAL DISTRICT 3232

On the Occasion of Teachers day  
**"THANK YOU NOTE FOR TEACHERS"**  
 FROM THE TEAM OF

# THODUVANAM

5TH SEPTEMBER

Dr .V. ANITHA  
 Dr .SHAHANA MUBEEN  
 CLUB COORDINATOR

Dr. R. SHANTHI  
 PRINCIPAL

ASHWINI BAI E  
 EVENT CHAIRPERSON

KAVYA G  
 CO-EVENT CHAIRPERSON

REHMA SHARON ROSE S  
 PRESIDENT

SUJETHA S  
 SECRETARY

**MY TEACHER**

My Mother life is in a building  
 Surrounded by little things (ginger, cur and cur after)  
 There is a woman who is struggling to calm us  
 We neglected her and created her pain  
 She stood up and started singing the Alphabet Song  
 I asked her that was the best song ever by  
 She said Call me Teacher

Days, weeks and years passed  
 But got things straightly she got back  
 Engaged in glamour world of beauty, glamour  
 Since then she had other commitments. Now us find  
 Her in hole of looking for my hand divided with misery  
 And I call her Teacher

I missed her hand but  
 The look on her face of says I got some love  
 She checked my studies when I'm chatting with my friends  
 She yelled to do study  
 I passed my exams she patted my shoulder and passed with smile  
 This is the Teacher

**POEM FOR TEACHER'S DAY**

You might seem to be rude  
 But you know to forgive  
 You might seem to be harsh  
 But you know to be gentle  
 You feed our curiosity  
 With knowledge  
 You fascinate us  
 With your experience  
 You're an artist  
 In an art of teaching.

- KAVIYA  
 BSc NFSM + ID  
 Home Science  
 Sree Yash VIG

# LITERACY AWARENESS

Name of the club: Rotaract club

Title of the program: Literacy Awareness Program for Housekeeping staff

Date: 22/09/2023

Venue: Room no 85

Number of Participants: 22

Literacy Awareness Program targeted at housekeeping staff unfolded, aiming to enhance their literacy skills. With 22 participants, the event focused on promoting education and empowering individuals through valuable insights and learning opportunities.





# KARPI - BOOK DONATION DRIVE

Name of the club: Rotaract Club

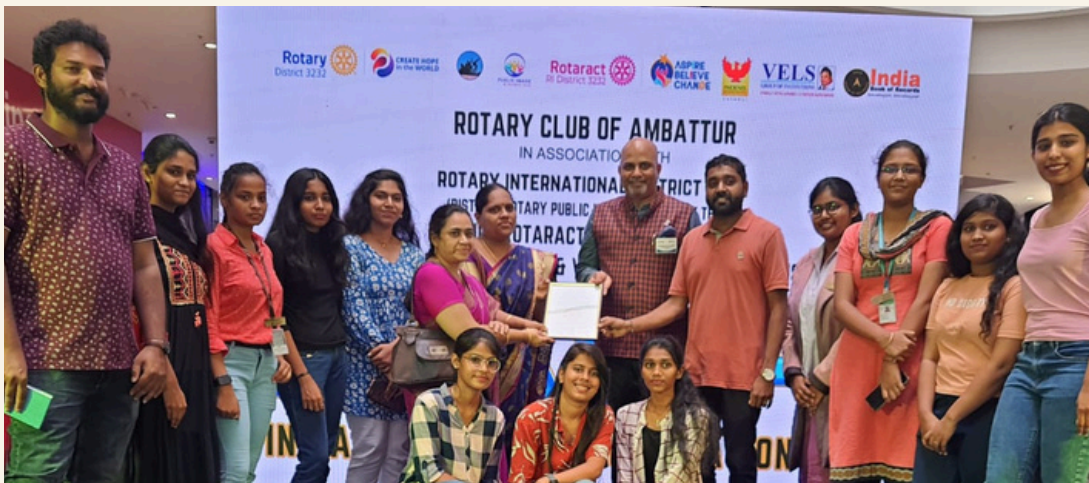
Title of the Program: Karpi - India's largest Book donation drive

Date: 04/09/2023 to 07/09/2023

Venue: Room No:84

Number of Participants: 160

“KARPI” program aimed to collect and distribute books, promoting literacy and education across communities. The initiative focused on the significant impact of sharing knowledge through a collective effort.



# DOODLE ART

Name of the club: Rotaract Club

Title of the Program: “Green Skills for Youth: Towards Sustainable World” Doodle Art Competition

Date: 11/09/2023

Venue: Room No: 85

Number of Participants: 74

The event aimed to harness creativity to raise awareness about environmental sustainability among the youth, showcasing the power of art in promoting greener future.



# FORGET & FORGIVE

Name of the club: Rotaract Club

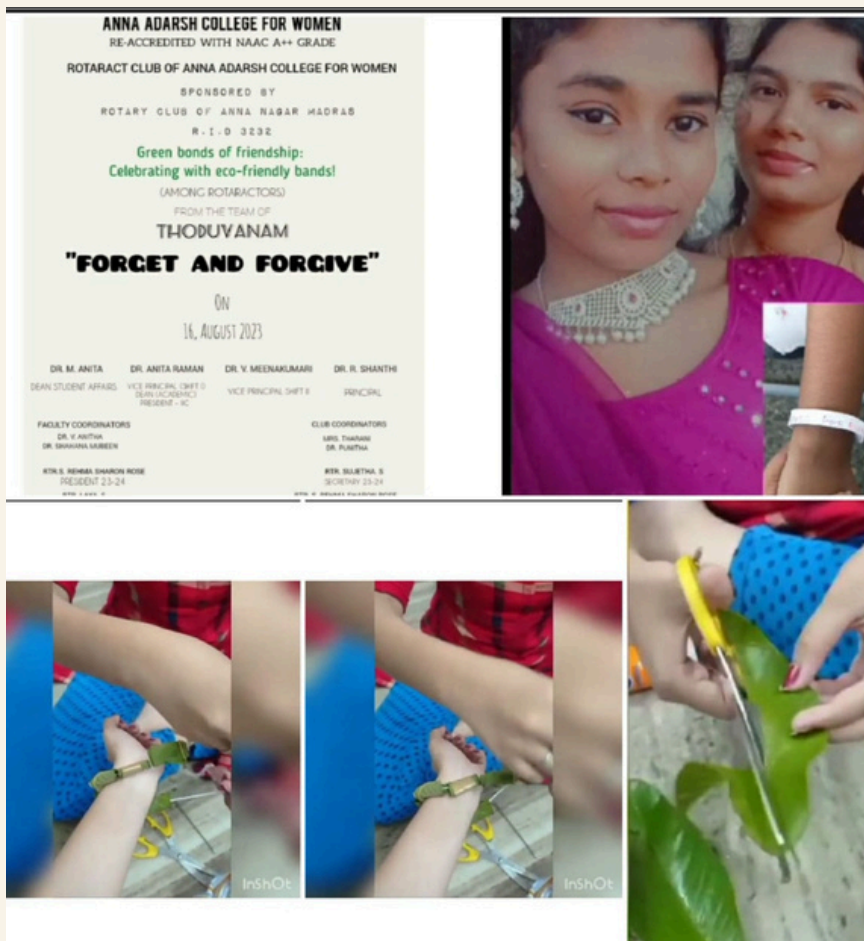
Title of the Program: Friendship day celebration-Forget and Forgive

Date:16.08.2023

Venue: Campus - Anna Adarsh College for Women

Number of Participants:17

The Friendship Day Celebration, themed "Forget and Forgive," centered around fostering understanding and reconciliation, emphasizing the importance of forgiveness in nurturing friendship.



# HOGWARTS - CULTURAL EVENT

Name of the club: Rotaract club

Title of the program: Hogwarts- Mega District cultural event

Date: 17-09-2023

Venue: Santhome School, Mylapore

No of Participants: 20

In the cultural extravaganza at Santhome School, Mylapore, 20 participants from RAC AACW immersed themselves in the enchanting atmosphere of the "Hogwarts - Mega District Cultural Event." The program, inspired by the wizarding world, showcased diverse talents, fostering a sense of unity and celebration of cultural richness among attendees.



# HUMAN CHAIN FORMATION

Name of the club: Rotaract club in collaboration with Rotary club, Annanagar and Apollo Speciality Hospitals, Vanagaram

Title of the program: Human Chain formation as part of World Heart Day

Date: 01-10-2023

Venue: Marina Beach

No of Participants: 8

At Marina Beach, Human Chain formation marked a collaborative initiative by Rotaract Club, Rotary Club Annanagar, and Apollo Specialty Hospitals, Vanagaram, in observance of World Heart Day. The event aimed to raise awareness about cardiovascular health.



# TERRY FOX RUN

Name of the club: Rotaract club

Title of the program: 15th Terry Fox Run- Cancer Awareness Program

Date: 01-10-2023

Venue: Olcott school, Besant Nagar

No of Participants: 10

The 15th Terry Fox Run for Cancer Awareness unfolded at Olcott School, Besant Nagar. The event, dedicated to promoting cancer awareness, featured a collective effort to honor Terry Fox's legacy. Participants engaged in a meaningful run, as a mark of respect for cancer fighters and also to promote cancer awareness in the community.



## TRIDENT

Name of the club: Rotaract club

Title of the program: TRIDENT (DISTRICT ROTARACT COUNCIL MEETING)

Date: 07/01/2024

Venue - Good Shepherd Auditorium

Number of participants - 14

All clubs within RID 3232 actively participated in the TRIDENT program at Good Shepherd Auditorium on 07/01/2024, for the District Rotaract Council meeting. All clubs successfully submitted their half-yearly reports, showcasing a district-wide commitment to community service and leadership development.



# NAL SEI

Name of the club: Rotaract club

Title of the program: NAL SEI “ 100 days project”

Date: 22-12-2023 ( DATE OF INITIATIVE )

"NAL SEI" is a commendable 100-day project undertaken by Rotaractors, where each participant engages in a unique social service initiative, contributing positively to society. This collective effort reflects the commitment of Rotaract members to make a difference in their communities through diverse and impactful projects over the course of 100 days.

**Rotary** District 3232 **CREATE HOPE in the WORLD** **Rotaract** RI District 3232 **ASPIRE BELIEVE CHANGE**

**ROTARACT CLUB OF ANNA ADARSH COLLEGE FOR WOMEN**  
 SPONSORED BY ROTARY CLUB OF ANNA NAGAR MADRAS  
 ROTARY INTERNATIONAL DISTRICT 3232  
 FROM THE TEAM OF  
**THODUVANAM**  
**NAL SEI**  
 KINDNESS IS THE SIGN OF STRENGTH  
*100 Days Project*

*Nal Sei*  
 Kindness is the sign of strength

**DAY 32**

"Om Shri Varshini K has distributed water bottles and food and dresses to needy families seeking essential items for their children, spreading kindness and love."

Rtr **REHMA SHARON ROSE S** PRESIDENT  
 Rtr **BHAIRAVI D** PROJECT CHAIRPERSON  
 Rtr **KAVYA G** PROJECT SECRETARY  
 Rtr **SUJETHA S** SECRETARY  
 DR . **R. SHANTHI** PRINCIPAL



# DECODE THE INTERVIEW

Name of the club: Rotaract club

Title of the program: Decode the Interview

Date: 19/02/2024

Venue - Conference hall

Number of participants - 182

Co hosted an "Interview Etiquette" program with RAC of Chennai Towers on February 19, 2024, at the conference hall. Anitha Josephine, an esteemed speaker, captivated 182 participants with her insights into professional communication, body language, and effective preparation strategies for interviews.

**Rotary** **RCCI** **Rotaract** **ASPIRE**

**Rotaract Club of Chennai Towers**  
Sponsored by Rotary Club of Chennai Towers  
Along With  
**Rotaract Club of Anna Adarsh College for Women**  
Sponsored by Rotary Club of Anna Nagar Madras  
Presents

**DECODE  
THE  
INTERVIEW**

**Guest Speaker**  
A Dynamic HR Professional with  
5+ years of experience

**MONDAY  
19TH FEBRUARY 2024  
1.45 PM ONWARDS  
ANNA ADARSH COLLEGE**

**MS. ANITHA JOSEPHINE**  
Lead HR  
GuardianLink

# VOCADEMY - MASTERS IN EXCEL

Name of the club: Rotaract club

Title of the program: Vocademy

Date: 19/02/2024

Venue - Conference hall

Number of participants - 182

The Rotaract Club of AACW successfully co-hosted the program, "Vocademy: Masters in Excel," with RAC of Chennai towers and RAC of Ethiraj College for women on February 19, 2024, at the conference hall. Shri TV Ranganathan, a renowned expert, engaged 182 participants with advanced Excel techniques, fostering a collaborative atmosphere for shared learning.

Rotary District 3232 RACCT Rotaract District 3232 ANNA ADARSH CAMPUS

**Rotaract Club of Chennai Towers**  
Sponsored by Rotary Club of Chennai Towers  
And  
**Rotaract Club of Ethiraj College for Women**  
Along With  
**Rotaract Club of Anna Adarsh College for Women**  
Sponsored by Rotary Club of Anna Nagar Madras  
Proudly Presents

**TVRANGANATHAN**  
AS THE SPEAKER OF THE DAY

EDITION 3 | PHASE - 2  
**VOCADEMY**  
*A Workshop on Masters in excel*

19<sup>th</sup> February 03.30 PM - 04.30 PM Anna Adarsh Campus

<b>Rtr. Vijay Ram M.</b> President RaC CT 23-24	<b>Rtr. PP. Neelakandan R.</b> Project Chairperson - RaC CT	<b>Rtr. Urmila Kalesh</b> Secretary RaC CT 23-24
<b>Rtr. Roshini V.</b> President RaC Ethiraj 23-24	<b>Rtr. Sneha Preetha B.</b> Project Secretary - RaC Ethiraj	<b>Rtr. Reethi A.</b> Secretary RaC Ethiraj 23-24
<b>Rtr. Rehma Sharon Rose S.</b> President RaC Anna Adarsh 23-24	<b>Rtr. Linda Jane D. M.</b> Project Co Chairman - RaC Anna Adarsh	<b>Rtr. Sujetha S.</b> Secretary RaC Anna Adarsh 23-24

# CHANGING GEARS - ANNUAL DISTRICT ROTARACT COUNCIL

Name of the club: Rotaract club

Title of the program: Changing gears

Date: 24 & 25th February

Venue - Ethiraj college for women

The Changing Gears Annual District Rotaract Conference took place on February 24th and 25th. The event featured insightful keynote speakers who shared valuable thoughts and covered a diverse range of interesting topics over the two-day duration. The conference provided a platform for engaging discussions and knowledge exchange among participants.



# DRR VISIT - AFTER GLOW

Name of the club: Rotaract club

Title of the program: District Rotaract Representative visit

Date: 20/04/2024

Venue - Anna Adarsh College for Women

(DRR) visit on April 20th was a comprehensive review of our club's activities and progress. The meeting began with the submission of various reports, including the Annual Report, International Report, Community Report, Sergeant at Arms Report, and Treasurer Report. Each report was presented by the respective officers, highlighting key achievements and performance. Overall, the DRR visit was productive and served as an opportunity for reflection and guidance on how to further enhance the club's impact and effectiveness in serving others.



# EDITORIAL TEAM

S.NO	NAME	TECHNICAL POSITION	CLUB POSITION
1.	SAILAJA PS	EDITOR	SERGEANT AT ARMS
2.	REHMA SHARON ROSE	CONTENT WRITER	PRESIDENT
3.	SUJETHA	SUB-EDITOR	SECRETARY
4.	THAMIZHARASI	SUB-EDITOR	TREASURER
5.	BHAIRAVI	CO-EDITOR	VICE PRESIDENT
6.	PREETHIKA	CONTENT WRITER	JOINT SECRETARY

